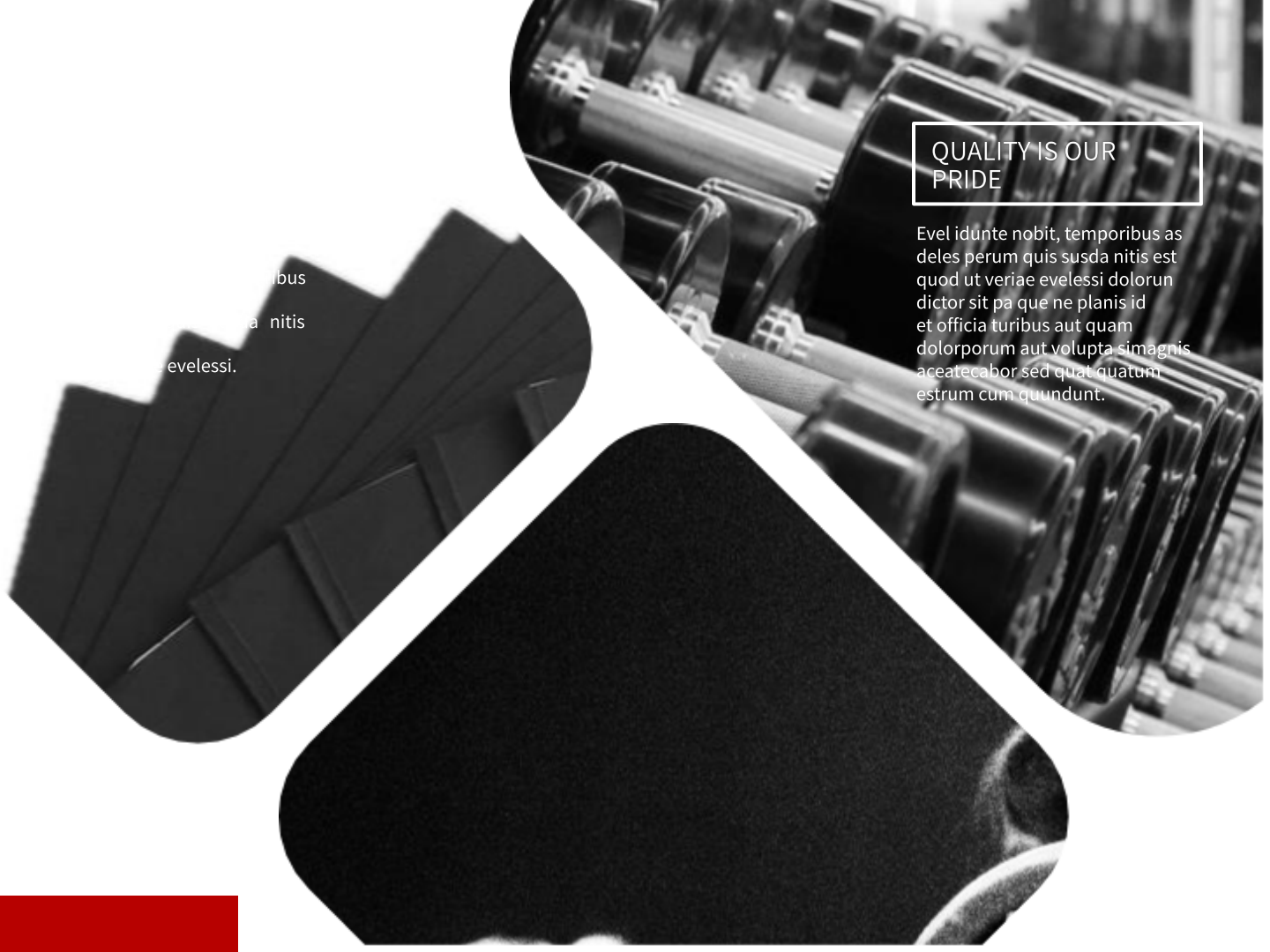




2025 |||||



## QUALITY IS OUR PRIDE

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DUMBBEL  
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## Rubber Hex Dumbbell

**Model:** DBR001

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### SPECIFICATIONS

Finishing: Bright chrome Handle or Black chrome handle

Handle Diameter: 28MM up to 5kg, 35MM for anything over 5kg

Weight range: 1-10kg 1kg increment

2.5-60 KG in 2.5 kg increment

3,5,8,10,12lbs, 15-120 lbs in 5 lbs increment

Length of handle: 129 mm

Tolerance of weight:  $\pm 3\%$

---

### FEATURES

1. Six-sided hex design prevents rolling. rubber casing with a solid cast iron core.
2. Heavy-duty Rubber Encased Heads: minimize noise, floor damage, and wear and tear on the dumbbells themselves.
3. Easy-grip, ergonomic Chrome Handle with diamond knurling to reduce hand fatigue.





## Round Head Rubber Dumbbell

**Model:** DBR002

---

### SPECIFICATIONS

Finishing: Bright chrome Handle

Weight Range: 2.5 kg to 50 kg in 2.5 kg increment / 5 lbs to 110 lbs

in 5 lbs increment

Length of handle: 130 mm

Dia of handle: 32 mm

---

### FEATURES

1. Round Rubber Dumbbells weight head is attached to the handle with a threaded nut and welded. The rubber encased coating is high density rubber.
2. Chrome handles resist chipping, flaking, peeling, and corrosion.
3. Medium grade knurling for a secure, comfortable gripping surface.
4. All dumbbells are round to match the contour of saddles on standard dumbbell racks.
5. Weight heads are pressed onto handle and welded.



## Urethane Round Head Dumbbell (CPU)

**Model:** DBC001

### SPECIFICATIONS

Handle type: Knurled Straight handle

Handle finish: Hard chromed finishing

Weight Range: 2.5,5,7.5---70KG .2.5kg increment / 2,4,6---50KG .2kg increment/5,10,15---120LB,5lb increment / 1,2,3-10KG

Length of handle : 151mm

Dia of handle: 32MM up to 22kg, 34MM for anything over 22kg 28mm for 1kg

Tolerance: +/-2%

Logo: laser / customized

### FEATURES

1. Highly refined Polyurethane Commercial Dumbbells,A fully welded handle to round head dumbbell coated in the hard wearing PU layer.
2. Easy number identification and a 32-34mm Hard chrome handles with knurling that is grippy and comfortable



## Urethane Round Head Dumbbell (CPU)

**Model:** DBC002

---

### SPECIFICATIONS

---

Handle type: Knurled Straight handle Handle finish: Hard chromed finishing  
Length of handle : 151mm  
Dia of handle: 31mm for 2-18kg, 33mm for 20-50kg, 31mm for 5-45b , 33mm  
for 50-100lb Tolerance:  $\pm 2\%$

---

### FEATURES

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1. Highly refined Polyurethane Commercial Dumbbells.
2. A fully welded handle to round head dumbbell coated in the hard wearing PU layer.
3. Easy number identification and a 32-34mm Hard chrome handles with knurling that is grippy and comfortable.



## Urethane 12-sided dumbbell (CPU)

**Model:** DBC003

---

### SPECIFICATIONS

---

Handle type: Knurled Straight handle

Handle finish: Hard chromed finishing

Weight Range: 2.5---60KG 2.5kg increment

2 ---50KG 2kg increment

Length of handle: 151mm

Dia of handle: 32mm up to 22kg, 3mm for anything over 22kg

28mm for 1kg

Tolerance:  $\pm 2\%$

Logo: laser / customized

---

### FEATURES

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1. 12 sided new design urethane dumbbell, highly refined Polyurethane Commercial Dumbbells.
2. A fully welded handle to round head dumbbell coated in the hard wearing PU layer.
3. Easy number identification and a 32-34mm Hard chrome handles with knurling that is grippy and comfortable.



