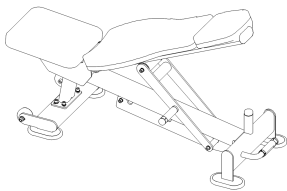


61A46 · Multi Function Adjustable Bench

INSTALLATION MANUAL



Before Installation

Before You Start

- 01 Read this manual carefully before installation.
- 02 Check all parts and quantities before assembly.

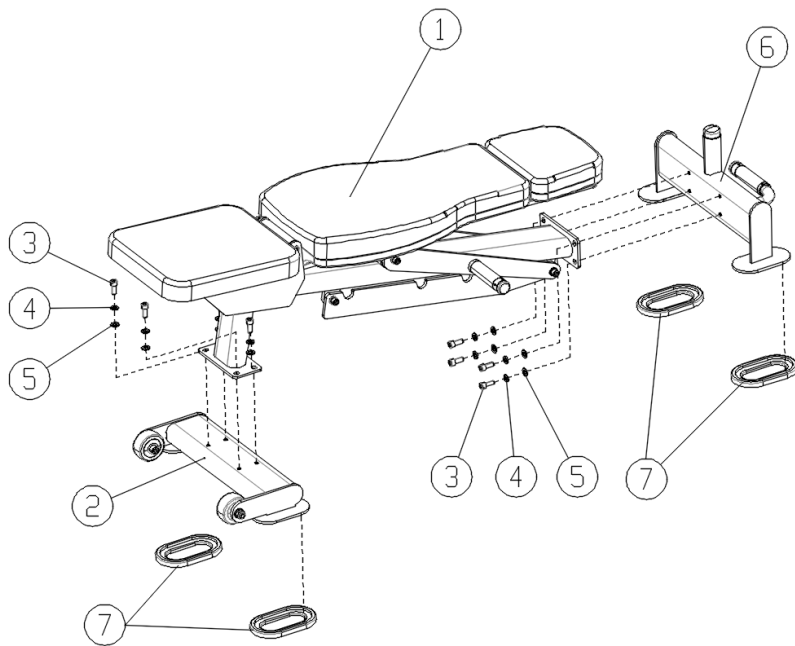
Tools Required

- Rubber Mallet
- Spirit Level
- Hex Keys
- Snap-Ring Pliers
- Adjustable Wrench
- 2 People

Assembly Notes

If any part is missing or damaged during transport, contact after-sales service.

Assembly



STEP 1, 2 & 3

STEP 1
Attach the Fixed Angle Abdominal Board Base (#2) to the Main Frame Assembly (#1).

- HARDWARE**
- Socket Head Cap Screw (M10×25) (#3)
 - Spring Washer (10) (#4)
 - Flat Washer (10) (#5)

STEP 2
Attach the Support Frame (#6) to the Main Frame Assembly (#1).

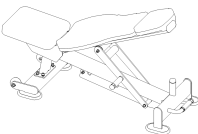
- HARDWARE**
- Socket Head Cap Screw (M10×25) (#3) × 4
 - Spring Washer (10) (#4) × 4
 - Flat Washer (10) (#5) × 4

STEP 3
Install four Flat Oval Foot Pads (#7) onto the Fixed Angle Abdominal Board Base (#2) and Support Frame (#6).

- HARDWARE**
- Flat Oval Foot Pad (#7) × 4

FINAL CHECK

- 01 Check that the equipment is level and vertical. Use a spirit level to check the guide rods. If adjustment is needed, loosen frame hardware, reposition, and tighten again.



Introduction

- 01 Stop using the equipment immediately if any problem occurs during use. Check the manual or contact after-sales service.

Safety Precautions and Rules for Use

- 01
- Improper use or excessive training may cause injury.
- 02
- Replace damaged, unreadable, or missing labels.
- 03
- Keep hands, feet, and hair away from moving parts.
- 04
- Place the equipment on a stable and flat surface.
- 05
- This equipment is not intended for medical treatment.
- 06
- Keep a safe free space of 140×50×54cm around the equipment.
- 07
- Only use company parts for maintenance and do not perform movements beyond the intended use.

Parts List

Pre-assembled parts are not included in this list.

NO.	PART / SPECIFICATION	QTY	NO.	PART / SPECIFICATION	QTY	NO.	PART / SPECIFICATION	QTY
1	Main Frame Assembly	1	4	Spring Washer (10)	8	7	Flat Oval Foot Pad	4
2	Fixed Angle Abdominal Board Base	1	5	Flat Washer (10)	8			
3	Socket Head Cap Screw (M10×25)	8	6	Support Frame	1			