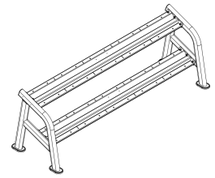
61A53H · 10 Pairs Hex Dumbbell Rack

INSTALLATION MANUAL



Before Installation

Before You Start

01 Read this manual before installation. Check all parts and quantities before assembly.

02 Stop using the equipment if any problem occurs during use.

03 Important Notes: After assembly, check that the rack is level and vertical.

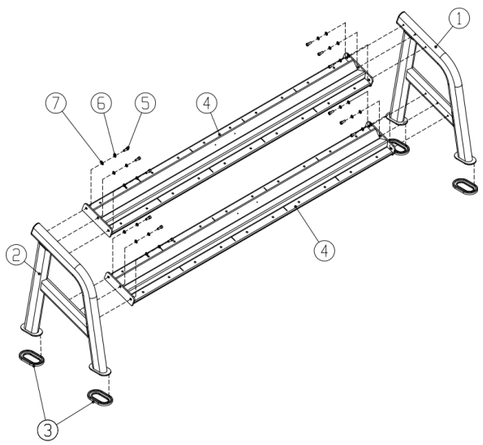
Tools Required

- Rubber Mallet
- Spirit Level
- Hex Keys
- Snap-Ring Pliers
- Adjustable Wrench
- 2 People

Assembly Notes

Follow the instructions carefully to install the equipment correctly.

Assembly



STEP 1 & 2

STEP 1

Install four flat oval foot pads (#3) on the left frame (#1) and right frame (#2).

HARDWARE

- Flat Oval Foot Pad (#3) × 4

STEP 2

Connect two dumbbell rack cross beams (#4) to the left frame (#1) and right frame (#2).

HARDWARE

- Socket Head Cap Screw (M10×25) (#5) × 12
- Spring Washer (10) (#6) × 12
- Flat Washer (10) (#7) × 12

FINAL CHECK

01 Use a spirit level to check alignment. If adjustment is needed, loosen frame hardware, reinstall and tighten bolts.



Parts List

NO.	PART / SPECIFICATION	QTY
1	Left Frame	1
2	Right Frame	1
3	Flat Oval Foot Pad	4
4	Dumbbell Rack Cross Beam	2
5	Socket Head Cap Screw (M10×25)	12
6	Spring Washer (10)	12
7	Flat Washer (10)	12