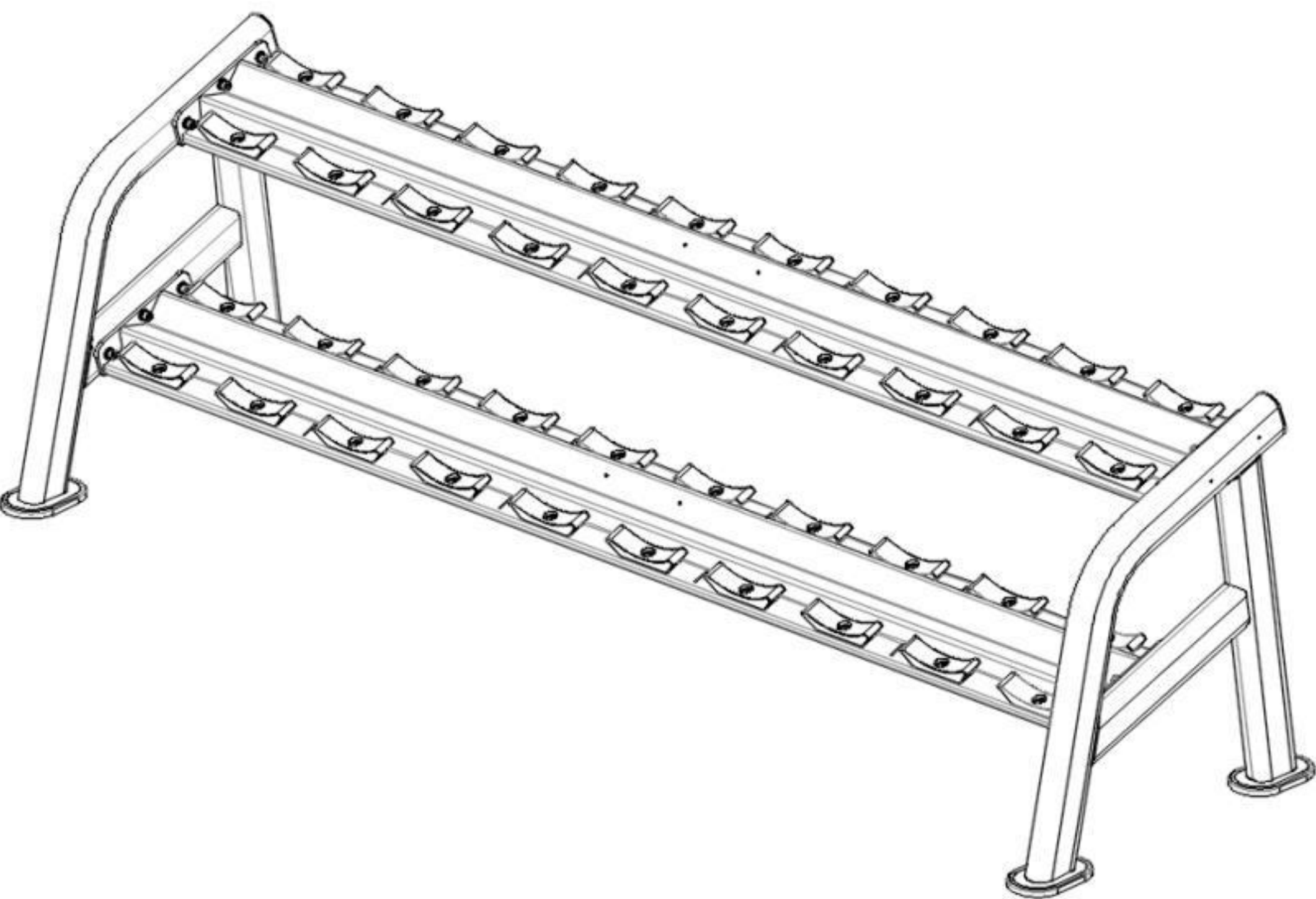


10 Pairs Dumbbell Rack



Catalogue

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Please take the time to read these instructions carefully before installation. Please refer to the list in the manual to confirm the completeness and quantity of all parts (if any parts are missing or damaged in transit, please call our company immediately for after-sales instructions) When installing the equipment, please follow the instructions for proper installation.

