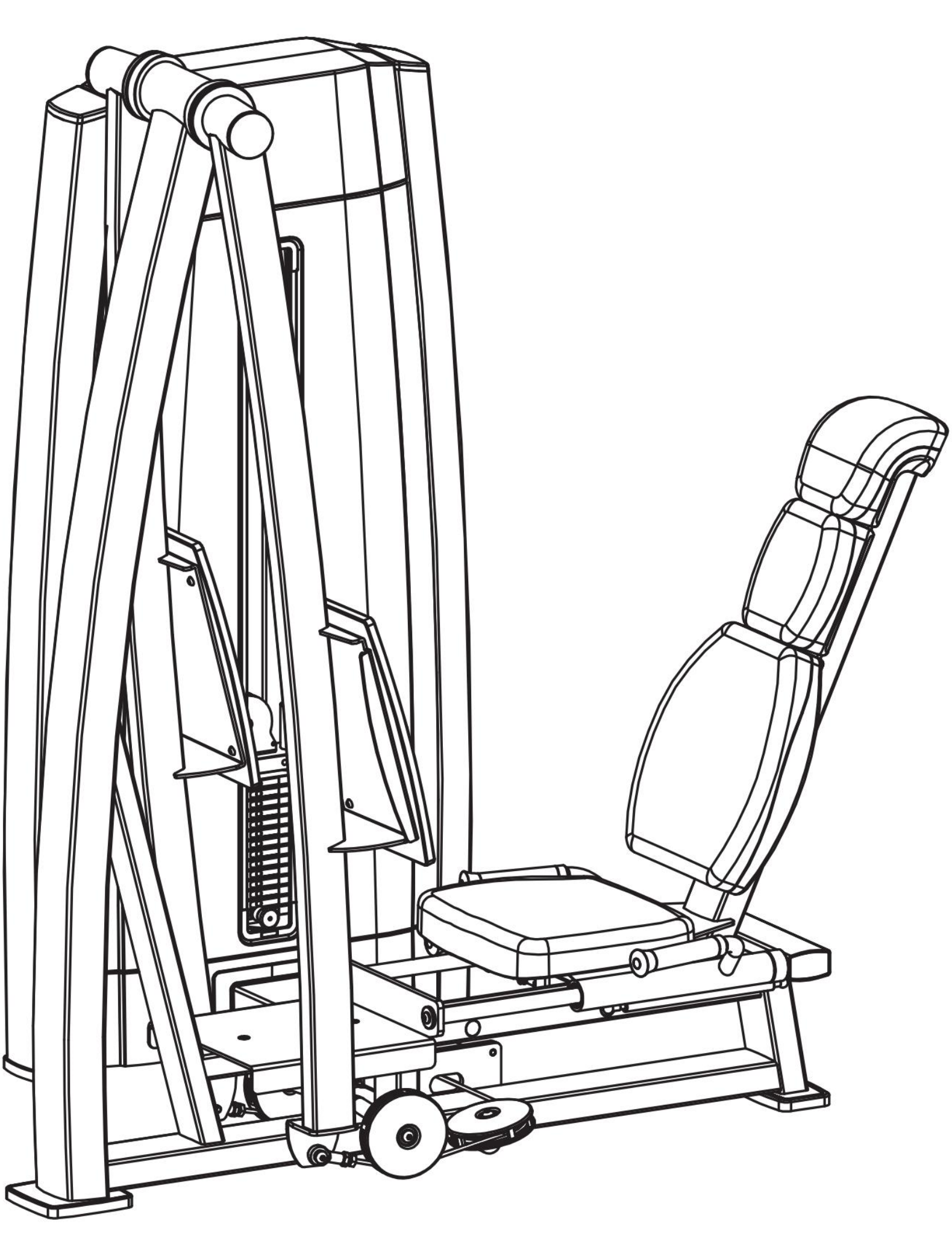
7328 Installation Guide
Seated Leg Press