## Urethane round head dumbbell (TPU)

**Model:** DBT001

---

### SPECIFICATIONS

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Handle type: Knurled Straight handle

Handle finish: Hard chromed finishing

Weight Range: 2.5,5,7.5---60KG 2.5kg increment

2,4,6---50KG 2kg increment,

5,10,15---150LB 5lb increment

Length of handle: 151mm

Dia of handle: 32mm up to 22kg, 34mm for anything over 22kg

28mm for 1kg

Tolerance:  $\pm 2\%$

Logo: laser / customized

---

### FEATURES

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1. Six-sided hex design prevents rolling.
2. Rubber casing with a solid cast iron core.
3. Heavy-duty Rubber Encased Heads: minimize noise, floor damage, and wear and tear on the dumbbells themselves. Easy-grip, ergonomic Chrome Handle with diamond knurling to reduce hand fatigue.



## Rubber round head Barbell fixed weight straight

**Model:** BSR001S

---

### SPECIFICATIONS

Handle finished: Bright chrome

Material: Steel + rubber

Weight range: 5 kg to 50kg in 5 kg increment

10 lb to 120 lb in 10 lb increment

Bar size: 1000mm

Dia of handle: 32mm

Tolerance of weight:  $\pm 3\%$ .

---

### FEATURES

1. The barbell heads are comprised of solid steel.
2. Precision drilled and bored to ensure close tolerance.
3. The rubber encased coating is high quality rubber, which reduce noise and protect floors and equipment.
4. Chrome handle.
5. Soft-medium knurling for a more comfortable grip.



## Rubber round head Barbell fixed weight curl

**Model:** BSR001C

### SPECIFICATIONS

Handle finished: Bright chrome

Material: Steel + rubber

Weight range: 5 kg to 55kg in 5 kg increment

10 lb to 120 lb in 10 lb increment

Bar size: 1000mm

Dia of handle: 32mm

Tolerance of weight:  $\pm 3\%$ .

### FEATURES

1. The barbell heads are comprised of solid steel.
2. Precision drilled and bored to ensure close tolerance.
3. The rubber encased coating is high quality rubber, which reduce noise and protect floors and equipment.
4. Chrome handle.
5. Soft-medium knurling for a more comfortable grip.



## Urethane round head Barbell fixed weight straight

**Model:** BSC001S

---

### SPECIFICATIONS

Handle finished: Hard chrome

Material: Steel +CPU

Weight range: 10--55KG 5kg increment

Bar size: 890mm

Dia of handle: 32mm

Tolerance of weight:  $\pm 2\%$

MOQ: 4PCS/SIZE

Logo: Laser logo free

---

### FEATURES

1. The barbell heads are comprised of solid steel.
2. Precision drilled and bored to ensure close tolerance.
3. The rubber encased coating is hard wearing PU layer, which reduce noise and protect floors and equipment.
4. Hard Chrome handle.
5. Soft-medium knurling for a more comfortable grip.





## Urethane round head Barbell fixed weight curl

**Model:** BSC001C

---

### SPECIFICATIONS

Handle finished: Hard chrome

Material: Steel +CPU

Weight range: 10--55KG 5kg increment

Bar size: 890mm

Dia of handle: 32mm

Tolerance of weight:  $\pm 2\%$

MOQ: 4PCS/SIZE

Logo: Laser logo free

---

### FEATURES

1. The barbell heads are comprised of solid steel.
2. Precision drilled and bored to ensure close tolerance.
3. The rubber encased coating is hard wearing PU layer which reduce noise and protect floors and equipment.
4. Hard Chrome handle.
5. Soft-medium knurling for a more comfortable grip.





PLATE  
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## 12-sided rubber plates

**Model:** WPR001

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 1.25, 2.5, 5, 10, 15, 20, 25 kg

2.5, 5, 10, 25, 35, 45lb

Tolerance:  $\pm 3\%$  供应商：盛捷

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### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Unique 12 Sided Shape Prevents Rolling.



## 12 -sided rubber plates

**Model:** WPR001M

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 1.25, 2.5, 5, 10, 15, 20, 25 kg

2.5, 5, 10, 25, 35, 45lb

Tolerance:  $\pm 3\%$

---

### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Unique 12 Sided Shape Prevents Rolling.



## Trigrip Rubber Plates

**Model:** WPR002

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 1.25, 2.5, 5, 10, 15, 20, 25 kg

2.5, 5, 10, 25, 35, 45lb

Tolerance:  $\pm 3\%$

---

### FEATURES

1. Durable, non odor rubber encased.
2. Provides years of trouble free performance without cracking, fading or damage to floors and equipment.
3. Solid steel insert ensures precision fit.



## Trigrip Rubber Plates

**Model:** WPR002M

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 1.25, 2.5, 5, 10, 15, 20, 25 kg

2.5, 5, 10, 25, 35, 45lb

Tolerance:  $\pm 3\%$

---

### FEATURES

1. Durable, non odor rubber encased.
2. Provides years of trouble free performance without cracking, fading or damage to floors and equipment.
3. Solid steel insert ensures precision fit.



## Trigrip Rubber Plates

**Model:** WPR003

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 2.5/5 /10/15/20/25KG

Tolerance:  $\pm 3\%$

---

### FEATURES

1. Durable, non odor rubber encased.
2. 3 Grip Rubber Coated weight plate with steel ring. The This Weight Plate features the 3 grip handles. This not only makes these easier to move around your home gym, you can also grab the handles and use the Olympic Weight to do exercises.



## Trigrip Rubber Plates

**Model:** WPR004

---

### SPECIFICATIONS

Material: cast iron with rubber coating

Dia of hole: 51 mm

Weight Range: 1.25, 2.5, 5, 10, 15, 20, 25 kg

Tolerance:  $\pm 3\%$

---

### FEATURES

1. High quality rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. 3 Grip Rubber Coated weight plate with steel ring. The 3 Grips Rubber Coated Weight Plate features the EZ grip handles. This not only makes these easier to move around your home gym, you can also grab the handles and use the Olympic Weight to do exercises.





## Urethane Weight Plates (CPU)

**Model:** WPC001

---

### SPECIFICATIONS

Material: polyurethane

Stainless steel insert ring

Dia of hole: 50.8 mm

Weight Range: 1.25kg 2.5kg 5kg 10kg 15kg 20kg 25kg

2.5/5/10/25/35/45/55LB

Tolerance:  $\pm 2\%$

---

### FEATURES

1. Weight plates are made of high-quality urethane which is extremely scratchproof and rustproof.
2. Hard-wearing urethane is low on odour, won't mark flooring and has less bounce than rubber plates.
3. The stainless steel center ring provides a durable wear surface between the plate and the bar.



## Urethane Weight Plates (CPU)

**Model:** WPC002

---

### SPECIFICATIONS

Material: polyurethane

Stainless steel insert ring

Dia of hole: 50.8 mm

Weight Range: 1.25/2.5/5/10/15/20/25KG

Tolerance:  $\pm 2\%$

---

### FEATURES

1. High quality, impact resistant polyurethane helps protect facility floors and surrounding equipment from abrasions.
2. Heavy-duty PU coating will not split, crack or peel and are impervious to rusting, chipping and flaking.
3. Eliminates noise and vibration during workouts.



