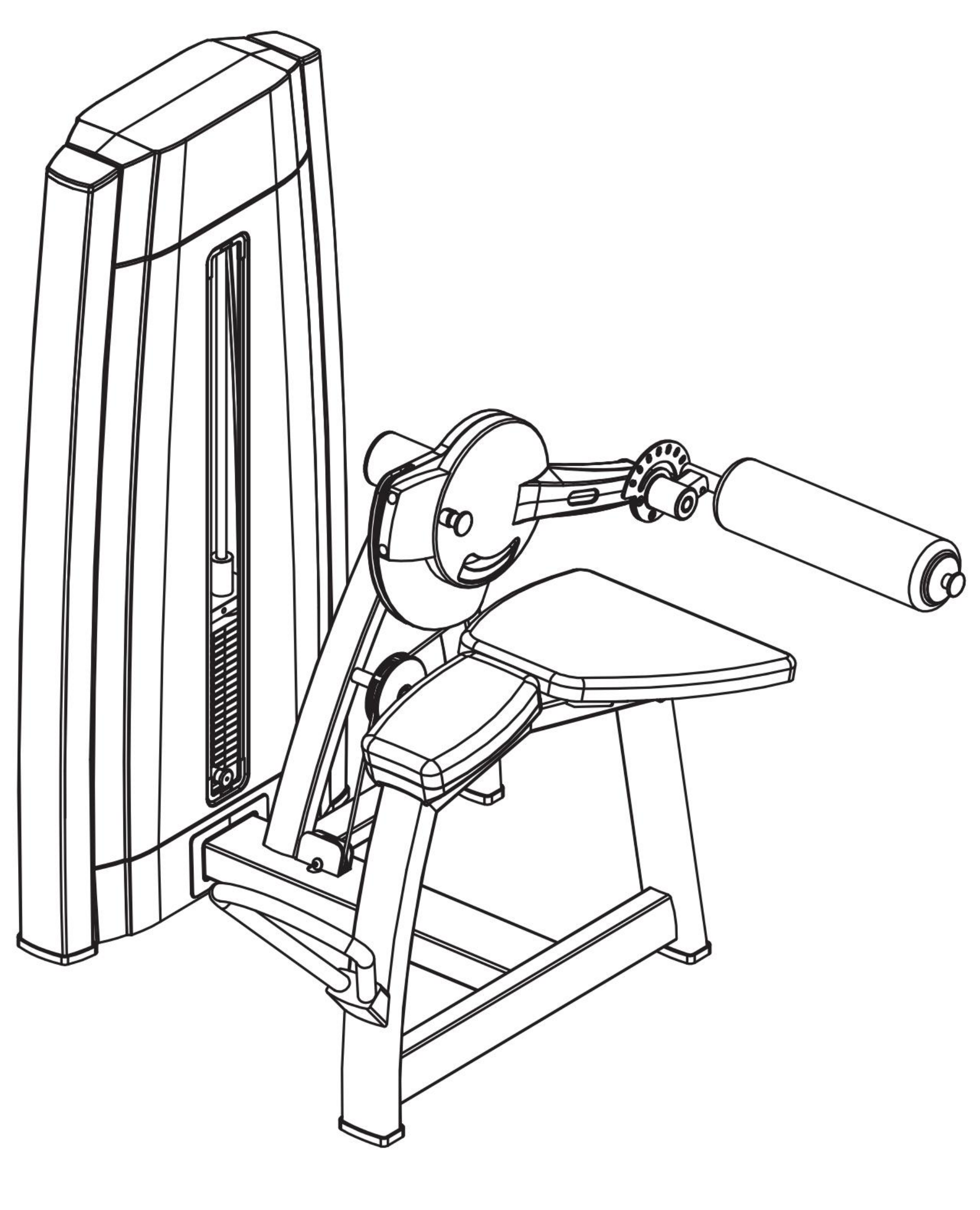
# 7326 Installation Guide

## Prone Leg Curl



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## Briefs

Please take the time to carefully read the instructions before installing .Please refer to the manual to determine the list of all components were packaged well.（If there has some parts missed or damaged please immediately call our customer service department）Please refer to the installation instruction while installing.