This equipment is designed to provide the most fluid and effective exercise training. After installation, you need to understand all the functions in order to use correctly, the use of the process found in the problem should immediately stop using to avoid physical injury and equipment damage. And timely reference to the relevant instructions to inquire about the cause, if you can not solve please call the company after-sales. After carefully reading all the instructions, please continue

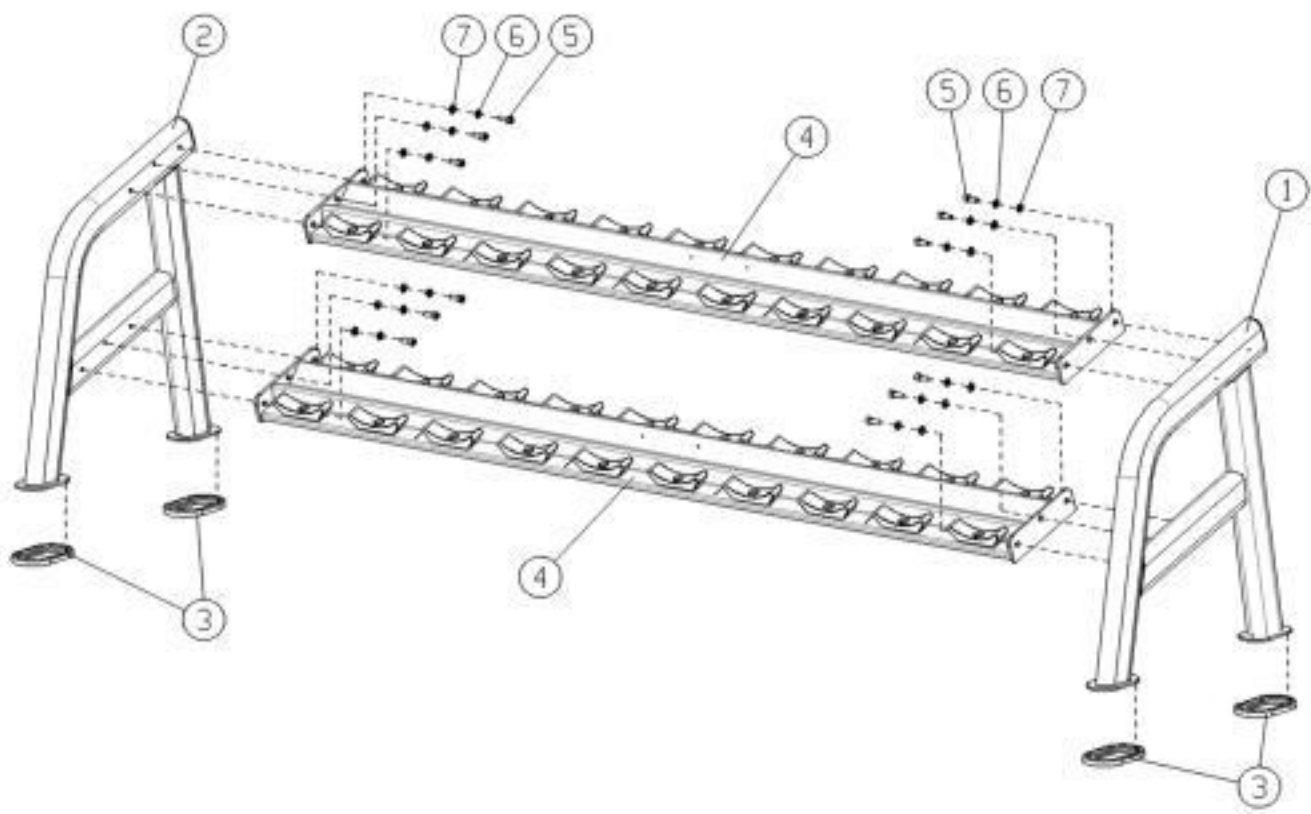
Tools	Rubber Rod
	Level Ruler
	Hexagonal wrench
	Spring Clamp
	Adjustable wrench

Note: When assembling, it is recommended that two or more people operate

Step 1: Put the 4 Flat Oval Feet Covers (#3) on the Left Frame (#1) and the Right Rrame (#2) of the 2 Tiers Dumbbell Rack.

Step 2: Connect the Main Dumbbell Rack (#4) to the Feft Frame (#1) and the Right Rrame (#2) with the following :

- 12 x Hexagon Socket Head Cap Screws (#5)
- 12 x Spring Washers (#6)
- 12 x Flat Washers (#7)



Accessory List

NO.	Name & Specification	QTY
1	Left Frame	1
2	Right Frame	1
3	Flat Oval Feet Cover	4
4	Main Dumbbell Rack	2
5	Hexagon Socket Head Cap Screws (M10*25)	12
6	Spring Washers (10)	12
7	Flat Washers (10)	12

Note: Pre-assembled parts are not listed in this table.