## Weight Plates (CPU)

**Model:** WPC003

---

### SPECIFICATIONS

Material: polyurethane

Stainless steel insert ring

Dia of hole: 50.8 mm

Weight Range: 1.25/2.5/5/10/15/20/25KG

Tolerance:  $\pm 2\%$

---

### FEATURES

1. High quality, impact resistant polyurethane helps protect facility floors and surrounding equipment from abrasions.
2. Heavy-duty PU coating will not split, crack or peel and are impervious to rusting, chipping and flaking.
3. Eliminates noise and vibration during workouts.
4. Equipped with convenient handles for various exercises.



## HI IMPACT PLATES - black

**Model:** BPR001

### SPECIFICATIONS

Material: Rubber Crumbs+Adhesive+Stainless steel 304 Inserts

Diameter: 450MM / 17.72" (IWF Standard).

Collar Opening:  $50.60 \pm 0.2\text{mm}$  /  $1.99" \pm 0.008$  "

Stainless Steel Weight Range: 2.5, 5, 10, 15, 20, 25 kg / 10lb, 15lb, 25lb, 35lb, 45lb, 55lb,

Weight Tolerance: +/- 1% of claimed weight



### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate. It's trimmed to let it to seamlessly integrate with the bar's shaft.
4. Updated artwork with logo in colored on black.

Size	Diameter (mm)	Insert insidediameter(mm)	Thickness(mm)	Hardness SHA	Color number	Inner sleeve material	Weight tolerance	The load test times
10lb/5KG	450	50.6(+/-0.2mm)	34/35	SHA75-80	Black/Color	Stainless steel 304	+/-1%	5000
15lb			42	SHA75-80				8000
25lb/10KG			60	SHA65-75				12000
35lb/15KG			75	SHA65-75				12000
45lb/20KG			85	SHA65-75				12000
55lb/25KG			98	SHA65-75				12000
65lb			105	SHA65-75				12000

## Hi-Temp/ Crumbs Plates With Color Number

**Model:** BPRH001

### SPECIFICATIONS

Material: Rubber Crumbs+Adhesive+Stainless steel 304 Inserts

Diameter: 450MM / 17.72" (IWF Standard).

Collar Opening: 50.60  $\pm$  0.2mm / 1.99"  $\pm$  0.008 "

Stainless Steel Inserts

Weight Range: Range: 2.5, 5, 7.5, 10, 15, 20, 25 kg/10lb, 15lb,

25lb, 35lb, 45lb, 55lb,

Weight Tolerance:  $\pm$  1% of claimed weight

### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate. It's trimmed to let it to seamlessly integrate with the bar's shaft.
4. Updated artwork with logo in colored on black.



Size	Diameter (mm)	Insert insidediameter(mm)	Thickness(mm)	Hardness SHA	Color number	Inner sleeve material	Weight tolerance	The load test times
10lb/5KG	450	50.6(+0.2mm)	34/35	SHA75-80	Black/Color	Stainless steel 304	$\pm$ 1%	5000
15lb			42	SHA75-80				8000
25lb/10KG			60	SHA65-75				12000
35lb/15KG			75	SHA65-75				12000
45lb/20KG			85	SHA65-75				12000
55lb/25KG			98	SHA65-75				12000
65lb			105	SHA65-75				12000

## Rubber Bumper Plates

**Model:** BPR002

### SPECIFICATIONS

Material: NR+SBR+ Stainless steel 304 Inserts

Diameter: 450MM / 17.72" (IWF Standard).

Collar Opening: 50.60 +/-0.2mm / 1.99" +/-0.008 "

Stainless Steel Inserts

Weight Range: 5, 10, 15, 20, 25 kg / 10, 15, 25, 35, 45, 55 lb

Weight Tolerance: +/- 2% of claimed weight

### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate.
4. It' s trimmed to let it to seamlessly integrate with the bar' s shaft.
5. Updated artwork with logo in colored on black .



Size	Diameter (mm)	Insert insidediameter(mm)	Thickness(mm)	Hardness SHA	Color number	I nner sleeve material	Weight tolerance	The load test times
10lb	450	50.6(+/-0.2mm)	26	SHA90-96	Black	Stainless steel 304	+/-2%	3000
15lb			34	SHA85-95	Black			5000
25lb			46	SHA85-90	Black			8000
35lb			63	SHA85-90	Black			8000
45lb			72	SHA85-90	Black			8000
55lb			84	SHA85-90	Black			8000
5KG	413	50.6(+/-0.2mm)	26	SHA90-96	GRAY	Stainless steel 304	+/-1.5%	3000
10KG			46	SHA85-90	Green/Black			8000
15KG			63	SHA85-90	Yellow/Black			8000
20KG			72	SHA85-90	Blue/Black			8000
25KG			84	SHA85-90	Red/Black			8000

## Rubber Bumper Plates (multicolor)

**Model:** BPR002M

### SPECIFICATIONS

Material: NR+SBR+ Stainless steel 304 Inserts

Diameter: 450MM / 17.72" (IWF Standard).

Collar Opening: 50.60 ±0.2mm / 1.99"±0.008 "

Stainless Steel Inserts

Weight Range: 5, 10, 15, 20, 25 kg /10, 15, 25, 35, 45, 55 lb

Weight Tolerance: +/- 2% of claimed weight

Color kg: gray/green/yellow/blue/red/

lb: green/orange/yellow/blue/red

### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate.
4. It' s trimmed to let it to seamlessly integrate with the bar' s shaft.
5. The plates have been drop tested 10,000 times from 1.5m height.
6. Colored plates feature colors to help guide weight selection.



Size	Diameter (mm)	Insert Insidediameter(mm)	Thickness(mm)	Hardness SHA	Color number	I nner sleeve material	Weight tolerance	The load test times
10lb	450	50.6(+/-0.2mm)	26	SHA90-96	Black	Stainless steel 304	+/-2%	3000
15lb			34	SHA85-95	Black			5000
25lb			46	SHA85-90	Black			8000
35lb			63	SHA85-90	Black			8000
45lb			72	SHA85-90	Black			8000
55lb			84	SHA85-90	Black			8000
5KG	41	50.6(+/-0.2mm)	26	SHA90-96	GRAY	Stainless steel 304	+/-1.5%	3000
10KG			46	SHA85-90	Green/Black			8000
15KG			63	SHA85-90	Yellow/Black			8000
20KG			72	SHA85-90	Blue/Black			8000
25KG			84	SHA85-90	Red/Black			8000

## Competition Bumper Plate

**Model:** BPR003

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### SPECIFICATIONS

Material: NR+SBR60%

Outside Diameter: 450MM

Inside Diameter: 50.40  $\pm$ 0.1mm / 1.98"  $\pm$ 0.004"

Insert Type: iron Disc, Chrome Plated

Weight Range: 10, 15, 20, 25 kg

25, 35, 45, 55 lb

Weight tolerance: +/- 10 grams of claimed weight

---

### FEATURES

1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate.
4. It' s trimmed to let it to seamlessly integrate with the bar' s shaft.
5. Discs are glass bead blasted to provide great aesthetic look after multiple uses.
6. Raised lettering is coated with indelible ink that will not come off or fade like most competition plates.





## Competition Bumper Plate

**Model:** BPR003M

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### SPECIFICATIONS

---

Material: NR+SBR60%

Outside Diameter: 450MM

Inside Diameter: 50.40  $\pm$  0.1mm / 1.98"  $\pm$  0.004"

Insert Type: iron Disc, Chrome Plated

Weight Range: 10, 15, 20, 25 kg

25, 35, 45, 55 lb

Weight tolerance: +/- 10 grams of claimed weight

Color: green/yellow/blue/red

---

### FEATURES

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1. Premium rubber encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Low bounce and snug fit on the bar.
3. The center sleeve, made of stainless steel, allows smooth insertion of an Olympic-sized bar into the plate.
4. It' s trimmed to let it to seamlessly integrate with the bar' s shaft.
5. Discs are glass bead blasted to provide great aesthetic look after multiple uses.
6. Raised lettering is coated with indelible ink that will not come off or fade like most competition plates.



