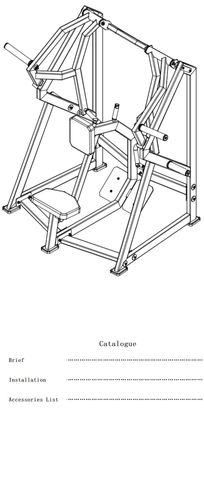
82007A Installation Guide

Iso Lateral Upper Back Pull Down



Catalogue

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Brief

Please take the time to read these instructions carefully before installation. Please refer to the list in the manual to confirm the completeness and quantity of all parts (if any parts are missing or damaged in transit, please call our company immediately for after-sales instructions) When installing the equipment, please follow the instructions for proper installation.

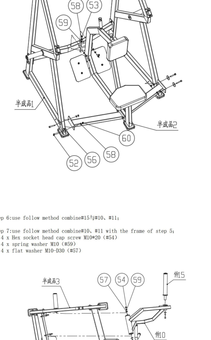
This equipment is designed to provide the most fluid and effective exercise training. After installation, you need to understand all the functions in order to use correctly, the use of the process found in the problem should immediately stop using to avoid physical injury and equipment damage. And timely reference to the relevant instructions to inquire about the cause, if you can not solve please call the company after-sales. After carefully reading all the instructions, please continue

Tools	Rubber Rod
	Level Ruler
	Hexagonal wrench
	Spring Clamp
	Adjustable wrench
Note: When assembling, it is recommended that two or more people operate	

Assembling

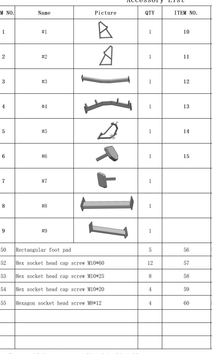
Step 1:use follow method combine #1, #2, #3, #4, #12 and #13:
- 8 x Hex socket head cap screw M10*60 (#12)
- 4 x big washer M10-D50 (#56)
- 8 x flat washer M10-D20 (#58)
- 8 x Hexagon self-locking nut M10 (#60)

Step 2:install four Rectangular foot pads (#50)



Step 3:use follow method combine#5, #6, #7, #8, #9 and #14:
- 4x#hex socket head cap screw M10*25 (#53)
- 4x spring washer M10 (#59)
- 4x flat washer M10-D20 (#58)
- 4x Hexagon socket head screw M8*12 (#55)

Step 4:install four Rectangular foot pads (#50)



Step 5:Combining the frame of step 1 with the frame of step 3:
- 4x Hex socket head cap screw M10*60 (#12)
- 4x Hex socket head cap screw M10*25 (#53)
- 4 x flat washer M10-D50 (#56)
- 8 x flat washer M10-D20 (#58)
- 4 x spring washer(#59 (#59)
- 4 x Hexagon self-locking nut M10 (#60)

Step 6:use follow method combine#15与#10, #11;

Step 7:use follow method combine#10, #11 with the frame of step 5;
- 4 x Hex socket head cap screw M10*20 (#54)
- 4 x spring washer M10 (#59)
- 4 x flat washer M10-D50 (#62)

Important Tips

Now that the 62A07 is assembled, you need to take a moment to make sure your unit is horizontal and vertical. .

Accessory List

ITEM NO.	Name	Picture	QTY	ITEM NO.	Name	Picture	QTY
1	#1		1	10	#10		1
2	#2		1	11	#11		1
3	#3		1	12	#12		2
4	#4		1	13	#13		2
5	#5		1	14	#14		2
6	#6		1	15	#15		2
7	#7		1				
8	#8		1				
9	#9		1				
50	Rectangular foot pad		5	56	big washer M10-D50		8
52	Hex socket head cap screw M10*60		12	57	flat washer M10-D30		4
53	Hex socket head cap screw M10*25		8	58	flat washer M10-D20		20
54	Hex socket head cap screw M10*20		4	59	spring washer M10		12
55	Hexagon socket head screw M8*12		4	60	Hexagon self-locking nut M10		12

Note: Pre-assembled parts are not listed in this table.