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Assembling

Step 5: Join #semi-finished products 3, pieces 5, and pieces 6 to form #semi-finished products 4 using the following method.

- 6x Hexagon socket cheese head screws M10*25 (#51)
- 6x Flat washers M10-D20 (#56)
- 6x Spring spacerM10 (#54)

Step 6: joining #pieces 2, #pieces 4 to form #semi-finished products 5 by

- 6x Hexagon socket cheese head screws M8*20 (#52)
- 6x Flat washers M8-D16 (#57)
- 6x Spring spacerM8 (#55)

Step 7: Install the 3 counterweight feet (#50) to the #semi-finished 5

Step 8: Join #semi-finished products 5, #pieces 30 to form #semi-finished products 6 by:

Step 9: joining #semi-finished products 6, 31, 32 to form #semi-finished products 7 by

- 13x Hexagon socket cheese head screws M6*12 (#53)
- 13x Shroud fixed plate 2 (#33)

Brief

Please take the time to read these instructions carefully before installation. Please refer to the list in the manual to confirm the completeness and quantity of all parts (if any parts are missing or damaged in transit, please call our company immediately for after-sales instructions) When installing the equipment, please follow the instructions for proper installation.

This equipment is designed to provide the most fluid and effective exercise training. After installation, you need to understand all the functions in order to use correctly, the use of the process found in the problem should immediately stop using to avoid physical injury and equipment damage. And timely reference to the relevant instructions to inquire about the cause, if you can not solve please call the company after-sales. After carefully reading all the instructions, please continue

Tools	Rubber Rod
	Level Ruler
	Hexagonal wrench
	Spring Clamp
	Adjustable wrench
Note: When assembling, it is recommended that two or more people operate	

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Assembling

Step 10: Join #semi-finished products 7, pieces 5, and pieces 6 to form #semi-finished products 8 using the following method.

- 6x Hexagon socket cheese head screws M10*25 (#51)
- 6x Flat washers M10-D20 (#56)
- 6x Spring spacerM10 (#54)

Step 11: joining #semi-finished products 4, #semi-finished products 8, # 7, # 8, #pieces 9, #10, # 11, # 12 by

- 18x Hexagon socket cheese head screws M10*25 (#51)
- 18x Flat washers M10-D20 (#56)
- 18x Spring spacerM10 (#54)

Important Tips

Now that the 3D Smith& Functional Trainer Combo is assembled, you need to take some time to make sure your unit is level and vertical.

Assembling

Step 1:Join # 1, #3 to form #semi-finished product 1 by the following method.

- 6x Hexagon socket cheese head screws M8*20 (#52)
- 6x Flat washers M8-D16 (#57)
- 6x Spring spacerM8 (#55)

Step 2:Install the 3 counterweight feet (#50) to the #semi-finished 1.

#semi-finished products 1

Step 3: Join #semi-finished products 1 and # 30 to form #semi-finished products 2 by:

Step 4: Join #semi-finished products 2, 31 and 32 to form #semi-finished products 3 with the following method.

- 13x Hexagon socket cheese head screws M6*12 (#53)
- 13x Shroud fixing plate2 (#33)

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Accessory List

Name	Picture	QTY	NO.	Name	Picture	QTY
#1		1	7	#7		2
#2		1	8	#8		1
#3		1	9	#9		1
#4		1	10	#10		1
#5		2	11	#11		1
#6		2	12	#12		1
Name		QTY	NO.	Name		QTY
Multifunctional system counterweight source guide bar		4	32	Shroud plate2		2
Universal guide block		2	33	Shroud fixed plate2		26
95 branch spool box		2	34	Slideway rod rubber mat		4
Universal center rodII (18)		2	50	Counterweight foot pad		6
Universal guide bush		4	51	Hexagon socket cheese head screws M10*25		30
Counterweight pins		2	52	Hexagon socket cheese head screws M8*20		12
External Card Φ 30xT1.2		4	53	Hexagon socket cheese head screws M6*12		26
Counterweight		34	54	Spring washers M10		3
Counterweight rubber pad		4	55	Spring washers M8		12
Counterweight block base		4	56	Flat washers M10-D20		30
Cables for the Functional		2	57	Flat washers M8-D16		12
Shroud plate 1		2				

Note: Pre-assembled parts are not listed in this table.

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