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Brief

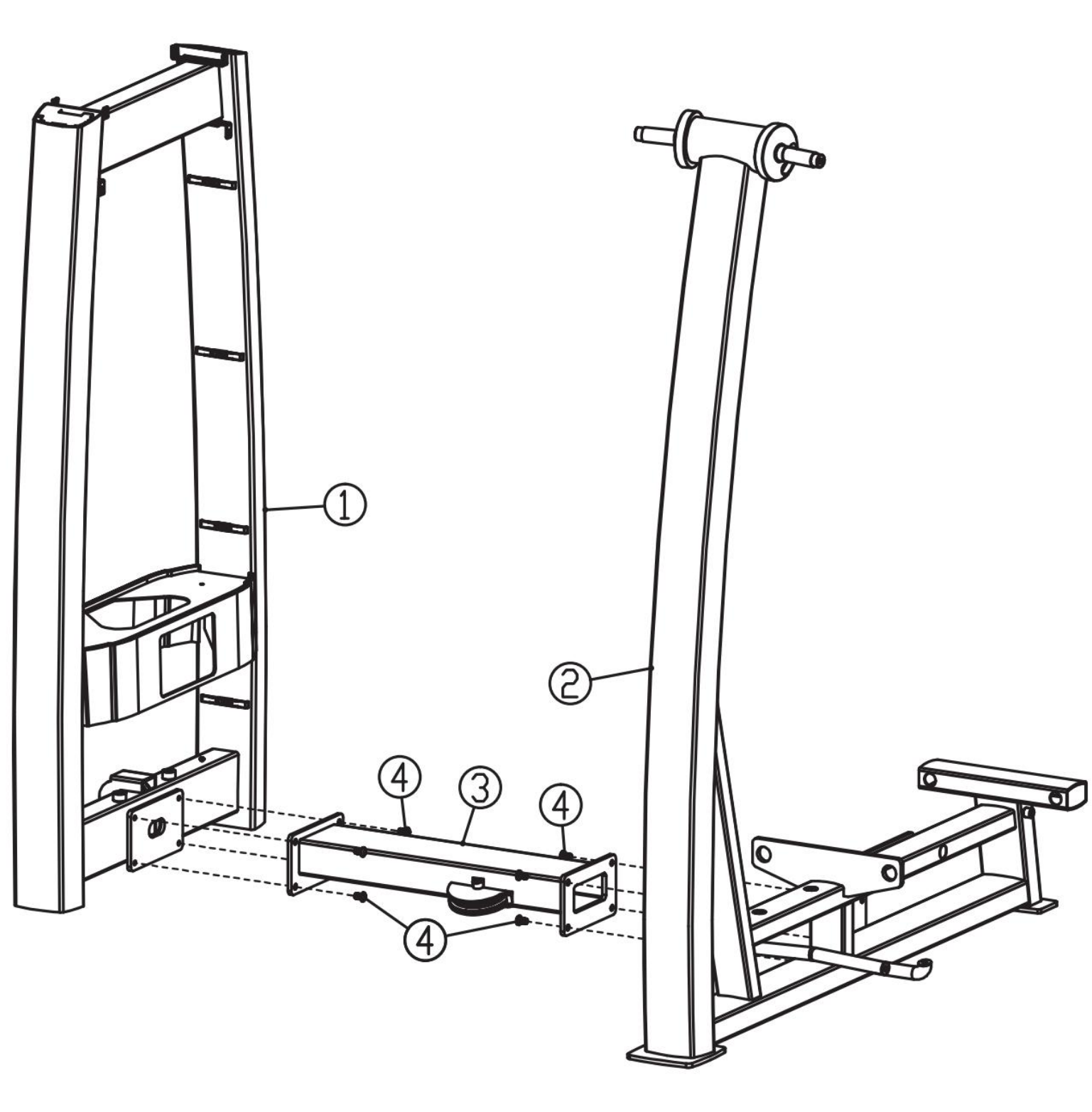
Please take the time to carefully read the instruction before installing.Please refer to the manual to determine the list of all components were packaged well.（If there have some parts missed or damaged please immediately call our customer service department）Please refer to the installation instruction while installing.

This device designed to provide the most effective and smoothest training movements. After installing，you can only know how to use the products after you know all the functions. If there is any question， please check the installation instruction and find out the wrong steps during the installing. If still not work, please contact the distributors authorized by original factory. The code and manual will be needed.