## Fractional plates

**Model:** FP-01

### SPECIFICATIONS

Material: 45 # steel + Rubber

Insert Type: iron Disc, Chrome Plated

Weight Range: 0.5, 1, 1.5, 2, 2.5, 5kg / 2.5, 5, 10 lb

### FEATURES



## Fractional plates

**Model:** FP-02

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### SPECIFICATIONS

Material: Rubber

Insert Type: iron Disc, Chrome Plated

Weight Range: 1.25, 2.5 kg

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### FEATURES

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## Urethane Bumper Plate

**Model:** BPC008

### SPECIFICATIONS

Outside Diameter: 450MM (IWF Standard)

Inside Diameter: 51mm / 2 “

Weight Range: 5, 10, 15, 20, 25 kg      10, 25, 35, 45, 55 lb

Weight Tolerance: +/- 2%

Color: gray/white/green/yellow/blue/red

### FEATURES

1. Urethane encased , minimize noise, floor damage, and wear and tear on the plates themselves.
2. Bounce higher with less sound, and also bounce more unpredictably.
3. The center sleeve, made of steel with hard chrome finishing, allows smooth insertion of an Olympic-sized bar into the plate.
4. It’ s trimmed to let it to seamlessly integrate with the bar’ s shaft.
5. Colour coded to international standard.
6. Made from quality Urethane for durability and a dead bounce.



weight parameter	5kg/10lb	10kg/25lb	15kg/35lb	20kg/45lb	25kg/55lb
durometer	80-95	80-95	80-95	80-95	80-95
thickness	20	40	45	52	57
droptesting height-1.5m	15000	15000	15000	15000	15000



BARBEL  
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## Women' s Barbell

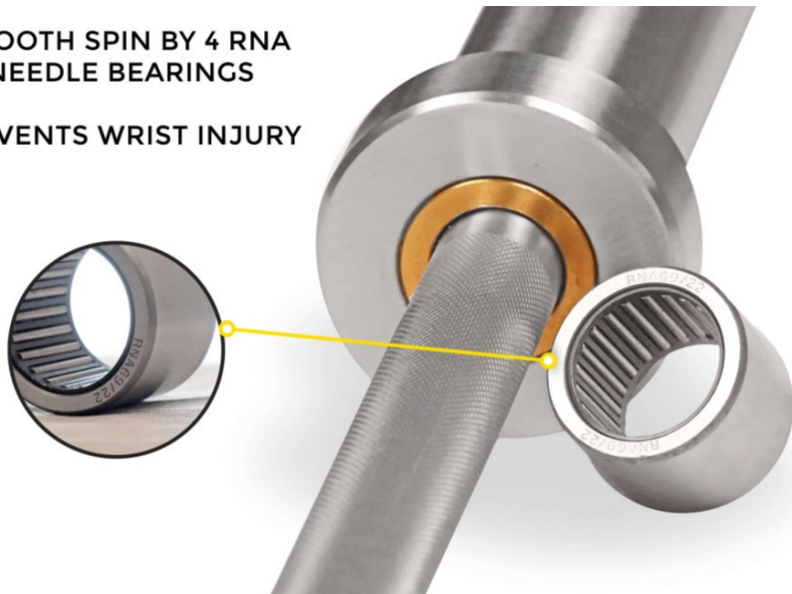
**Model:** OB25

### SPECIFICATIONS

- Bar Type: Women' s Barbell
- Bar Weight: 15kg
- Shaft Diameter: 25mm
- Knurl Marks: 1.2mm
- Knurl: standard
- Knurl Type: Dual (IPF+IWF)-6
- Center Knurl: No
- Whip: good
- Bar Length: 2010mm
- Loadable Sleeve Length: 325mm
- Shaft Coating: Hard Chrome
- Sleeve Coating: Hard Chrome
- Bushing/Bearing: 10 Needle Bearings
- Tensile Strength: 215,000 PSI
- Max Load: 1200lbs/kg

**SMOOTH SPIN BY 4 RNA  
NEEDLE BEARINGS**

**PREVENTS WRIST INJURY**



## Men's Barbell

**Model:** OB2801

### SPECIFICATIONS

- Bar Type: Men's Barbell
- Bar Use: multi
- Bar Weight: 20kg
- Shaft Diameter: 28mm
- Knurl Marks: 1.2mm
- Knurl: standard
- Knurl Type: Dual (IPF+IWF)-6
- Center Knurl: No
- Whip: good
- Bar Length: 2200mm
- Loadable Sleeve Length: 415mm
- Shaft Coating: Hard Chrome
- Sleeve Coating: Hard Chrome
- Bushing/Bearing: 10 Needle Bearings
- Tensile Strength: 215,000 PSI
- Max Load: 1500lbs/680kg

**SMOOTH SPIN BY 10 HK  
NEEDLE BEARINGS**

**PREVENTS WRIST INJURY**



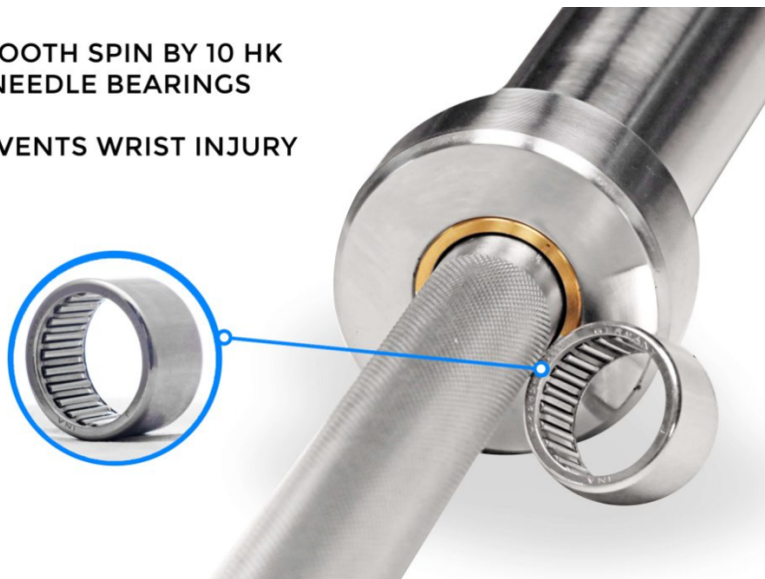
## Men's Barbell

**Model:** OB2802

### SPECIFICATIONS

- Bar Type: Men's Barbell
- Bar Use: multi
- Bar Weight: 20kg
- Shaft Diameter: 28mm
- Knurl Marks: 1.2mm
- Knurl: standard
- Knurl Type: Dual (IPF+IWF)-6
- Center Knurl: No
- Whip: good
- Bar Length: 2200mm
- Loadable Sleeve Length: 415mm
- Shaft Coating: Chrome
- Sleeve Coating: Chrome
- Bearings/Bushings: 4 Needle Bearings or 4 Bronze Bushings
- Tensile Strength: 190,000 PSI
- Max Load: 1200lbs/kg

