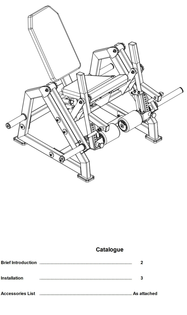


Catalogue

Brief Introduction 2

Installation 3

Accessories List ..... As attached

Brief Introduction

Please spend some time to read this instruction carefully before installing. Please refer to the list in the manual to confirm the integrity and quantity of all parts (if any parts are missing or damaged during transportation, please call the company for after-sales instructions immediately) Please follow the relevant instructions to install the equipment correctly during installation.

This equipment is designed to provide the smoothest and most effective exercise motion possible. After installation, you need to understand all the functions to use it correctly, if you find any problems during use, you should stop using it immediately to avoid physical injury and equipment damage. And refer to the relevant instructions in time to check the reason, if you can't solve it, please call the company's after-sales service. After reading all instructions carefully, please continue.

Tools	**Rubber Stick**
	level ruler
	Allen wrench
	Circlip pliers
	adjustable wrench
Note: When assembling, it is recommended that two or more persons operate.	

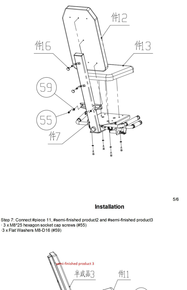
Installation

Step 1: Use the following method to connect #piece 1, #piece 2, #piece 3, #piece 4 and #piece 5 to form #semi-finished product 1:
-10 x hex socket cap screws M10*60 (#52)
-10 x large washers M10-OD0 (#56)
-10 x Flat washers M10-OD0 (#58)
-10 x Hex Lock Nuts M10 (#61)

Step 2: Connect #piece 14 with #semi-finished product 1 in the following way:

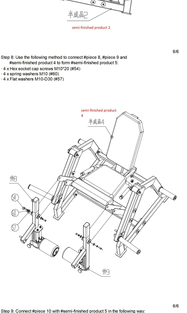
Step 3: Connect #piece 15 with #semi-finished product 1 in the following way:

Step 4: Connect the rectangular foot pad (#50) with #semi-finished product1:



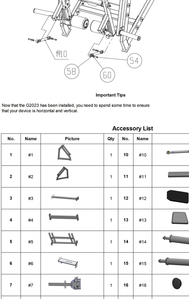
Installation

Step 5: Use the following method to connect #piece 6 with #semi-finished product 1 to form #semi-finished product 2:
-6x socket head cap screws M10*25 (#53)
-6x spring washers M10 (#60)
-6x Flat washers M10-OD0 (#58)



Installation

Step 6: Use the following method to connect #piece 7, #piece 12, #piece 13 and #piece 16 to form #semi-finished product 3:
8 x Hex socket cap screws M8*25 (#55)
8 x Flat washers M8-O16 (#59)

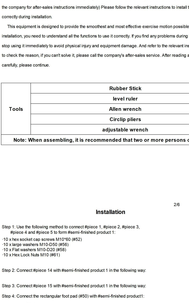


Installation

Step 7: Connect #piece 11, #semi-finished product2 and #semi-finished product3
- 3 x M8*25 hexagon socket cap screws (#55)
- 3 x Flat Washers M8-O16 (#59)

Step 8: Use the following method to connect #piece 8, #piece 9 and #semi-finished product 4 to form #semi-finished product 5:
- 4 x Hex socket cap screws M10*60 (#54)
- 4 x spring washers M10 (#60)
- 4 x Flat washers M10-OD0 (#57)

Step 9: Connect #piece 10 with #semi-finished product 5 in the following way:
- 4 x Hex socket cap screw M10*25 (#54)
- 4 x spring washers M10 (#60)
- 4 x Flat washers M10-OD0 (#58)



Important Tips

Note that the G2023 has been installed, you need to spend some time to ensure that your device is horizontal and vertical.

Accessory List

No.	Name	Picture	Qty	No.	Name	Picture	Qty
1	#1		1	10	#10		2
2	#2		1	11	#11		1
3	#3		1	12	#12		1
4	#4		1	13	#13		1
5	#5		1	14	#14		2
6	#6		1	15	#15		2
7	#7		1	16	#16		2
8	#8		1				
9	#9		1				
50	Rectangular foot pad		4	56	Large washer M10-O50		10
52	Cheat-back flying bird linkage shaft		2	57	Flat washer M10-O30		4
52	Hexagon socket head screw M10*60		10	58	Flat washer M10-O20		20
53	Hexagon socket head screw M10*25		6	59	Flat washer M8-O16		11
54	Hexagon socket head screw M10*25		8	60	Spring washer M10		14
55	Hexagon socket head screw M8*25		11	61	Hex self-locking nut M10		10

Note: Pre-assembled Zomlt not listed in this table.