Tools
Rubber stick
Levelling instrument
Circlip pliers
Socket head screw wrench
The adjustable wrench
More than 2 person

Installation of Frame

CAUTION：
The wrench need to tighten the hardware



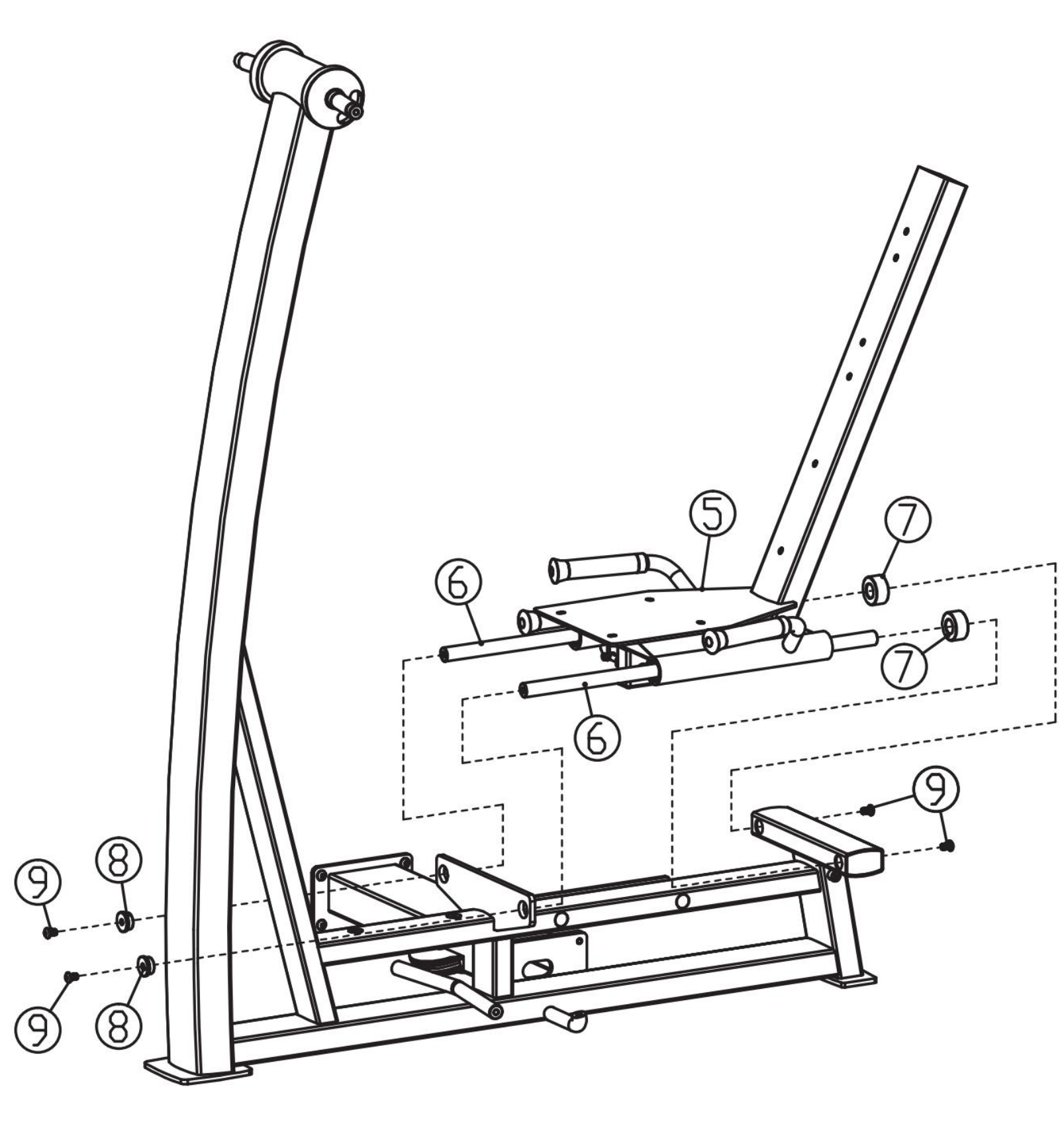
Important Notification：

All 73 Products with balance weight，please put the lower cover in the balance weight frame before installing the connecting rack 。

