61A47 Installation Guide
Multifunctional Flat Bench

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Brief Introduction

Please take the time to carefully read the instructions before installing .Please refer to the manual to determine the list of all components were packaged well. （If there have some parts missed or damaged please immediately call our customer service department）Please refer to the installation instruction while installing.

This device designed to provide the most effective and smoothest training movements. After installing，you can only know how to use the products after you know all the functions. If there is any question， please check the installation insturction and find out the wrong steps during the installing. If still not work, please contact the distributors authorised by original factory. The code and manual will be needed.

rubber stick

level ruler

Allen wrench

Two people

Circlip pliers

adjustable wrench

Frame Installation

Leather pad installation

Important Tips

Now that theMutifuctional Flat Bench is assembled, you need to take a moment to make sure your unit is level and vertical. Use a spirit level to check that the guide bars are perpendicular in both directions. Some framing hardware must be loosened to reassemble and bolts tightened if not plumb.

Accessories list

序号	Name and specification	qty
1	Foot pad (50*120)	3
2	Chassis	1
3	Hexagon socket flat head screw (M10*20)	4
4	Main Frame	1
5	head pad set	1
6	Back pad set	1
7	Cushion set	1
8	Hexagon socket flat head screw (M8*20)	4
9	Hexagon socket head screw (M8*35)	5

NOTE: Pre-assembled parts are not listed in this table.