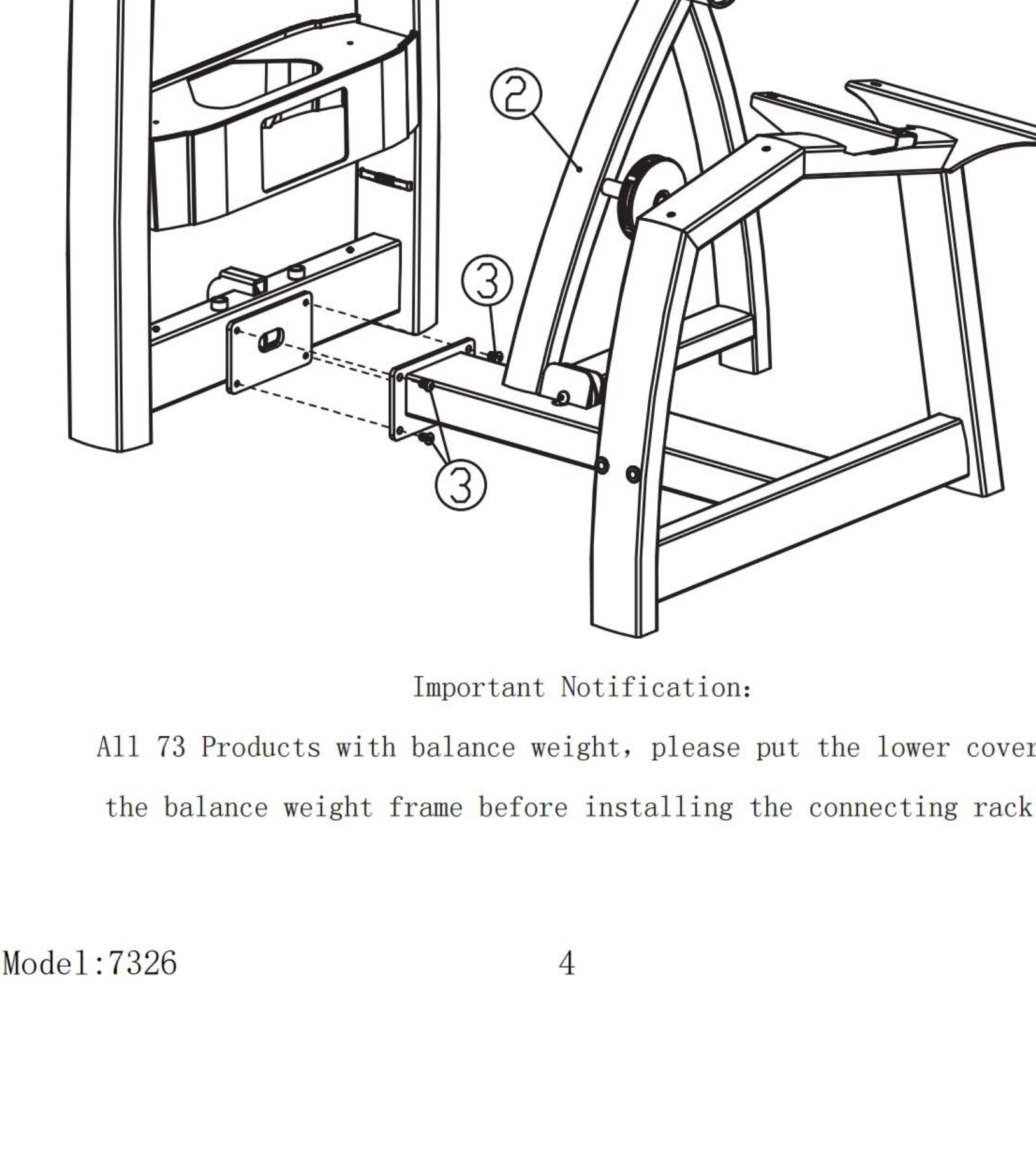
This device designed to provide the most effective and smoothest training movements. After installing, you can only know how to use the products after you know all the functions. If there is any question, please check the installation instruction and find out the wrong steps during the installing. If still not work, please contact the distributors authorized by original factory. The code and manual will be needed.