Seat Installation

CAUTION：
The wrench need to tighten the hardware

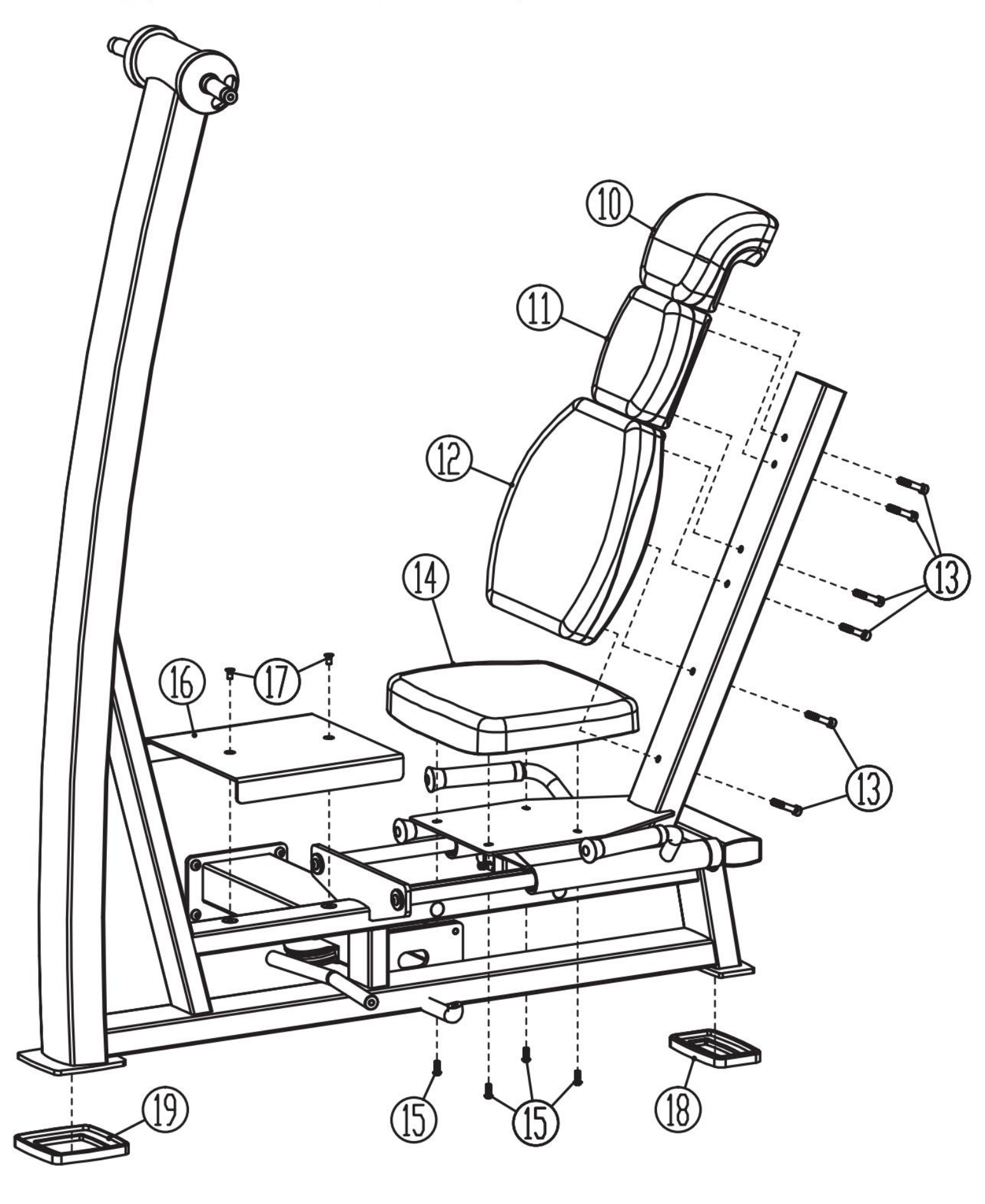
Some assembly have been omitted for clarity



