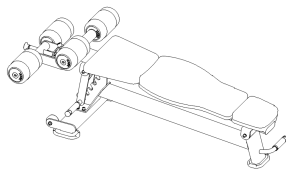


61A41 · Adjustable Ab Board

INSTALLATION MANUAL



Before Installation

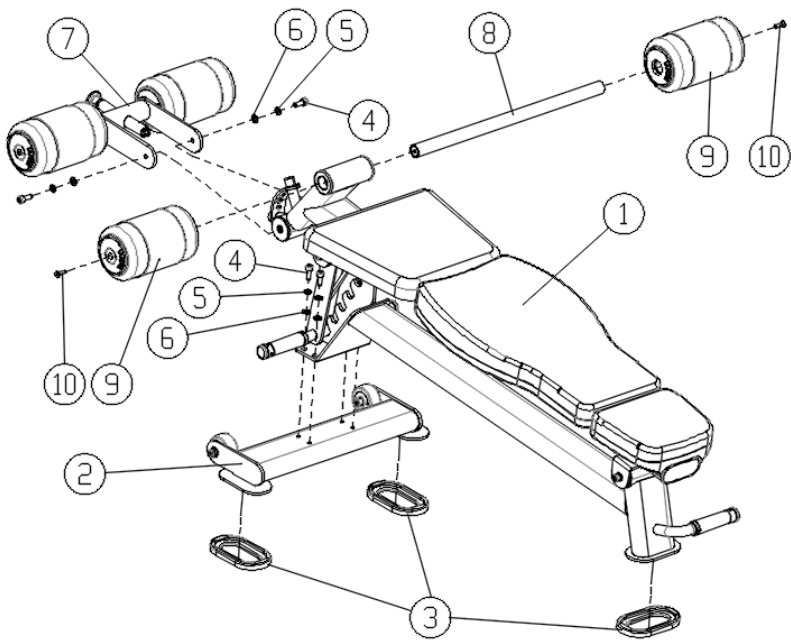
Before You Start

- 01 Read this manual carefully before installation.
- 02 Check all parts and quantities before assembly.

Tools Required

- Rubber Mallet
- Spirit Level
- Hex Keys
- Snap-Ring Pliers
- Adjustable Wrench
- 2 People

Assembly



STEP 1, 2, 3 & 4

STEP 1

Install three flat oval foot pads (#3) on the adjustable AB board support assembly (#1) and base assembly (#2).

HARDWARE

- Flat Oval Foot Pad (#3)

STEP 2

Connect the adjustable AB board base assembly (#2) with the support assembly (#1).

HARDWARE

- Socket Head Cap Screw M10×25 (#4)
- Spring Washer 10 (#5)
- Flat Washer 10 (#6)

STEP 3

Connect the leg support assembly (#7) with the support assembly (#1).

HARDWARE

- Socket Head Cap Screw M10×25 (#4)
- Spring Washer 10 (#5)
- Flat Washer 10 (#6)

STEP 4

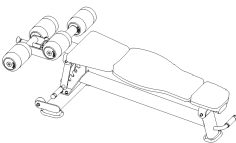
Connect the tube rod (#8) and two tubes (#9) with the support assembly (#1).

HARDWARE

- Countersunk Socket Screw M8×25 (#10)

FINAL CHECK

- 01 Use a spirit level to check the guide rods in both directions. Make sure the equipment is stable.
- 02 Important Notice: Check that the equipment is level and vertical. Loosen, adjust, and retighten frame bolts if needed.



Parts List

NO.	PART / SPECIFICATION	QTY	NO.	PART / SPECIFICATION	QTY	NO.	PART / SPECIFICATION	QTY
1	Adjustable AB Board Support Assembly	1	5	Spring Washer 10	6	9	Tube	2
2	Adjustable AB Board Base Assembly	1	6	Flat Washer 10	6	10	Countersunk Socket Screw M8×25	2
3	Flat Oval Foot Pad	3	7	Adjustable AB Board Leg Support Assembly	1			
4	Socket Head Cap Screw M10×25	6	8	Adjustable AB Board Tube Rod	1			