### Tools

Rubber stick
Levelling instrument
Circlip pliers
Socket head screw wrench
The adjustable wrench
More than two person

## Installation of Frame

CAUTION:
The wrench need to tighten the hardware

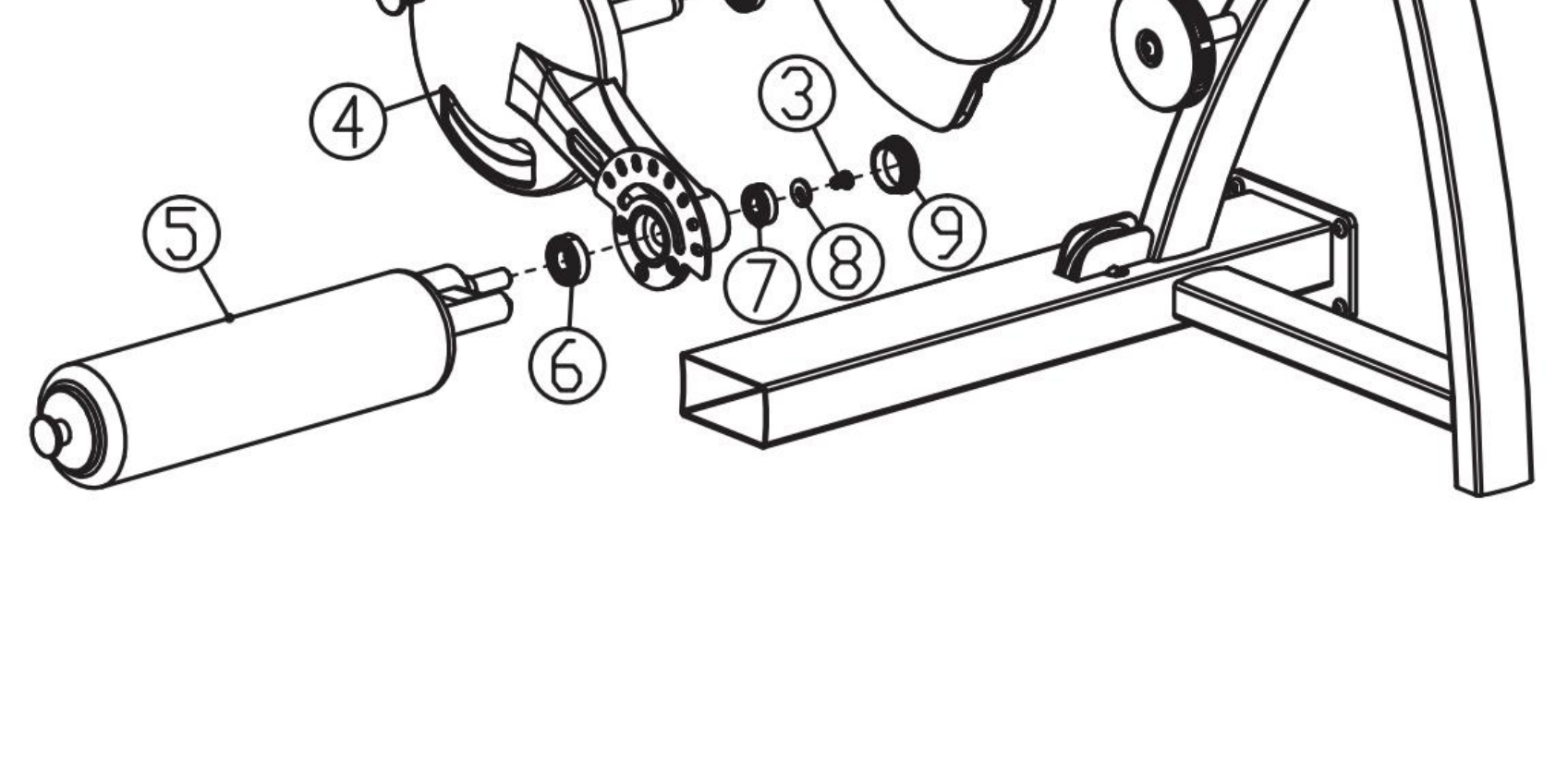


Important Notification:
All 73 Products with balance weight, please put the lower cover in the balance weight frame before installing the connecting rack .