Cushion & Pedal Installation

CAUTION：
The wrench need to tighten the hardware

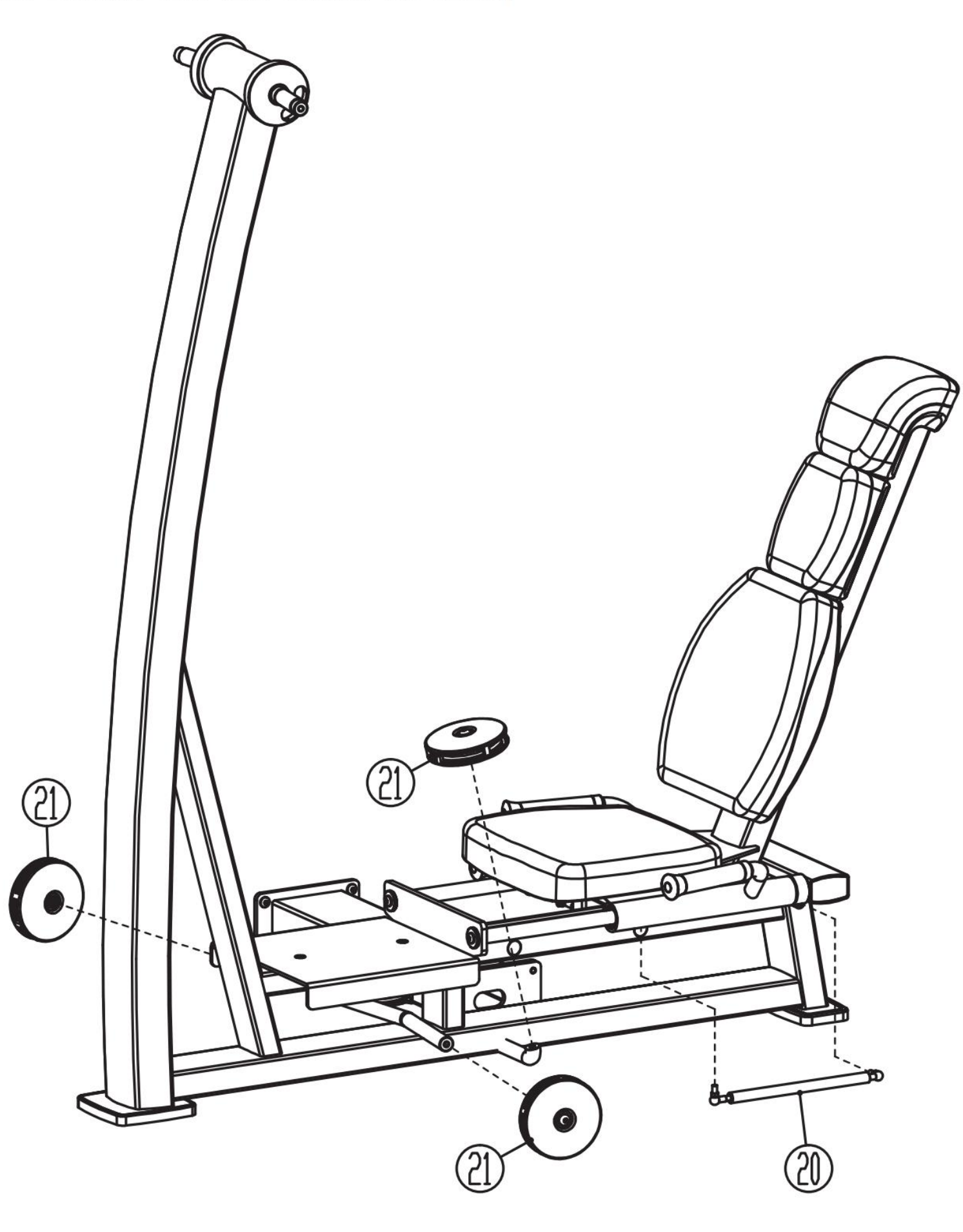
Some assembly have been omitted for clarity



