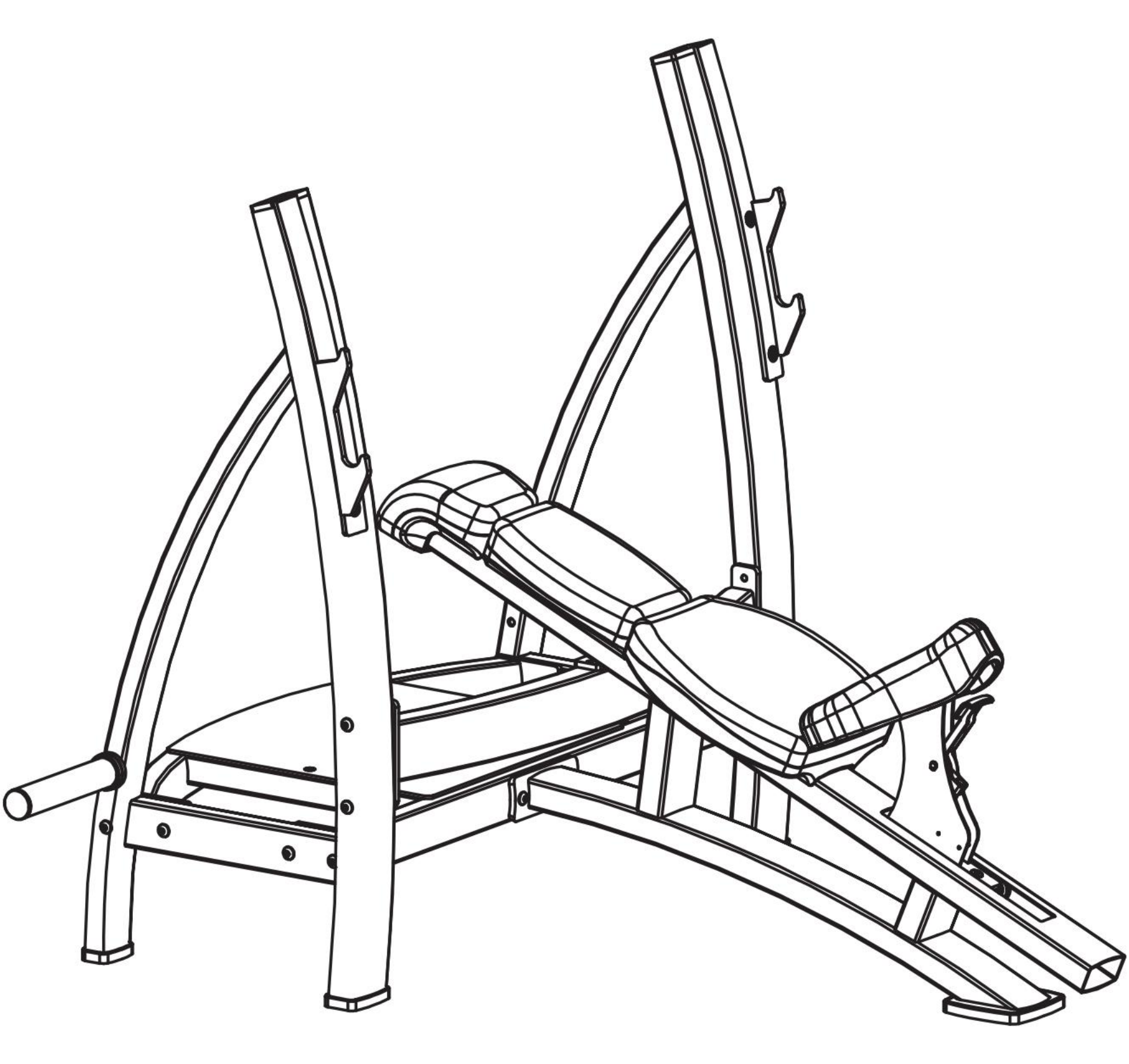
7338 Installation Guide

Olympic Incline Bench



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Brief

Please take the time to carefully read the instruction before installing.Please refer to the manual to determine the list of all components were packaged well. (If there have some parts missed or damaged please immediately call our customer service department) Please refer to the installation instruction while installing.

