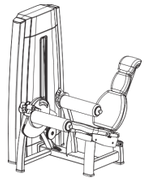
7325 · Seated Leg Curl

INSTALLATION MANUAL



Before Installation

Before You Start

01 Read this manual before installation and check all packaged components against the parts list.

02 If any part is missing or damaged, contact customer service before installation.

Tools Required

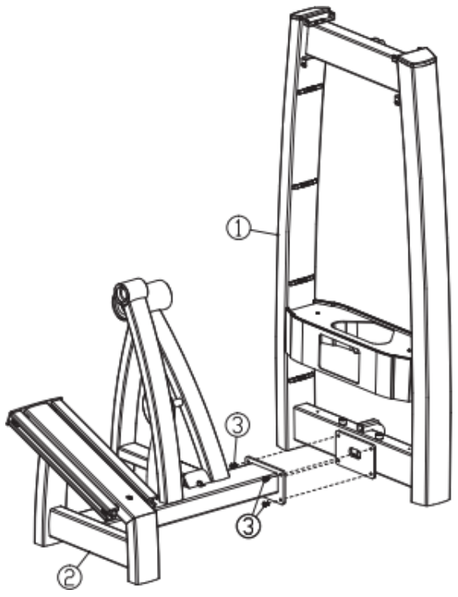
- Rubber Mallet
- Spirit Level
- Hex Keys
- Snap-Ring Pliers
- Adjustable Wrench
- 2 People

Assembly Notes

After assembly, review all functions before use. If a problem occurs, recheck the installation steps. If the problem remains, contact an authorized distributor and provide the product code and manual.

Assembly

STEP 1



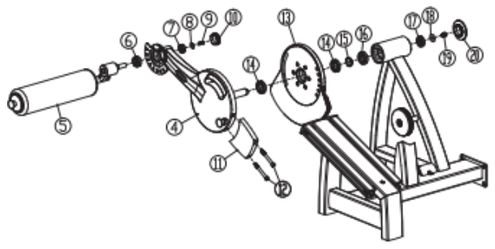
ACTION

Connect the weight stack frame (#1) to the body frame (#2). Secure them with four M10×16 button head hex socket screws (#3).

HARDWARE

- Weight Stack Frame (#1) × 1
- Body Frame (#2) × 1
- Button Head Hex Socket Screws (M10×16) (#3) × 4

STEP 2

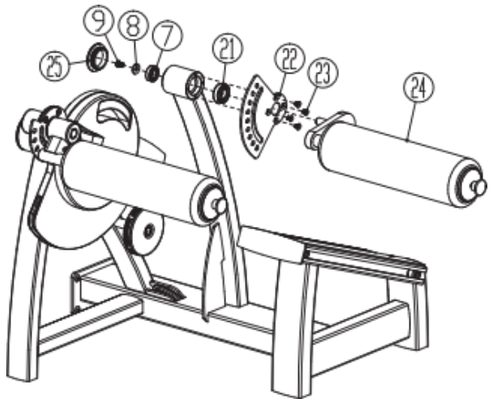


ACTION

Assemble the force arm (#4), upholstered roller pivot assembly (#5), flange plate (#13), counterweight (#11), bearings, spacer, washers, covers, and related hardware (#6-#20) in the order shown.

HARDWARE

- Force Arm (#4) × 1
- Upholstered Roller Pivot Assembly (#5) × 1
- Deep Groove Ball Bearing 6205 (#6) × 1
- Deep Groove Ball Bearing 6004 (#7) × 1
- M10 Large Washer (#8) × 1
- Button Head Hex Socket Screws (M10×20) (#9) × 2
- 60 Aluminum Cover (#10) × 1
- Counterweight (#11) × 1
- Hex Socket Head Cap Screws (M12×100) (#12) × 2
- Flange Plate (#13) × 1
- Deep Groove Ball Bearing 61908 (#14) × 2
- Bearing Spacer (#15) × 1
- Deep Groove Ball Bearing 6007 (#16) × 1
- Deep Groove Ball Bearing 6028 (#17) × 1
- M12 Large Washer (#18) × 1
- Button Head Hex Socket Screw (M12×20) (#19) × 1
- 100 End Cover (#20) × 1



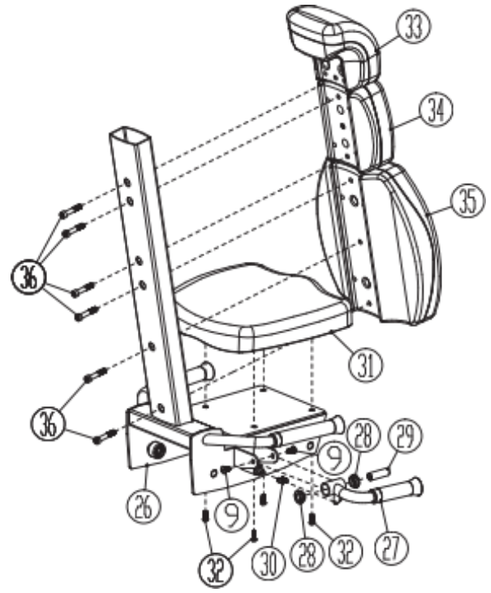
STEP 3

ACTION

Install the leg-pressing arm adjustment plate (#22) and leg-pressing arm (#24) with the bearing (#21), M8×12 countersunk screws (#23), end cover (#25), and related bearing, washer, and M10×20 hardware (#7, #8, #9) as shown.