## Force Arm Installation

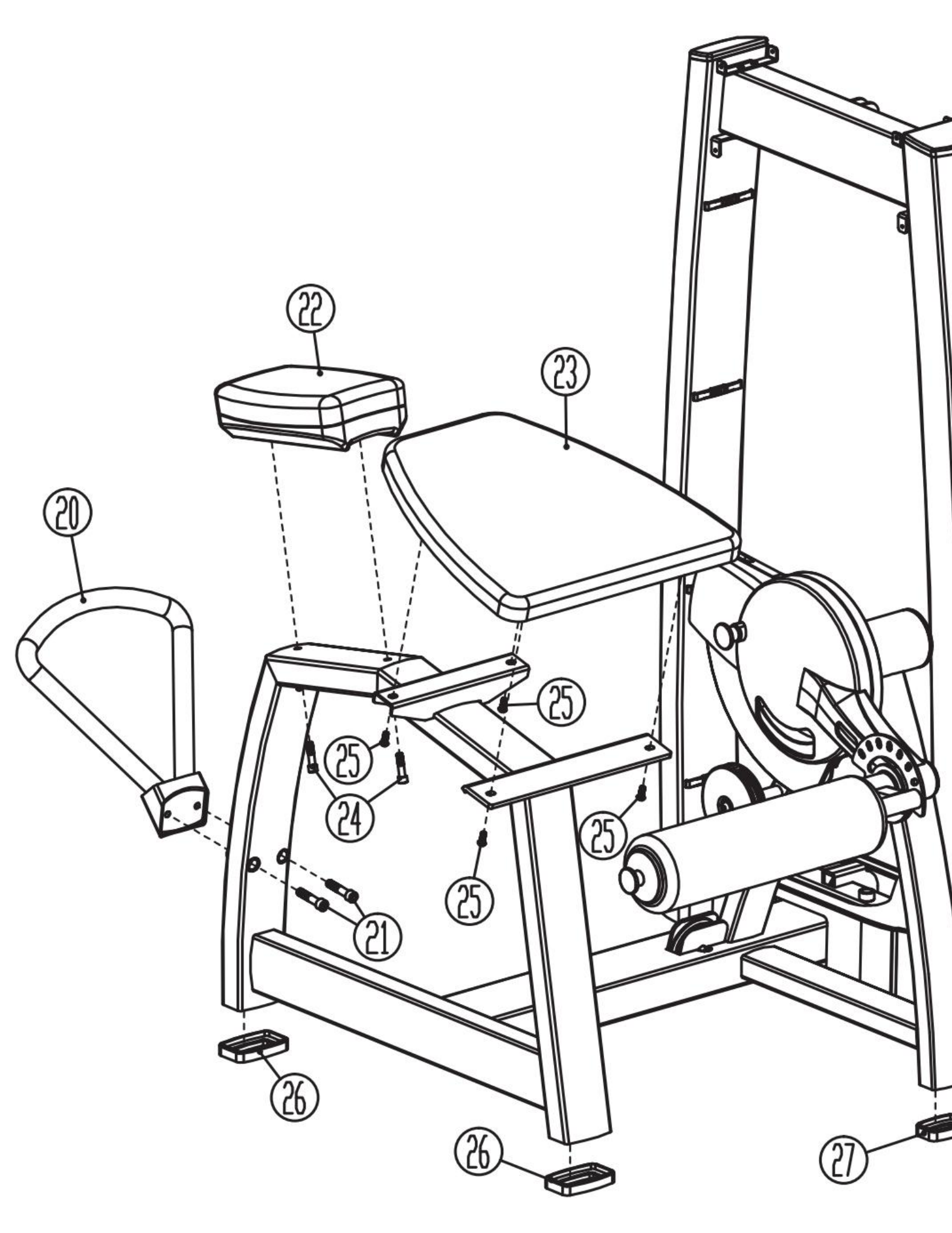
CAUTION:
The wrench need to tighten the hardware