**SMOOTH SPIN BY 10 HK  
NEEDLE BEARINGS  
PREVENTS WRIST INJURY**





## Weightlifting

**Model:** OB2803

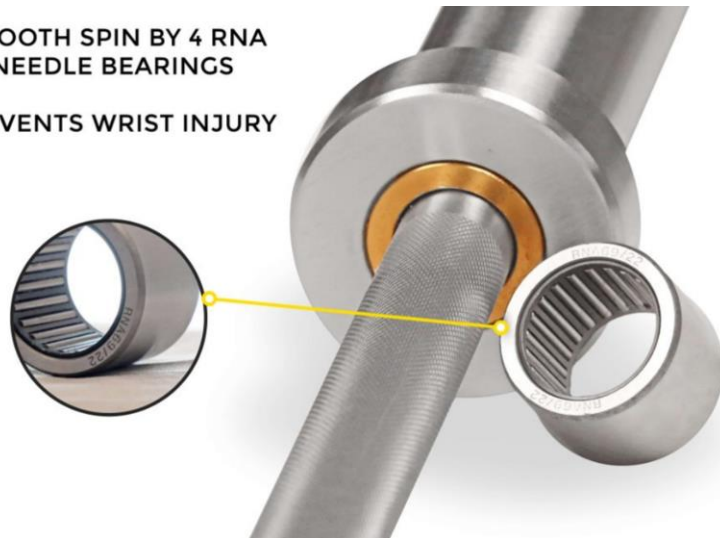
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### SPECIFICATIONS

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- Bar Type: Men's Barbell
- Bar Use: weightlifting
- Bar Weight: 20kg
- Shaft Diameter: 28mm
- Knurl Masks: 1.5mm
- Knurl: sharp
- Knurl Type: IWF-4
- Center Knurl: No
- Whip: Best
- Bar Length: 2200mm
- Loadable Sleeve Length: 415mm
- Shaft Coating: Chrome
- Sleeve Coating: Hard Chrome
- Bushing/Bearing: 10 Needle Bearings
- Tensile Strength: 190,000 PSI
- Max Load: 1500lbs/680kg

**SMOOTH SPIN BY 4 RNA  
NEEDLE BEARINGS**  
**PREVENTS WRIST INJURY**



## Squat Bar

**Model:** OB32PRO

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### SPECIFICATIONS

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- Bar Type Man' s bar
- Bar use Squat Bar
- Bar Weight 25kg
- Shaft Diameter 32mm
- Knurl Marks: 1.5mm
- Knurl: Sharp
- Knurl Type IPF-3
- Full aggressive knurling across the bar
- Whip Stiff
- Bar Length 2400mm
- Loadable Sleeve Length 425mm
- Shaft Coating Black Phosphate
- Sleeve Coating Hard Chrome
- Bushing/Bearing 4 Bronze Bushings
- Tensile Strength 205,000 PSI
- Max load 1800lbs/816kg



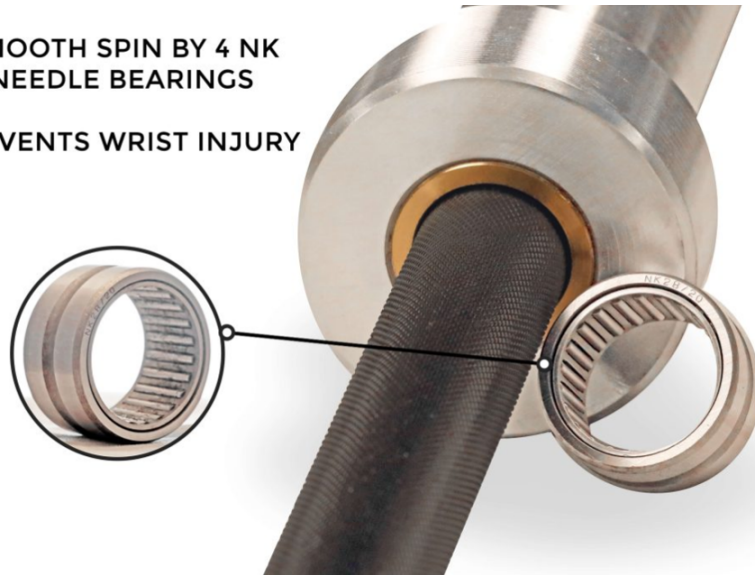
## Power lifting

**Model:** OB29PRO

### SPECIFICATIONS

- Bar Type: Man' s bar
- Bar use: power lifting
- Bar Weight 20kg
- Shaft Diameter 29mm
- Knurl marks: 1.5mm
- Knurl: sharp
- Knurl Type IPF-5
- Center Knurl Yes
- Whip Stiff
- Bar Length 2200mm
- Loadable Sleeve Length 415mm
- Shaft Coating Black Phosphate
- Sleeve Coating Hard Chrome
- Bushing/Bearing 4 Bronze Bushings
- Tensile Strength 205,000 PSI
- Max load 1800lbs/816kg

◉  
**SMOOTH SPIN BY 4 NK  
NEEDLE BEARINGS**  
**PREVENTS WRIST INJURY**



## Deadlift Bar

**Model:** OB27PRO

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### SPECIFICATIONS

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- Bar Type Man' s bar
- Bar use: deadlifting
- Bar Weight 20kg
- Shaft Diameter 27mm
- Knurl marks: 1.5mm
- Knurl: Sharp
- Knurl Type IPF-4
- Center Knurl no
- Whip Best
- Bar Length 2330mm
- Loadable Sleeve Length 425 mm
- Shaft Coating Black Phosphate
- Sleeve Coating Hard Chrome
- Bushing/Bearing 4 Bronze Bushings
- Tensile Strength 170,000 PSI
- Max load 1000lbs/456kg



**EZ Bar****Model:** CB47**Colours****SPECIFICATIONS**

- Bar Type EZ BAR
- Bar Weight 10kg
- Shaft Diameter 28mm
- Knurl Depth 1.2mm
- Bar Length 1200mm
- Loadable Sleeve Length 170mm
- Shaft Coating Black
- Sleeve Coating hard Chrome
- Bearings/Bushings 2 Needle Bearings
- Tensile Strength 45,000 PSI
- Max load 300lbs/136kg



## Safety squat bar

**Model:** SSB01

---

### SPECIFICATIONS

Material: A3 steel

Finishes: Bright Chrome

Bearing: 2 ball bearing

Internal diameter: 28 mm

Weight: 22 kg

Handle angle: 90 °

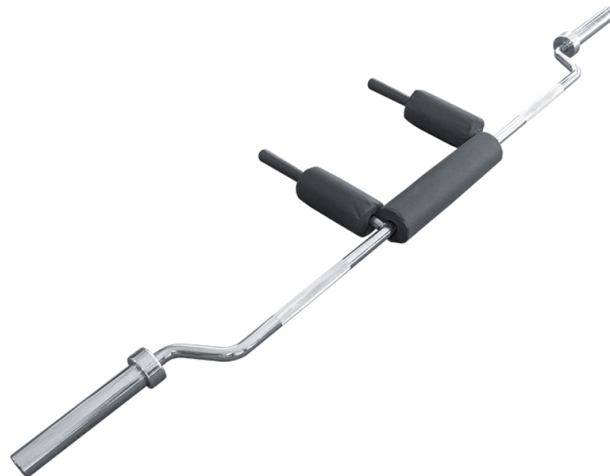
Tolerance:  $\pm 1\%$

Capacity: 700LB

---

### FEATURES

1. 2 ball bearings.
2. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
3. The bar sleeves are precision welded to eliminate failure.
4. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## Safety squat bar

**Model:** SSB02

---

### SPECIFICATIONS

Material: A3 steel  
Finishes: Bright Chrome  
Bearing: 2 ball bearing  
Internal diameter: 28 mm  
Weight: 22 kg  
Handle angle: 35 °  
Tolerance:  $\pm 1\%$   
Capacity: 700LB

---

### FEATURES

1. 2 ball bearings.
2. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
3. The bar sleeves are precision welded to eliminate failure.
4. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## OLYMPIC SWISS BAR

**Model:** OSB01

---

### SPECIFICATIONS

Material: A3 steel

Finishes: bright chrome

Tolerance:  $\pm 1\%$

L length: 2118mm

Weight: 35 kg

Capacity: 1000 LB

---

### FEATURES

1. The bar Bar is an excellent option to add variety to your training,
2. with Multiple choice of grip for working a variety of different body parts.
3. For intense, high-rep training, these bushings dramatically minimize. friction to both provide a reliable spin and help extend the shelf life of the bar itself.
4. The bar sleeves are precision welded to eliminate failure.
5. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.