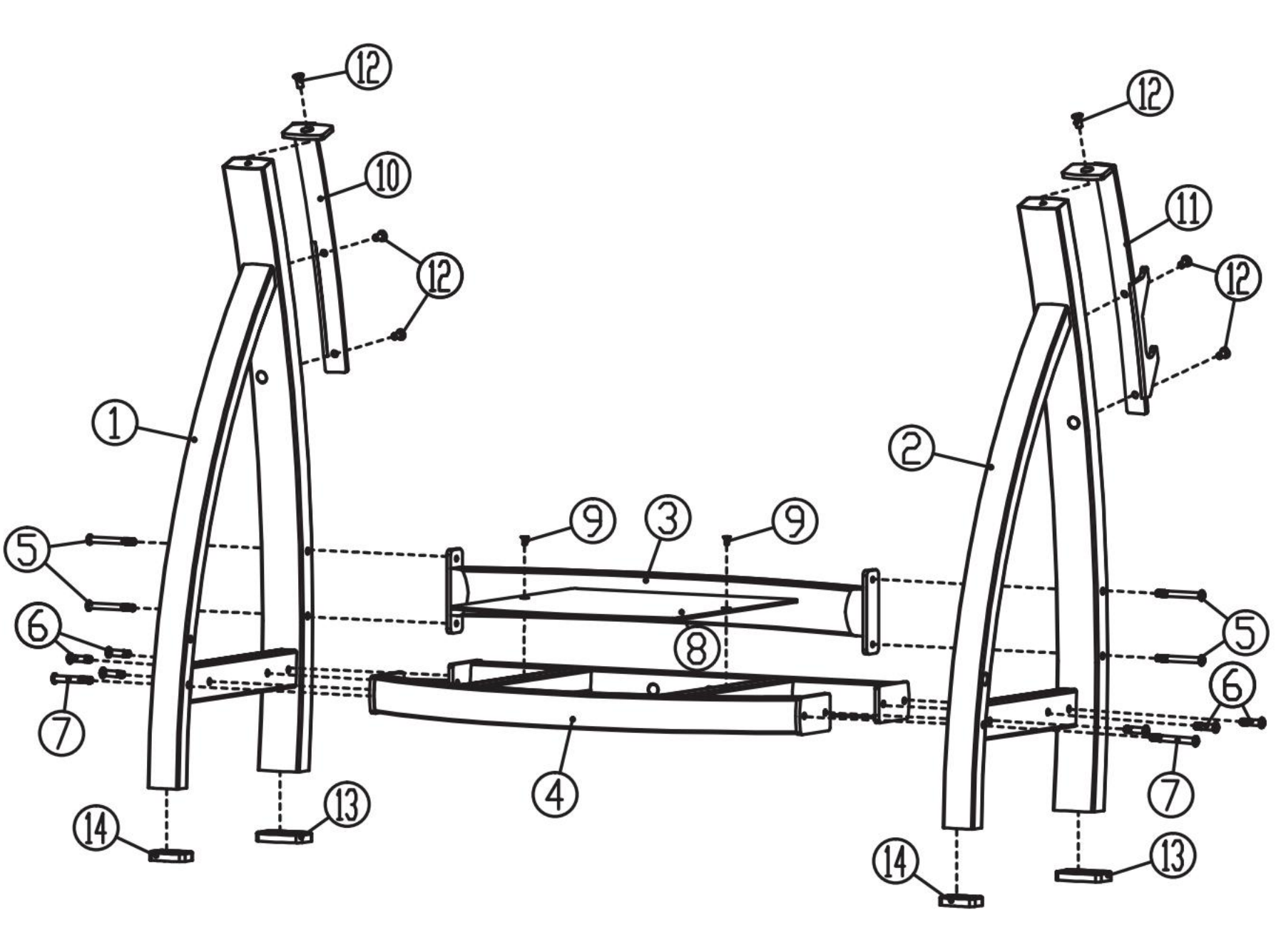
This device designed to provide the most effective and smoothest training movements. After installing, you can only know how to use the products after you know all the functions. If there is any question, please check the installation instruction and find out the wrong steps during the installing. If still not work, please contact the distributors authorized by original factory. The code and manual will be needed.