Gas Bar & Line Wheel Installation

CAUTION：
The wrench need to tighten the hardware

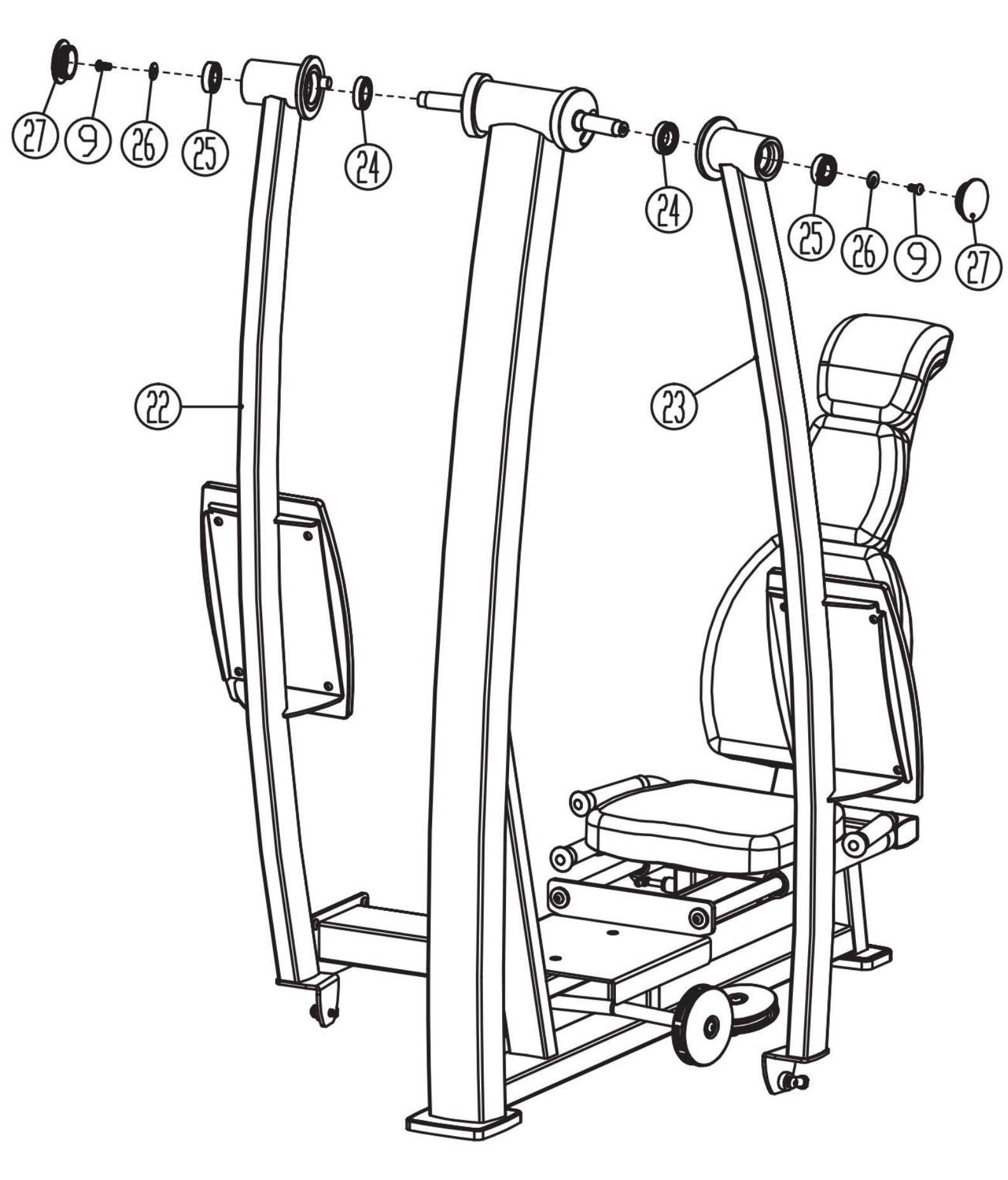
Some assembly have been omitted for clarity