Some assembly have been omitted for clarity



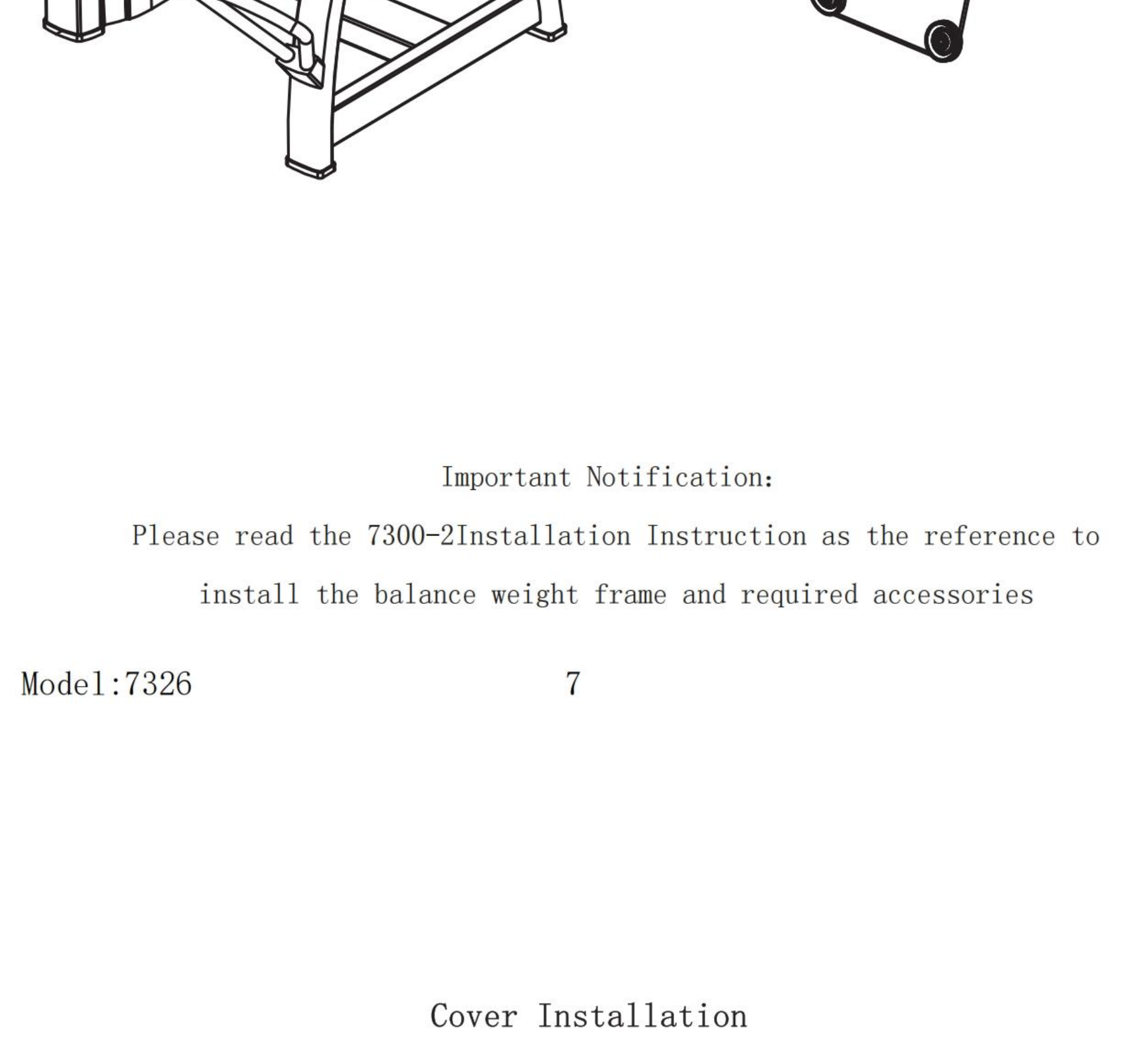
## Handrail&Cushion Installation

CAUTION:
The wrench need to tighten the hardware



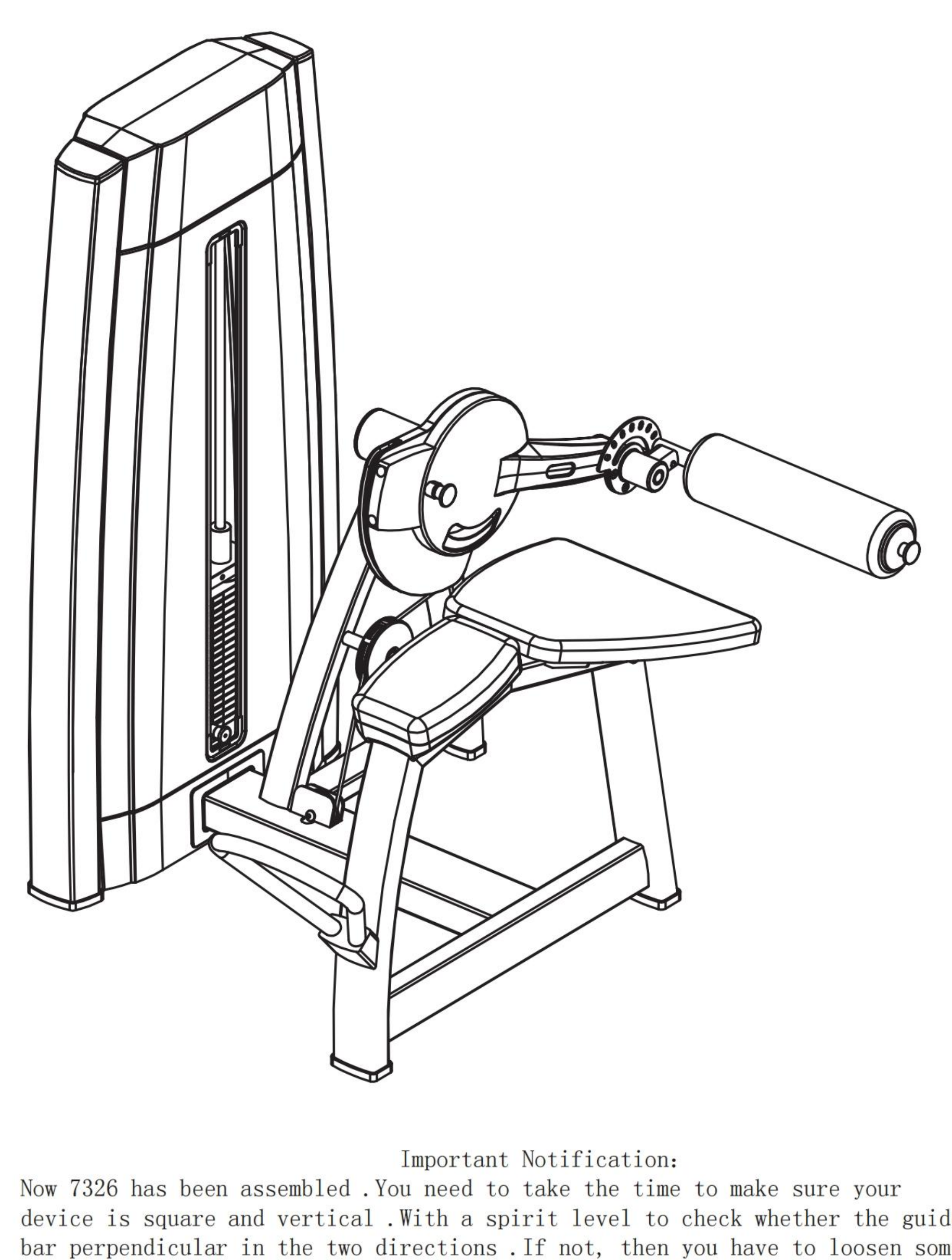
## Cable Installation

Fine tuning:
loosen the safety nut and whole grain bolt to the proper tension on cable



Important Notification:
Please read the 7300-2Installation Instruction as the reference to install the balance weight frame and required accessories

## Cover Installation



Important Notification:
Now 7326 has been assembled .You need to take the time to make sure your device is square and vertical .With a spirit level to check whether the guide bar perpendicular in the two directions .If not, then you have to loosen some of the vertical frame reassembly hardware and tighten the bolts.

## Accessories List

Caution:Some spare parts which have been assembled are not in the list

| NO. | Name &Specification | Material | Qty |
|---|---|---|---|
| 1 | Balance Weight Frame | Element | 1 |
| 2 | Body Frame | Element | 1 |
| 3 | Hexagon socket button head screws(M10*16) | 45 | 5 |