Tools

- Rubber stick
- Levelling instrument
- Circlip pliers
- Socket head screw wrench
- The adjustable wrench
- More than 2 person

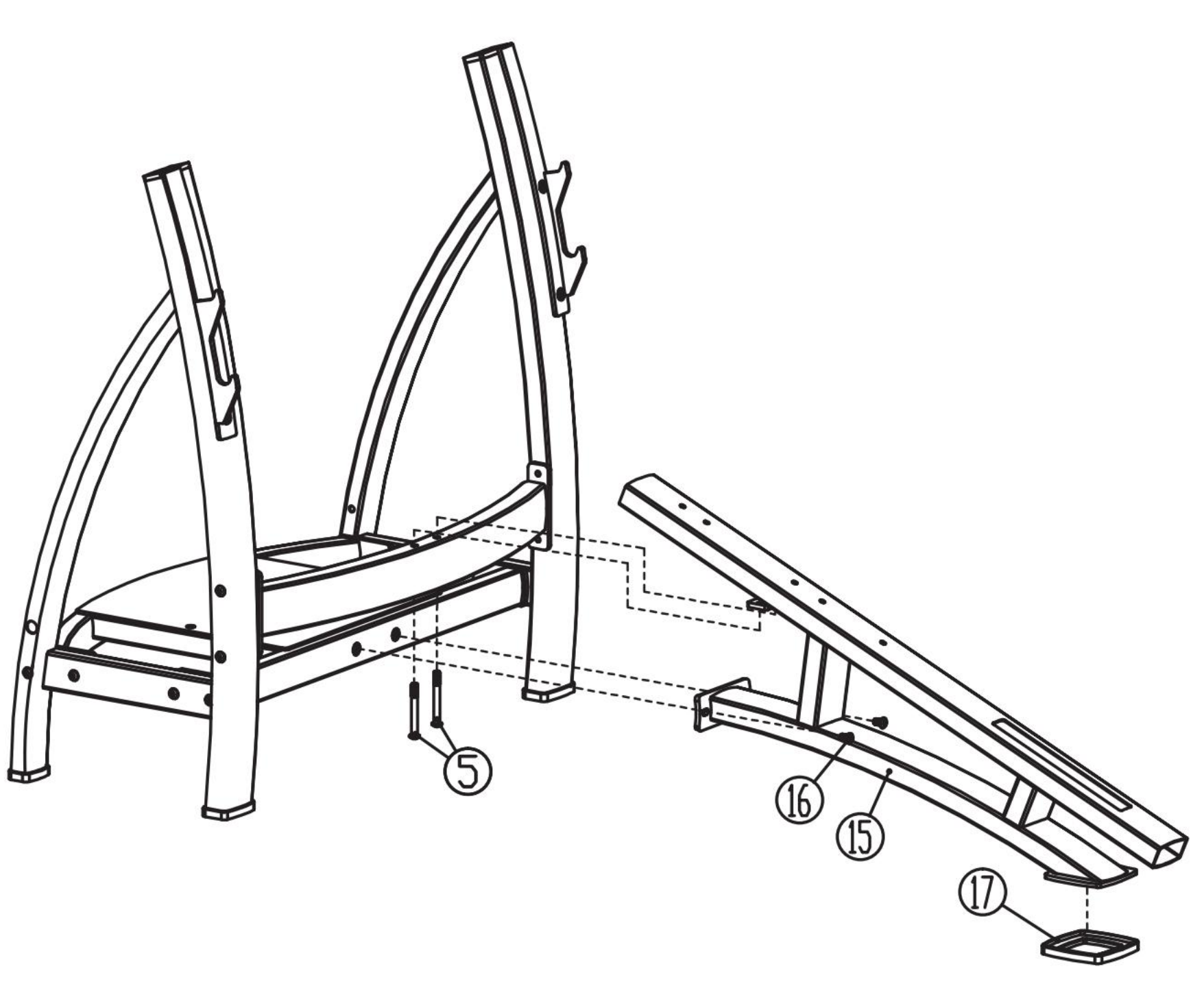
Installation of Frame

CAUTION:
The wrench need to tighten the hardware



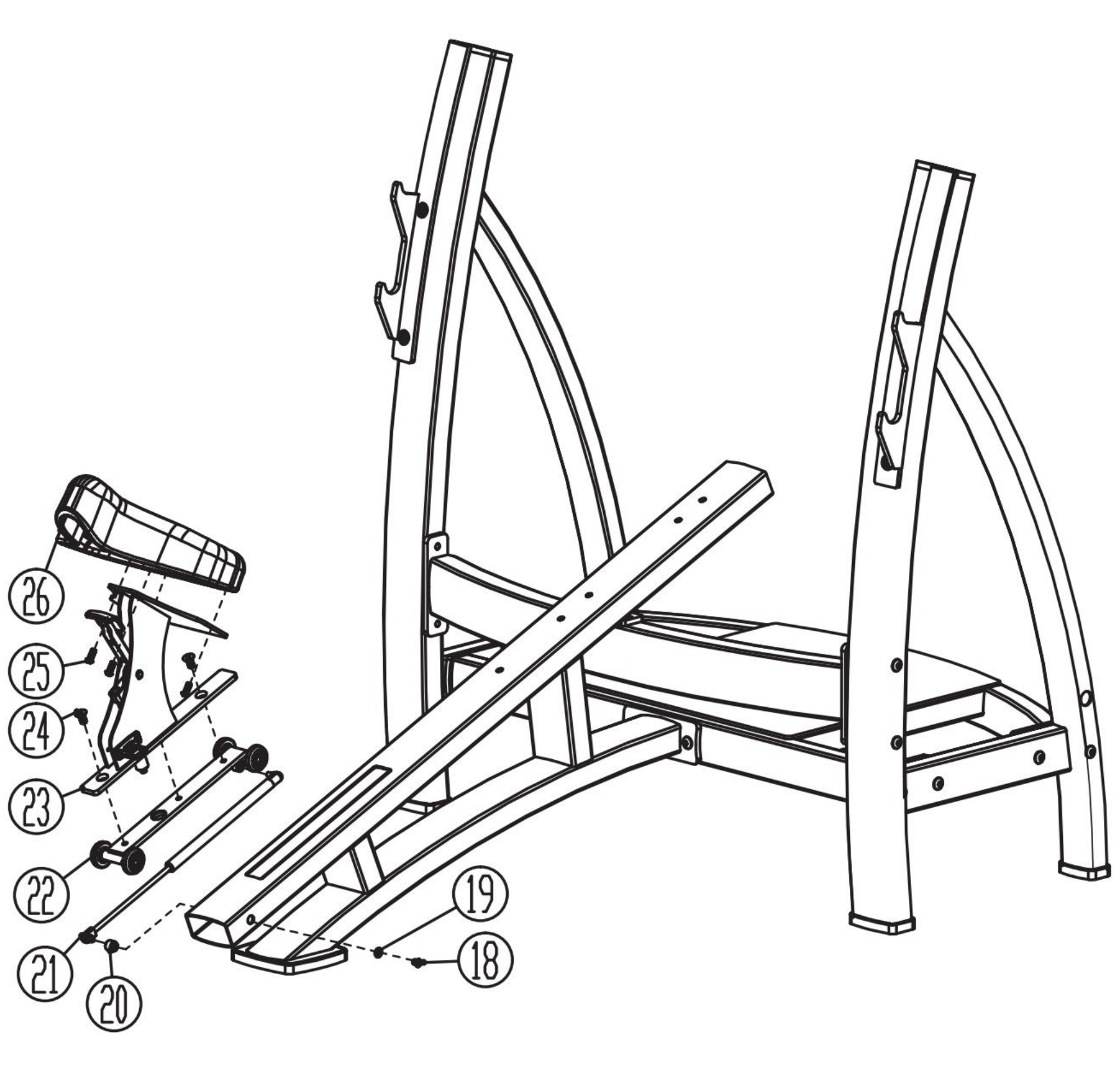
Backboard Bracket Installation

CAUTION:
The wrench need to tighten the hardware



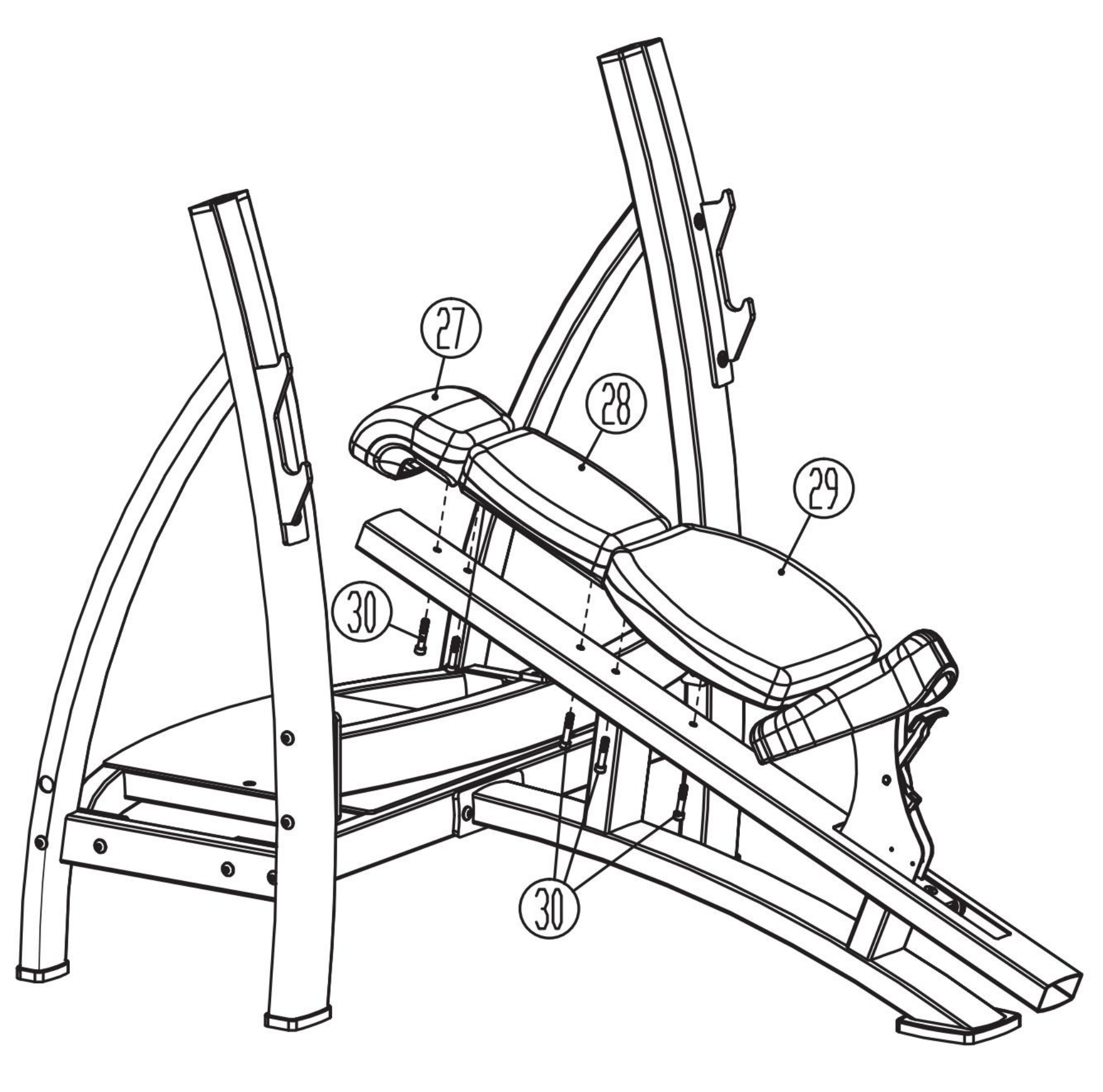
Seat System Installation

CAUTION:
The wrench need to tighten the hardware



Cushion Installation

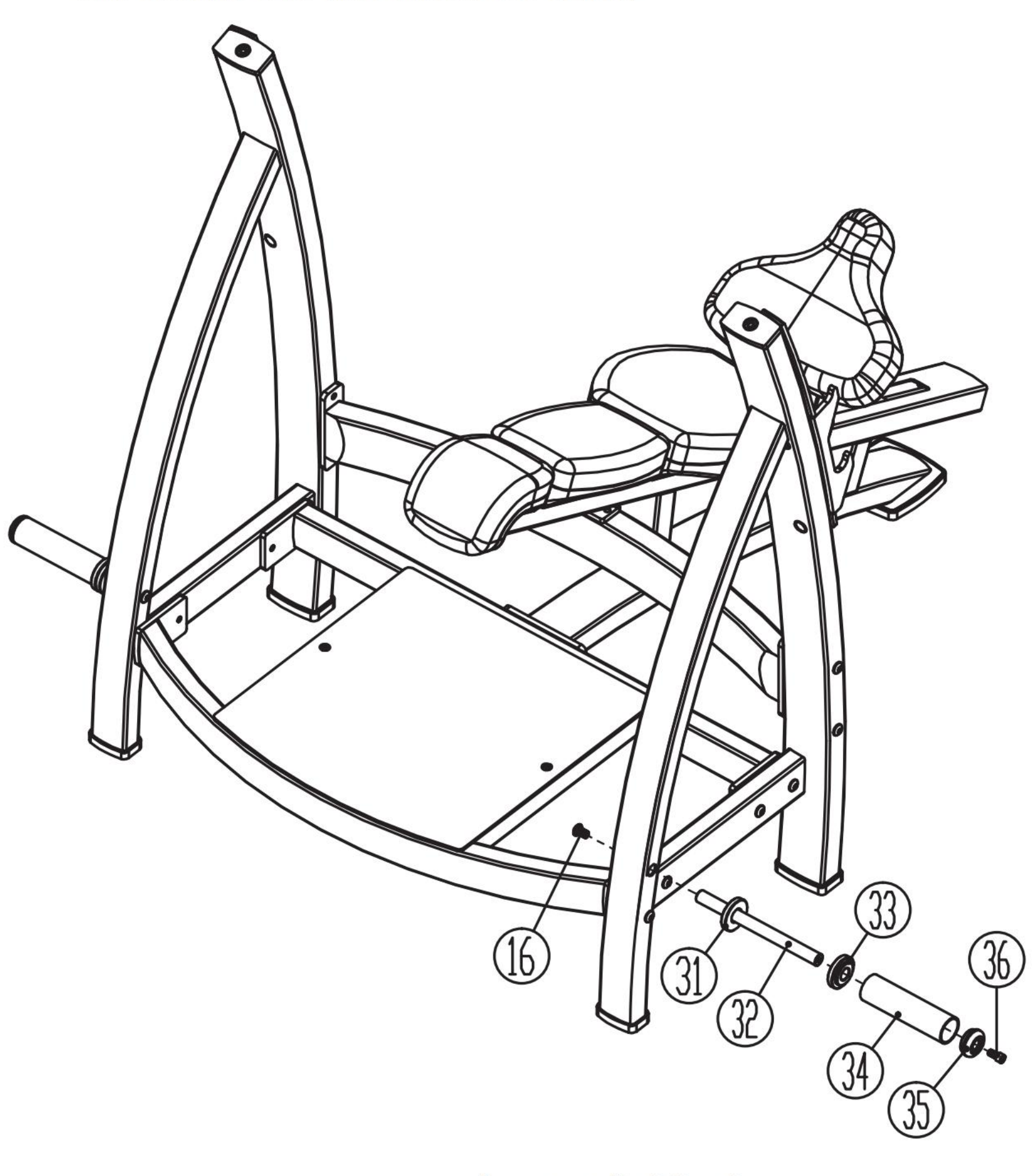
CAUTION:
The wrench need to tighten the hardware



Barbell bar Installation