Force arm Installation

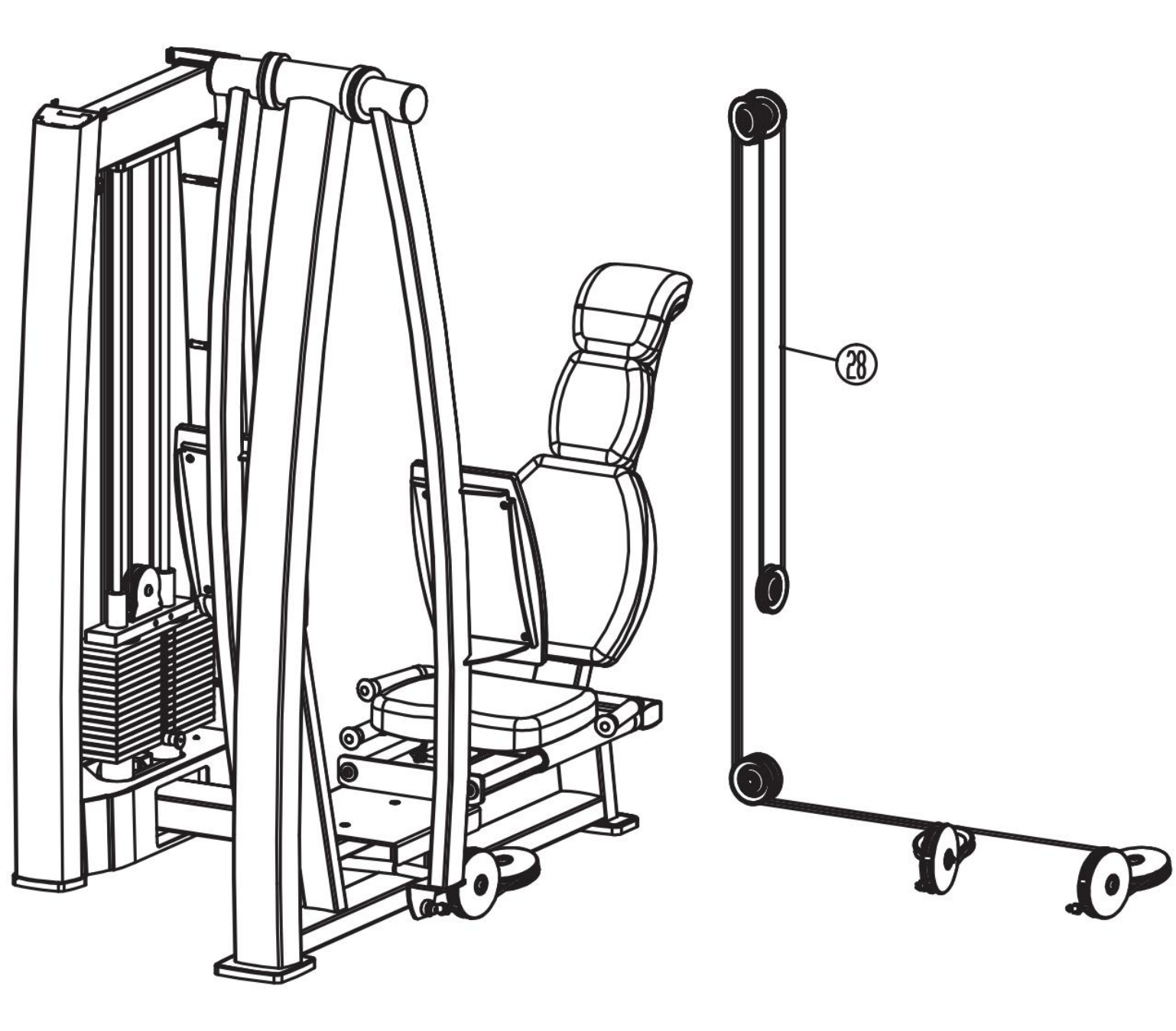
CAUTION：
The wrench need to tighten the hardware