**HEX 56**

**Model:** HEX 56

---

**SPECIFICATIONS**

Material: A3 steel

Finishes: bright chrome

Internal diameter: 28 mm

Length: 1420mm

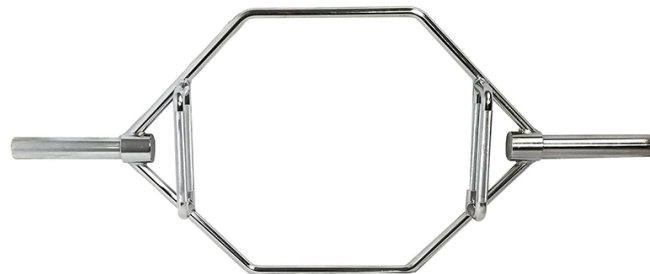
Tolerance:  $\pm 1\%$

Capacity: 500 LB

---

**FEATURES**

1. This hex bar is strong and sturdy and able to withstand a consistent beating without getting damaged or simply falling apart.
2. Hex bars are perfect as you can grip heavy loads without tiring out your grip.
3. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
4. The bar sleeves are precision welded to eliminate failure.
5. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



**HEX 72****Model:** HEX 72**SPECIFICATIONS**

Material: A3 steel  
Finishes: bright chrome  
Internal diameter: 28 mm  
Bearing: 2  
Tolerance:  $\pm 1\%$   
Length: 1820mm  
Bearing: 2 ball bearing  
Capacity: 500LB

**FEATURES**

1. 2 ball bearing and 2 bushing.
2. This hex bar is strong and sturdy and able to withstand a consistent beating without getting damaged or simply falling apart.
3. Hex bars are perfect as you can grip heavy loads without tiring out your grip.
4. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
5. The bar sleeves are precision welded to eliminate failure.
6. The weld is semi-concealed to not interfere with plates resting



## Curl bar

**Model:** CB4701

### SPECIFICATIONS

Material: A3 steel

Finishes: bright chrome

Bearing: 2 ball bearing

Internal diameter: 28 mm

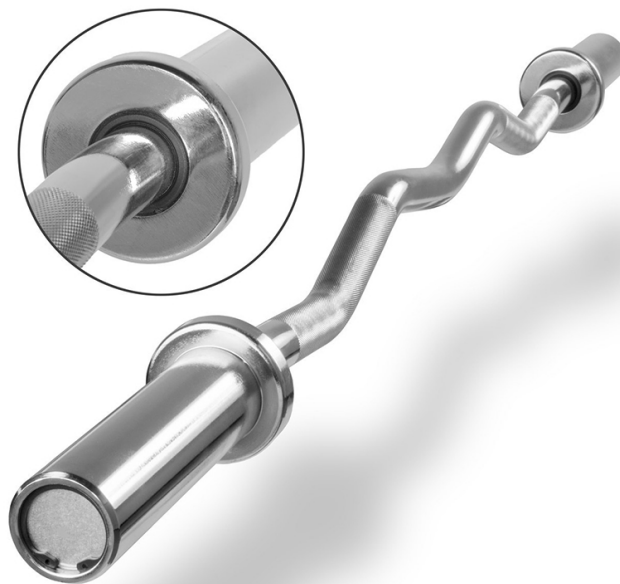
Weight: 9.6 kg

Tolerance:  $\pm 1\%$

Capacity: 500 LB

### FEATURES

1. 2 ball bearing and 2 bushing.
2. Ergonomic hand position.
3. This small tweak – hand placement & grip – will isolate specific muscle groups even more.
4. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
5. The bar sleeves are precision welded to eliminate failure.
6. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## Curl bar

**Model:** CB4702

---

### SPECIFICATIONS

Material: A3 steel

Finishes: bright chrome

Bearing: 2

Internal diameter: 28 mm

Weight: 10 kg

Tolerance:  $\pm 1\%$

Capacity: 500 LB

---

### FEATURES

1. 2 ball bearing and 2 bushing.
2. Ergonomic hand position.
3. This small tweak – hand placement & grip – will isolate specific muscle groups even more.
4. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
5. The bar sleeves are precision welded to eliminate failure.
6. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## Triceps Weight Bar

**Model:** TB01

---

### SPECIFICATIONS

Material: A3 steel

Finishes: bright chrome

Tolerance:  $\pm 1\%$

L length: 865mm

Weight: 20 kg

Internal diameter: 195mm

---

### FEATURES

1. The bar Bar is an excellent option to add variety to your training,
2. with Multiple choice of grip for working a variety of different body parts.
3. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
4. The bar sleeves are precision welded to eliminate failure.
5. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## Cerakote Women Bar

**Model:** CKWMB-2010

---

### SPECIFICATIONS

Material: Alloy steel

Finishes: **Cerakote**

Tolerance:  $\pm 1\%$

Length: 2010mm

Weight: 15 kg

Internal diameter: 25mm

4 needle bearing, 1000lb capacity

---

### FEATURES

1. The bar Bar is an excellent option to add variety to your training,
2. with Multiple choice of grip for working a variety of different body parts.
3. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
4. The bar sleeves are precision welded to eliminate failure.
5. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



## Cerakote Men Bar

**Model:** CKMBB-2200

---

### SPECIFICATIONS

Material: Alloy steel

Finishes: **Cerakote**

Tolerance:  $\pm 1\%$

Length: 2200mm

Weight: 20 kg

Internal diameter: 28mm

8 needle bearing, 1500lb capacity

---

### FEATURES

1. The bar Bar is an excellent option to add variety to your training,
2. with Multiple choice of grip for working a variety of different body parts.
3. For intense, high-rep training, these bushings dramatically minimize friction to both provide a reliable spin and help extend the shelf life of the bar itself.
4. The bar sleeves are precision welded to eliminate failure.
5. The weld is semi-concealed to not interfere with plates resting flush against the sleeve collar.



A black and white photograph of a woman in athletic wear performing a backbend over a large exercise ball. She is lying on her back with her arms extended upwards and her legs bent at the knees, reaching towards the floor. The scene is set in a gym with a dark background and a light-colored floor. A red vertical bar is visible on the left side of the image.

# FUNCTIONAL TRAINER



## Vinyl kettlebell

**Model:** KBV001

---

### SPECIFICATIONS

Material: Cast iron

Finishes: **Vinyl dip**

Tolerance:  $\pm 3\%$

Weight range:

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### FEATURES

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× 1000

## Urethane kettlebell

**Model:** KBP001

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### SPECIFICATIONS

Handle: Hard chrome finishing

Weight Range: 4,6,8,10,12,14,16,18,20,22,24,26,28,32KG

Weight Tolerance: +/- 2%

---

### FEATURES

1. Urethane Kettlebells feature a standard size for all weights, as well as the same handle thickness and shape.
2. Naturally brushed steel handles provide superior grip, while complementing the standard Competition Kettlebell colours.



