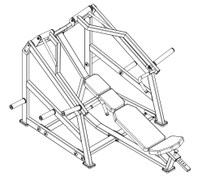
82012 · Incline Chest Press

INSTALLATION MANUAL



Before Installation

Before You Start

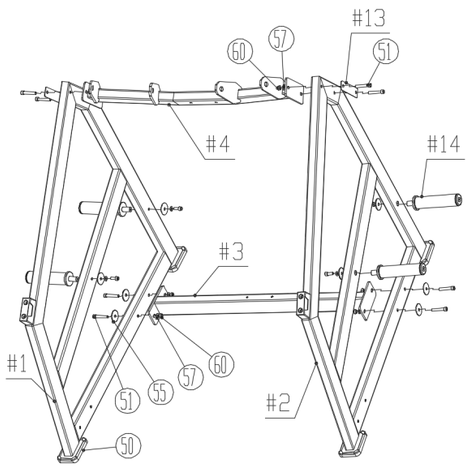
01 Read all instructions before installation. Check all parts and quantities against the parts list. Contact after-sales service immediately if any part is missing or damaged in transit.

02 Assemble the equipment according to the instructions. After assembly, understand all functions before use. Stop using the equipment immediately if a problem occurs. Check the instructions and contact after-sales service if the problem cannot be resolved.

Tools Required

- Rubber Mallet
- Snap-Ring Pliers
- Spirit Level
- Adjustable Wrench
- Hex Keys
- 2 People

Assembly



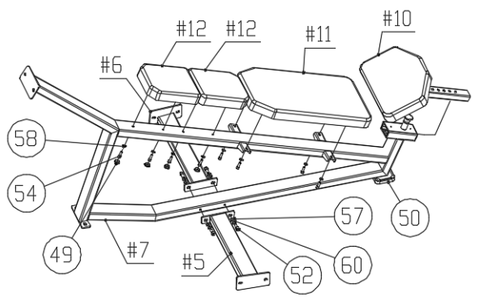
STEP 1 & 2

STEP 1
Connect #1, #2, #3, #4, #13, and #14 with the listed hardware to form #BCP1.

HARDWARE
- Socket Head Cap Screw M10×60 (#51) × 8
- Flat Washer M10-D50 (#55) × 4
- Flat Washer M10-D20 (#57) × 8
- Self-Locking Hex Nut M10 (#60) × 8

STEP 2
Install four rectangular foot pads (#50) on #BCP1.

HARDWARE
- Rectangular Foot Pad (#50) × 4



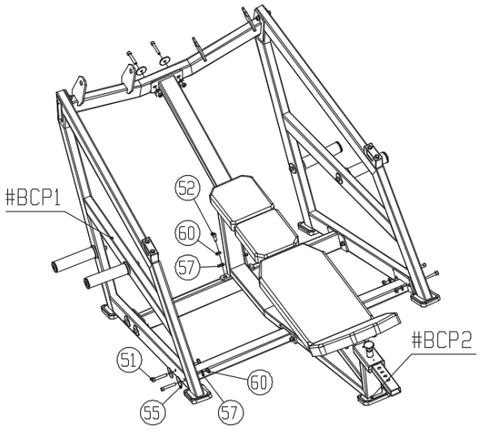
STEP 3 & 4

STEP 3
Connect #5, #6, #7, #10, #11, and #12 with the listed hardware to form #BCP2.

HARDWARE
- Socket Head Cap Screw M8×25 (#54) × 8
- Flat Washer M8-D16 (#58) × 8
- Socket Head Cap Screw M10×25 (#52) × 4
- Spring Washer M10 (#59) × 4
- Flat Washer M10-D20 (#57) × 4

STEP 4
Install one rectangular foot pad (#50) on #BCP2.

HARDWARE
- Rectangular Foot Pad (#50) × 1



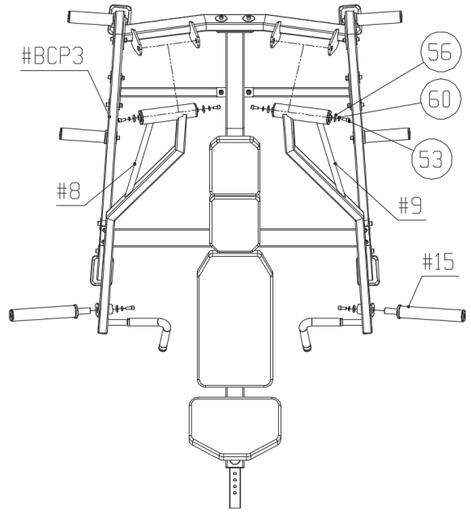
STEP 5

ACTION

Connect #BCP1 and #BCP2 with the listed hardware to form #BCP3.

HARDWARE

- Socket Head Cap Screw M10×60 (#51) × 6
- Flat Washer M10-D50 (#55) × 6
- Flat Washer M10-D20 (#57) × 6
- Self-Locking Hex Nut M10 (#60) × 6
- Socket Head Cap Screw M10×25 (#52) × 2
- Spring Washer M10 (#59) × 2
- Flat Washer M10-D20 (#57) × 2



STEP 6

ACTION

Connect #8, #9, #13, and #BCP3 with the listed hardware.

HARDWARE

- Socket Head Cap Screw M10×20 (#53) × 4
- Spring Washer M10 (#59) × 4
- Flat Washer M10-D30 (#56) × 4

FINAL CHECK

01 Check that the assembled machine is level and vertical.

Parts List

Preassembled parts are not listed in this table.

NO.	PART / SPECIFICATION	QTY
1	#1	1
2	#2	1
3	#3	1
4	#4	1
5	#5	1
6	#6	1
7	#7	1
8	#8	1
9	#9	1
10	#10	1
11	#11	1
12	#12	2
13	#13	2
14	#14	4
15	#15	2
49	20 End Plug	4
50	Rectangular Foot Pad	5
51	Socket Head Cap Screw M10×60	14
52	Socket Head Cap Screw M10×25	6
53	Socket Head Cap Screw M10×20	4
54	Socket Head Cap Screw M8×25	8
55	Flat Washer M10-D50	10
56	Flat Washer M10-D30	4
57	Flat Washer M10-D20	20
58	Flat Washer M8-D16	8
59	Spring Washer M10	10
60	Self-Locking Hex Nut M10	14