HARDWARE

- Deep Groove Ball Bearing 6004 (#7) × 1
- M10 Large Washer (#8) × 1
- Button Head Hex Socket Screws (M10×20) (#9) × 2
- Deep Groove Ball Bearing 6205 (#21) × 1
- Leg-Pressing Arm Adjustment Plate (#22) × 1
- Hex Socket Countersunk Head Screws (M8×12) (#23) × 4
- Leg-Pressing Arm (#24) × 1
- 76 End Cover (#25) × 1



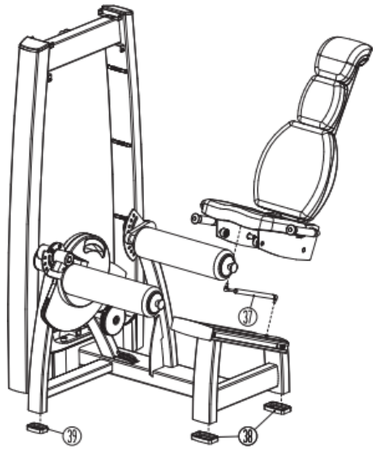
STEP 4

ACTION

Install the seat frame (#26), adjustable handlebar (#27), liners (#28), adjustable shaft (#29), retaining chain (#30), seat cushion (#31), head cushion (#33), middle back cushion (#34), and back cushion (#35). Secure them with the specified M8×20 screws (#32) and M10×50 screws (#36).

HARDWARE

- Seat Frame (#26) × 1
- Adjustable Handlebar (#27) × 1
- 32 Liner (#28) × 2
- Adjustable Shaft (Ø×) (#29) × 1
- Seat Pull-Pin Retaining Chain (#30) × 1
- Seat Cushion (#31) × 1
- Button Head Hex Socket Screws (M8×20) (#32) × 4
- Head Cushion (#33) × 1
- Middle Back Cushion (#34) × 1
- Back Cushion (#35) × 1
- Hex Socket Head Cap Screws (M10×50) (#36) × 6



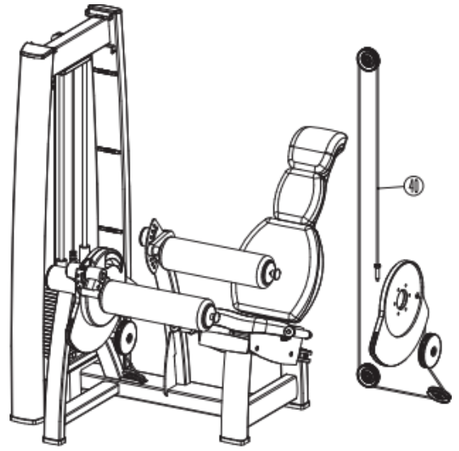
STEP 5

ACTION

Install the gas spring (#37) and foot pads (#38, #39) as shown.

HARDWARE

- Gas Spring-220 (#37) × 1
- 58×10 1 Foot Pad (#38) × 2
- 48×76 Foot Pad (#39) × 1



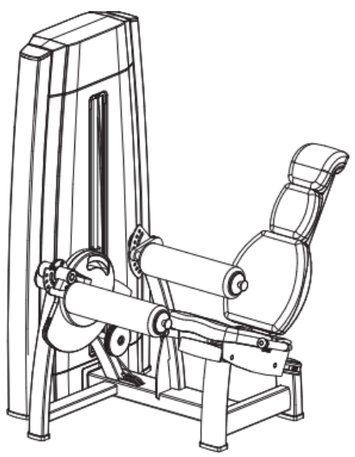
STEP 6

ACTION

Route and install the cable (#40) as shown.

HARDWARE

- Cable (#40) × 1



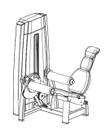
STEP 7

ACTION

Install the covers as shown.

FINAL CHECK

01 After assembly, make sure the machine is square and vertical. Use a spirit level to check the guide bar in two directions. If it is not vertical, loosen the vertical-frame hardware, realign the frame, and retighten the bolts.



Parts List

Some preassembled spare parts are not included in this list.

NO.	PART / SPECIFICATION	QTY
1	Weight Stack Frame	1
2	Body Frame	1
3	Button Head Hex Socket Screws (M10×16)	4
4	Force Arm	1
5	Upholstered Roller Pivot Assembly	1
6	Deep Groove Ball Bearing 6205	1
7	Deep Groove Ball Bearing 6004	2
8	M10 Large Washer	2
9	Button Head Hex Socket Screws (M10×20)	4
10	60 Aluminum Cover	1
11	Counterweight	1
12	Hex Socket Head Cap Screws (M12×100)	2
13	Flange Plate	1
14	Deep Groove Ball Bearing 61908	2

NO.	PART / SPECIFICATION	QTY
15	Bearing Spacer	1
16	Deep Groove Ball Bearing 6007	1
17	Deep Groove Ball Bearing 6028	1
18	M12 Large Washer	1
19	Button Head Hex Socket Screw (M12×20)	1
20	100 End Cover	1
21	Deep Groove Ball Bearing 6205	1
22	Leg-Pressing Arm Adjustment Plate	1
23	Hex Socket Countersunk Head Screws (M8×12)	4
24	Leg-Pressing Arm	1
25	76 End Cover	1
26	Seat Frame	1
27	Adjustable Handlebar	1
28	32 Liner	2

NO.	PART / SPECIFICATION	QTY
29	Adjustable Shaft (Ø×)	1
30	Seat Pull-Pin Retaining Chain	1
31	Seat Cushion	1
32	Button Head Hex Socket Screws (M8×20)	4
33	Head Cushion	1
34	Middle Back Cushion	1
35	Back Cushion	1
36	Hex Socket Head Cap Screws (M10×50)	6
37	Gas Spring-220	1
38	58×10 1 Foot Pad	2
39	48×76 Foot Pad	1
40	Cable	1