## Urethane kettlebell

**Model:** KBC001

---

### SPECIFICATIONS

Handle: Hard chrome finishing

Weight Range: 9.10.11.12-----40KG

Weight Tolerance: +/- 2%

---

### FEATURES

1. Urethane Kettlebells feature a standard size for all weights, as well as the same handle thickness and shape.
2. Naturally brushed steel handles provide superior grip, while complementing the standard Competition Kettlebell colours.



## Urethane kettlebell

**Model:** KBC002

---

### SPECIFICATIONS

Handle: Hard chrome finishing

Weight Range: 9.10.11.12-----40KG

Weight Tolerance: +/- 2%

---

### FEATURES

1. Urethane Kettlebells feature a standard size for all weights, as well as the same handle thickness and shape.
2. Naturally brushed steel handles provide superior grip, while complementing the standard Competition Kettlebell colours.



## Cast iron kettlebell

**Model:** KBI001

---

### SPECIFICATIONS

Handle: bright chrome finishing

Weight Range: 4, 6, 8, 10, 12, 16, 18, 20, 24, 28, 32, 36, 40, 44, 48kg

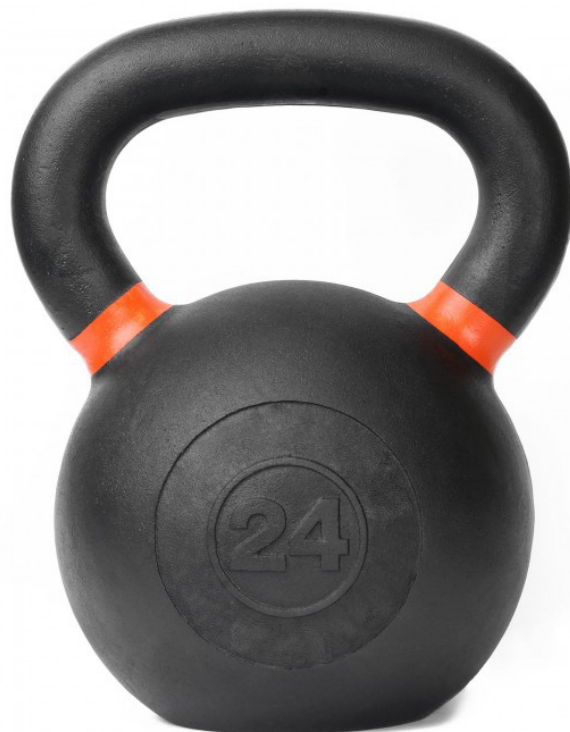
9lb, 13lb, 18lb, 26lb, 35lb, 44lb, 53lb, 62lb, 70lb, 80lb, 88lb, 97lb,  
106lb, 124lb, 150lb

Weight Tolerance: +/- 2%

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### FEATURES

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## Speed jump rope

**Model:** JR0601

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### SPECIFICATIONS

Material: pp handle + Steel wire with pvc cover

Bearing connection 2 bearings inside

Length: 3m

Diameter: 2.5mm

Length of handle: 15cm

N.W.: 100g

Color: Blue, black, red, green, pink

---

### FEATURES

1. Cuts through the air with a low drag effect due to the thin 2.5mm tube.
2. Weighs a light 100g yet still firm for every maneuver, Quickly adjust the length to get the perfect size for you to achieve maximum efficiency.
3. Steel screws take 10 seconds to adjust. The option is also there to remove the caps by hand then snip the wire with pliers to remove excess wire above the handle.
4. Steel bearing designed for durability and speed makes it the ideal speed rope.



## Speed Jump Rope

**Model:** JR0802

---

### SPECIFICATIONS

Material: Silicone gel handle+ Steel wire with PVC cover

Length: 3m

Bearing connection

Diameter: 2.5mm

Length of handle: 12cm

N.W.: 135g

Color: black, red

---

### FEATURES

1. Silicone handle with built-in efficient ball-bearing system ensures smooth and fast spinning.
2. Lightweight design provides smooth, fast revolutions with little wrist work.
3. The rope cable is coated with PU layer for protection and better durability also 100% tangle free.
4. Smooth Experience, great for warm-up, Ideal for building speed and cardio endurance.



## Speed Jump Rope

**Model:** JR1603

---

### SPECIFICATIONS

Material: Aluminum handle+ Steel wire with PVC cover

Bearing connection

Length: 3m

Diameter: 2.5mm

Length of handle: 18cm

Bearing connection

N.W.: 150g

Color: blue, red, golden, purple, silver, black

---

### FEATURES

1. 100% precision machined aluminum handles, bomb proof and guaranteed for life.
2. Lightweight design provides smooth, fast revolutions with little wrist work.
3. Cable rope with PVC coating stands up to wear and tear for long-lasting use.
4. CNC aluminum handles with ball and socket swivel for quick rotation and minimal drag.
5. Smooth Experience, great for warm-up, Ideal for building speed and cardio endurance.





## Speed Jump Rope

**Model:** JR2204

### SPECIFICATIONS

Material: Aluminum + Steel wire with PVC cover

Bearing connection

Length: 3m

Diameter: 2.5mm

Length of handle: 16cm

N.W.: 150g

Color: blue, golden, silver, black, red

### FEATURES

1. 100% precision machined aluminum handles, bomb proof and guaranteed for life.
2. Lightweight design provides smooth, fast revolutions with little wrist work.
3. Cable rope with PVC coating stands up to wear and tear for long-lasting use .
4. CNC aluminum handles with ball and socket swivel for quick rotation and minimal drag.
5. Smooth Experience, great for warm-up, Ideal for building speed and cardio endurance.



## Speed jump rope

**Model:** JR2305

### SPECIFICATIONS

Material: Aluminum handle + Steel wire with PVC cover

Bearing connection

Length: 3m

Diameter: 2.5mm

Length of handle: 17cm

N.W.: 210kg

Color: blue, golden, silver, black, red

### FEATURES

1. 100% precision machined aluminum handles, bomb proof and guaranteed for life.
2. Lightweight design provides smooth, fast revolutions with little wrist work.
3. Cable rope with PVC coating stands up to wear and tear for long-lasting use.
4. CNC aluminum handles with ball and socket swivel for quick rotation and minimal drag.
5. Smooth Experience, great for warm-up, Ideal for building speed and cardio endurance.



## Speed Jump Rope

**Model:** JR2406

---

### SPECIFICATIONS

Material: Foam handle+ Steel wire with PVC handle

4 bearing connection (for competition)

Length: 3m

Diameter: 2.5mm

Length of handle: 16cm

N.W.: 115g

Color: blue, golden, silver, black, red

---

### FEATURES

1. The ergonomically designed handle handle is lightweight with a soft, thick coated custom memory foam grip.
2. Elastic, non-slip design provides a more comfortable grip for us to jump.
3. Cable rope with PVC coating stands up to wear and tear for long-lasting use.
4. CNC aluminum handles with ball and socket swivel for quick rotation and minimal drag.
5. Smooth Experience, great for warm-up, Ideal for building speed and cardio endurance.



