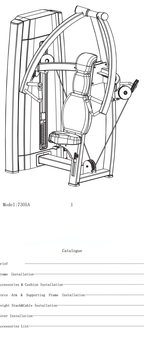

Catalogue

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Brief

Please take the time to carefully read the instructions before installing. Please refer to the manual to determine the list of all components were packaged well. (If there have some parts missed or damaged please immediately call our customer service department) Please refer to the installation instruction while installing.

This device designed to provide the most effective and smoothest training movements. After installing, you can only know how to use the products after you know all the functions. If there is any question, please check the installation instruction and find out the wrong steps during the installing. If still not work, please contact the distributors authorized by original factory. The code and manual will be needed.

Tools
Rubber stick
Levelling instrument
Circlip pliers
Socket head screw wrench
The adjustable wrench
More than 2 person

Accessories & Cushion Installation

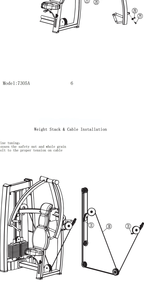
CAUTION:
The wrench need to tighten the hardware

Important Notification:
All T4 Products with balance weight, please put the lower cover in the balance weight frame before installing the connecting rock .

Accessories & Cushion Installation

CAUTION:
The wrench need to tighten the hardware

Some assembly have been omitted for clarity



Force Arm &Supporting Frame Installation

CAUTION:
The wrench need to tighten the hardware

Weight Stack & Cable Installation

Fine tuning:
Adjust the pulley nut and whole plate bolt to the proper tension on cable

Important Notification:
Please read the T300-I(Installation Instruction as the reference to install the balance weight frame and required accessories

Cable Installation

Important Notification:
New T300A has been assembled. You need to take the time to make sure your device is square and vertical. With a spirit level to check whether the frame is horizontal and vertical. If not, please adjust the feet of the base frame nuts of the vertical frame reasonably hardware and tighten the screws.

Accessories List

Caution:Some spare parts which have been assembled are not in the list

NO.	Name & Specification	Material	Qty.
1	Balance Weight Frame	Element	1
2	20260-1	Rubberl	2
3	20260-2 Frame	Rubber	2
4	20410-1Cushion pad	Rubber	2
5	Hexagon socket button head screw(M10*45)	45	6
6	Hexagon socket button head screw(M8*25)	45	2
7	M8 Flat Pad	45	1
8	Hex nut end nut	45	1
9	Iso-Bar-1200	Element	1
10	Iso-Bar-1200 full cut	Element	1
11	Seat Frame	Element	1
12	Inner Hexagon countersunk head screw(M10*20)	45	2
13	Hexagon socket button head screw(M8*20)	45	4
14	Saddle	Element	1
15	Backrest	Element	1
16	Protection Pad	Element	1
17	Back Pad	Element	1
18	Hexagon socket head cap screw(M10*25)	45	2
19	Right support frame	Element	1
20	Left support frame	Element	1
21	Right Force Arm	Element	1
22	Deep Groove Ball Bearing6000	Bearing steel	2
23	Deep Groove Ball Bearing6200	Bearing steel	2
24	D-Ring Washer	45	2
25	Hexagon socket button head screw(M16*20)	45	16
26	Left Force Arm	Element	1
27	Left Force Pad	Element	1
28	Rod end bearing (M12)	Element	2
29	Injection Mould Shaft-12	45	2
30	Wire Rope	Element	1

Accessories List

Caution:Some spare parts which have been assembled are not in the list

NO.	Name & Specification	Material	Qty.
5	Wire rope Fixed Bolt(M12*60)	45	2