CAUTION:
The wrench need to tighten the hardware

Some assembly have been omitted for clarity



Important Notification:
Now 7338 has been assembled .You need to take the time to make sure your device is square and vertical .With a spirit level to check whether the guide bar perpendicular in the two directions .If not, then you have to loosen some of the vertical frame reassembly hardware and tighten the bolts.

Accessories List

Caution:Some spare parts which have been assembled are not in the list

NO.	Name & Specification	Material	Qty
1	Left side frame	Weldment	1
2	Right side frame	Weldment	1
3	Joints	Weldment	1
4	Underframe	Weldment	1
5	Hexagon socket button head screws(M12*110)	45	6
6	Hexagon socket button head screws(M12*50)	45	6
7	Hexagon socket button head screws(M12*90)	45	2
8	Pedal	Q235	1
9	Inner hexagon countersunk head screws(M8*16)	45	2
10	Left Pothook	SUS304	1
11	Right Pothook	SUS304	1
12	Inner hexagon countersunk head screws(M12*20)	45	6
13	58*101 Foot pad	Rubber	2
14	48*76 Foot pad	Rubber	2
15	Back chair frame	Weldment	1
16	Hexagon socket button head screws(M12*20)	45	4
17	Arc foot pad	Rubber	1
18	Hexagon socket button head screws(M8*10)	45	1
19	M8 Flat pad	45	1
20	Gas bar end nut	45	1
21	Gas bar-220	Element	1
22	Seat rise and fall car	Element	1
23	Seat frame	Element	1
24	Inner hexagon countersunk head screws(M10*20)	45	3
25	Hexagon socket button head screws(M8*20)	45	4
26	Seat cushion	Element	1
27	Head cushion	Element	1
28	Postmedian cushion	Element	1
29	Back cushion	Element	1
30	Hexagon socket head cap screws(M10*50)	45	5

Accessories List

Caution:Some spare parts which have been assembled are not in the list

NO.	Name & Specification	Material	Qty
31	Sleeve gasket	Rubber	2
32	Sleeve shaft	45	2
33	Sleeve end cover I	45	2
34	Sleeve pipe	SPHC	2
35	Sleeve end cover II	45	2
36	Hexagon socket head cap screws(M10*20)	45	2