Some assembly have been omitted for clarity



Cable Installation

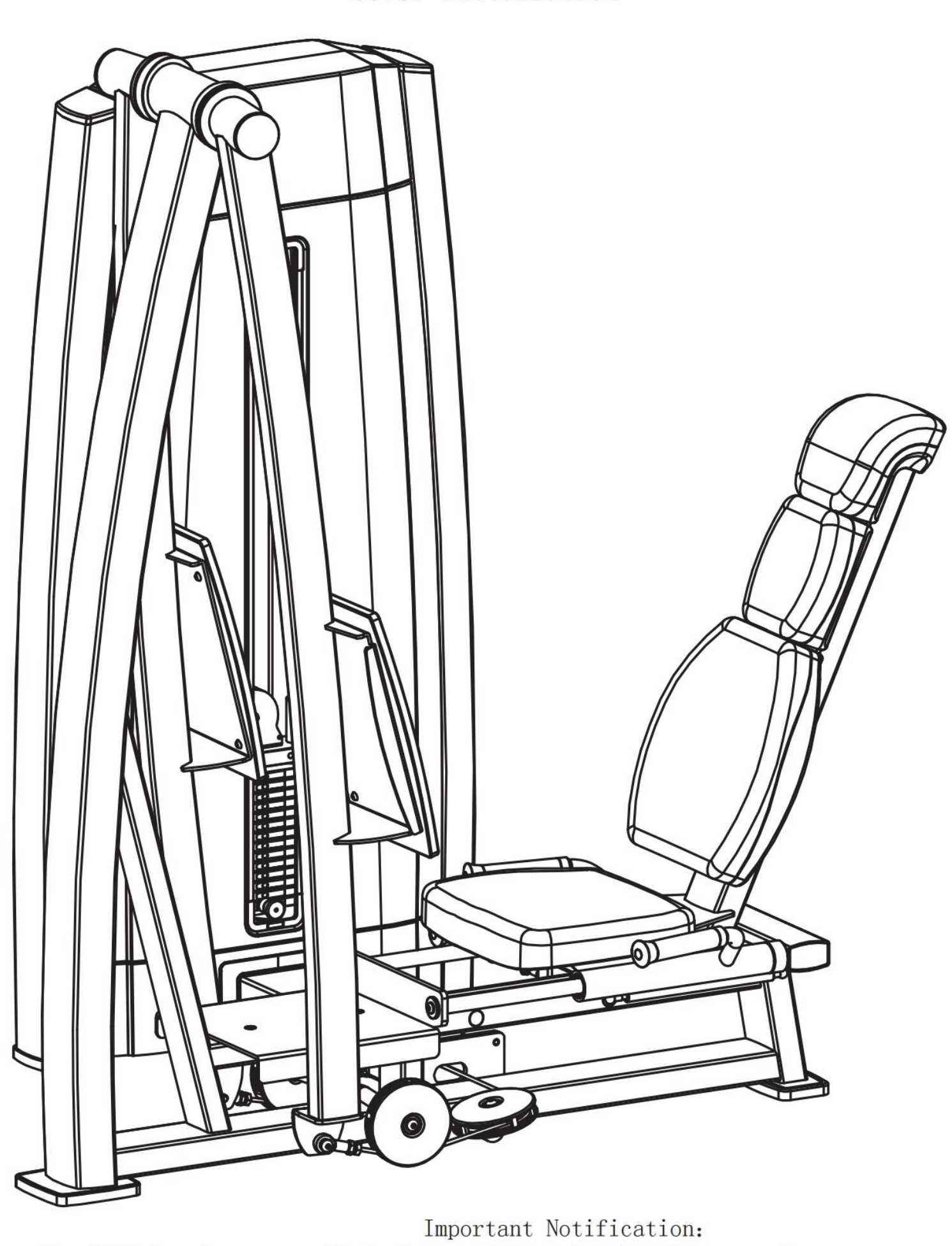
Fine tuning：
loosen the safety nut and whole grain
bolt to the proper tension on cable



Important Notification：

Please read the 7300-1Installation Instruction as the reference to install the balance weight frame and required accessories

Cover Installation



Important Notification：

Now 7328 has been assembled .You need to take the time to make sure your device is square and vertical .With a spirit level to check whether the guide bar perpendicular in the two directions .If not, then you have to loosen some of the vertical frame reassembly hardware and tighten the bolts.

Accessories List

Caution:Some spare parts which have been assembled are not in the list

No.	Name & Specification	Material	Qty
1	Balance Weight Frame	Element	1
2	Body Frame	Element	1
3	Joints	Element	1
4	Hexagon socket button head screws(M10*16)	45	8
5	Seat Frame	Element	1
6	Slideway rod	45	2
7	Slideway rod rubber pad	Rubber	2
8	Slideway rod end cover	SUS304	2
9	Hexagon socket button head screws(M10*20)	45	6
10	Head cushion	Element	1
11	Postmedian cushion	Element	1
12	Back cushion	Element	1
13	Hexagon socket head cap screws(M10*50)	45	6
14	Seat Cushion	Element	1
15	Hexagon socket button head screws(M8*20)	45	4
16	Pedal	Checkered plate	1
17	Inner hexagon countersunk head screws(M8*16)	45	2
18	58*101 Foot pad	Rubber	1
19	Long arc foot pad	Rubber	1
20	Gas Bar-220	Element	1
21	120 Line of wheelset	Element	3
22	Right force arm	Element	1
23	Left force arm	Element	1
24	Deep Groove Ball Bearing 6006	Bearing steel	2
25	Deep Groove Ball Bearing 6205	Bearing steel	2
26	M10 Big gasket	45	2
27	76 End Cover	Aluminum alloy	2
28	Wire Rope	Element	1