| 4 | Force Arm | Element | 1 |
| 5 | Leather Barrel Rotary Part | Element | 1 |
| 6 | Deep Groove Ball Bearing6205 | Bearing steel | 1 |
| 7 | Deep Groove Ball Bearing6004 | Bearing steel | 1 |
| 8 | M10Big Gasket | 45 | 1 |
| 9 | 60Aluminum Cover | Aluminium alloy | 1 |
| 10 | Balance Weight | 45 | 1 |
| 11 | Hexagon socket head cap screws(M12*100) | 45 | 2 |
| 12 | Flange Plate | Element | 1 |
| 13 | Deep Groove Ball Bearing61908 | Bearing steel | 2 |
| 14 | Bearing Sleeve | 45 | 1 |
| 15 | Deep Groove Ball Bearing6007 | Bearing steel | 1 |
| 16 | Deep Groove Ball Bearing6028 | Bearing steel | 1 |
| 17 | M12Big Gasket | 45 | 1 |
| 18 | Hexagon socket button head screws(M12*20) | 45 | 1 |
| 19 | 100End Cover | Aluminium allo | 1 |
| 20 | Handrail | Element | 1 |
| 21 | Hexagon socket head cap screws(M12*55) | 45 | 2 |
| 22 | Chest Pad | Element | 1 |
| 23 | Big Leather Pad | Element | 1 |
| 24 | Hexagon socket head cap screws(M10*40) | 45 | 2 |
| 25 | Hexagon socket button head screws(M8*20) | 45 | 4 |
| 26 | 58*101Foot Pad | Rubber | 2 |
| 27 | 48*76Foot Pad | Rubber | 1 |
| 28 | Wire Rope | Element | 1 |