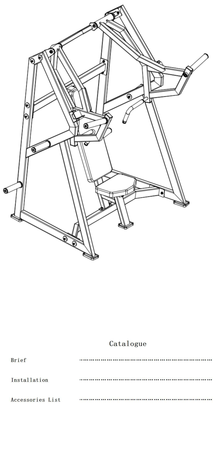
82014 Installation Guide

Iso-Lateral Bench Press



Catalogue

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Brief

Please take the time to read these instructions carefully before installation. Please refer to the list in the manual to confirm the completeness and quantity of all parts (if any parts are missing or damaged in transit, please call our company immediately for after-sales instruction) When installing the equipment, please follow the instructions for proper installation.

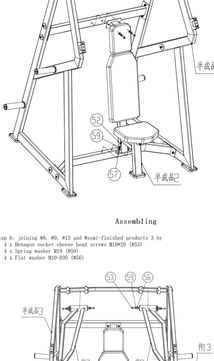
This equipment is designed to provide the most fluid and effective exercise training. After installation, you need to understand all the functions in order to use correctly, the use of the process found in the problem should immediately stop using to avoid physical injury and equipment damage. And timely reference to the relevant instructions to inquire about the cause, if you can not solve please call the company after-sales. After carefully reading all the instructions, please continue

Tools	Rubber Rod
	Level Ruler
	Hexagonal wrench
	Spring Clamp
	Adjustable wrench
Note: When assembling, it is recommended that two or more people oprate	

Assembling

Step 1: Join #1, #2, #3, #4, #5 and #12 to form #semi-finished product 1 by the following method.
- 12x Hexagon socket cheese head screws M10*60 (#51)
- 12x Large washer M10-D50 (#55)
- 12x Flat washer M10-D20 (#57)
- 12xHexagonal lock nut M10 (#60)

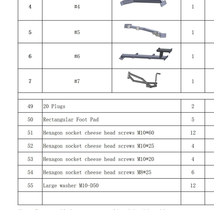
Step 2:Install 4 rectangular feet (#50) to #semi 1



Assembling

Step 3: Join #6, #9, #10 and #11 to form #semi-finished product 2 by:
- 4xHexagon socket cheese head screws M8*25 (#54)
- 8x Flat washer M8#D16 (#58)

Step 4:Install 1 rectangular foot (#50) to #semi-finished 2



Assembling

Step 5: Join #semi-finished product 1 with #semi-finished product 2 to form #semi-finished product 3 using the following method.
- 8xHexagon socket cheese head screws M10*25 (#52)
- 8x Spring washer M10 (#59)
- 8x Flat washer M10-D20 (#57)

Assembling

Step 6: Joining #8, #9, #13 and #semi-finished products 3 by
- 4 x Hexagon socket cheese head screws M10*20 (#53)
- 4 x Spring washer M10 (#59)
- 4 x Flat washer M10-D30 (#56)

Important Tips

Now that the 82014 is assembled, you need to take a moment to make sure your unit is horizontal and vertical.

Accessory List

NO.	Name	Picture	Quantity	NO.	Name	Picture	Quantity
1	#1		1	8	#8		1
2	#2		1	9	#9		1
3	#3		1	10	#10		1
4	#4		1	11	#11		1
5	#5		1	12	#12		4
6	#6		1	13	#13		2
7	#7		1				

49	20 Plugs	2	56	Flat washer M10-D30		4
50	Rectangular Foot Pad	5	57	Flat washer M10-D20		16
51	Hexagon socket cheese head screws M10#60	12	58	Flat washer M8-D16		6
52	Hexagon socket cheese head screws M10#25	4	59	Spring washers M10		8
53	Hexagon socket cheese head screws M10#20	4	60	Hexagonal self-locking nuts M10		12
54	Hexagon socket cheese head screws M8#25	6				
55	Large washer M10-D50	12				

Note: Pre-assembled parts are not listed in this table.