## Barbell Silicone Hand Grip

**Model:** BC01

### SPECIFICATIONS

- Material: Nylon
- Outer diameter: 9cm
- Inner diameter: 50mm
- Color: red, blue, yellow, black, gray
- N.W.: 360g



**Model:** BC03

### SPECIFICATIONS

- Material: Nylon
- Outer diameter: 9cm
- Inner diameter: 50mm
- Color: red, blue, yellow, black, gray
- N.W.: 400g



**Model:** BC02

### SPECIFICATIONS

- Material: Thermoplastic Rubber
- Outer diameter: 7cm
- Inner diameter: 50mm
- Color: red, blue, yellow, black, gray
- N.W.: 300g



**Model:** BC04

### SPECIFICATIONS

- Material: Aluminum alloy
- Outer diameter: 9cm
- Inner diameter: 50mm
- Color: red, blue, gold, black, silver, red
- N.W.: 340g



## Massage stick

**Model:** MS01

**Colours**



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### **SPECIFICATIONS**

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- Material: PP
- Length: 44cm
- Color: red, green, yellow, pink, black, gray
- N.W.: 220g



## Agility Ladder

**Model:** AL01

**Colours**



### SPECIFICATIONS

- Material: TPE
- Length: 12-rung long
- Color: green, yellow
- N.W.: 1.2kg



## Soccer Training Sign Plate

**Model:** DSC01

**Colours**



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### **SPECIFICATIONS**

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- Diameter: 2ins
- Material: PE
- Length: 44cm
- Color: red ,green, blue, orange,yellow,
- N.W.: 25g



## Hex Agility Ladder

**Model:** AL02

**Colours**



### SPECIFICATIONS

- Material: PP
- Length: 6-rung long
- Color: orange, yellow
- N.W.: 1.2kg





## Barbell Silicone Hand Grip

### FEATURES

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1. Reduce Joint Discomfort - reduce respective strain on the wrists, elbows, or shoulder complex.
2. It is designed to barbells, dumbbells, chin bars, and cable handles.
3. Add Workout Variety - switch-up your grip to increase workout variety and avoid against repetitive stress injuries like tennis elbow or golfers elbow.
4. Increase Grip Strength and Muscular Development.

**Model:** FBG01

### SPECIFICATIONS

---

- Description: Thick Fat Bar Grips
- Material: Silicone
- Length: 100mm
- External diameter: 50mm
- Inner diameter: 25mm
- N.W.: 400g



**Model:** FBG02

### SPECIFICATIONS

---

- Description: Thick Fat Bar Grips
- Material: Silicone
- Length: 125mm
- External diameter: 50mm
- Inner diameter: 25mm
- N.W.: 480g



**Model:** BBG01

### SPECIFICATIONS

---

## Barbell Pad

**Model:** BP02

### SPECIFICATIONS

Description: Barbell pad

Material: NBR

Dimensions: 44\*10\*10cm/17\*4\*4in

Color: black, red

N.W.: 219g

### FEATURES

1. The barbell pad is a good tool to alleviate neck pain from heavy squats and is also great for hip thrusters too.
2. The pad is thick and does not compress too much, so you always stay protected.
3. The 17" length is just right, and the ergonomic neck cutout makes the pad comfortable to use.



## Gym Ring

**Model:** GR02

### SPECIFICATIONS

Model: GR01

Description: Gym Ring

Material: Birch

Diameter: 23cm

Thickness of grip: 32mm

Belt size: 4.6m(Length)\* 3.8cm(width)

N.W.: 1.6kg

### FEATURES

1. Premium Quality wooden rings with quick locking, adjustable straps so you can workout above and below the rings in just a few seconds.
2. Strong and sturdy with straps so that you can hang them at home or at the gym.
3. Perfect for CrossFit, gymnastics, athletics, and functional gym strength training.
4. These are a perfect addition to your training and enable you to complete a wide range of activities.
5. They come with ample amounts of tough nylon strapping and an easy to use one touch adjustment clip, and can be fastened to any secure overhead beam.



## Wall Ball

**Model:** WB01

---

### SPECIFICATIONS

Material: Outside Grid pattern 1000D PVC TARP PP Cotton  
cushioning, rubber grind with iron shot core

Diameter: 35CM/14 “

Weight: 3, 4, 5, 6, 7, 8, 9, 10, 12, 13, 15 kg  
6,8,10,12,1,4,16,18,20,24,25,30LB

Color:black

---

### FEATURES

1. The wall ball goes the extra mile with reinforced, double-stitched nylon threading built.
2. Well balanced- no wobble.
3. Precision-balanced to maintain consistent 35cm diameter and shape over time.
4. Throw against wall or straight up to work out your core and develop endurance.
5. Use for pull overs, wall balls, push-ups, partner throws, weighted squats.



## Power Bag

**Model:** PB01

---

### SPECIFICATIONS

Material: Outside 1000D PVC TARP compressed Cotton cushioning, Paper Tube, iron sand bag  
Diameter: 25cm  
Weight: 5,10,15,20, 25,30kg  
Color:black

---

### FEATURES

1. Power Bags can be used for individual training, fitness classes, boot camps or even sports teams Easy to clean, highly durable and versatile.
2. Beefed up material with reinforced stitching to cope with the toughest work outs.
3. Filled with encased sand covered with high rebound foam lining, no dirty rags or unsafe rocks.
4. The inner sand bags have been encased 3 times before being inserted into the foam lined bags ensuring that sand can not leak or spill out of the bag.



## Bull Boost Bulgarian Bag

**Model:** BU01

---

### SPECIFICATIONS

Material: Outside 1000D PVC TARP rag cushioning, iron sand bag

Weight: 5,10,15,20kg

Color: black, red, yellow

---

### FEATURES

1. The Bulgarian bag's shape allows for both upper and lower body training while emphasizing grip strength.
2. Beefed up material with reinforced stitching to cope with the toughest work outs.
3. Filled with encased sand covered with high rebound foam lining, no dirty rags or unsafe rocks.
4. The inner sand bags have been encased 3 times before being inserted into the foam lined bags ensuring that sand can not leak or spill out of the bag.



## Fitness Tire

**Model:** GT01

---

### SPECIFICATIONS

Material: Mesh Leather + Tire + EVA

Dimension: 87\*40\*25cm/ 103\*50\*31/ 122\*60\*34

Weight: 40.60.80kg

Color: BLACK GREEN, RED, BLUE...

---

### FEATURES

1. The Fitness Tire add variety to workouts and challenge. exercisers to perform total-body functional exercise and moves.
2. Beefed up material with reinforced stitching to cope with the toughest work outs.
3. Can use the handles to lift the tire for a killer twist on deadlifts and farmer walks, or pair with ropes/bands for cardio, drags, and group work.



## Foam jump box

**Model:** FPB02

### SPECIFICATIONS

Material: Material: Outside 1000D PVC TARP, compressed cotton cushioning

Dimension: 90\*75\*7.5cm/90\*75\*15cm/  
90\*75\*30cm/90\*75\*45cm/90\*75\*60cm

Weight: 130kg

Color: green, blue red, black

### FEATURES

1. Heavy-duty foam construction allows for added stability. Soft material helps prevent injury, Light weight, easy to move.  
-No assembly required.
2. Built like a tank, very strong Available in four different heights (7.5cm, 15cm, 30cm, 45cm, 60cm) allow for versatility and space saving.
3. Durable soft foam interior. Made from high quality compressed cotton.





## Plyo Soft Box

**Model:** FPB03

---

### SPECIFICATIONS

Material: Material: Outside 1000D PVC TARP compressed cotton cushioning,

Dimension: 75\*60\*50cm/40\*50\*60cm

Weight: 75\*60\*50cm 30kg

40\*50\*60cm 17.5kg

---

### FEATURES

1. Heavy-duty foam construction allows for added stability. Soft material helps prevent injury, Light weight, easy to move. No assembly required.
2. Built like a tank, very strong 3 in 1 design saves much money and shipping space Durable soft foam interior. Made from high quality EVA foam.



## Weight vest - Adjustable

**Model:** WV01

---

### SPECIFICATIONS

Material: 1000D Nylon Oxford ,

Padding material: Iron shot

Weight: 10, 15,20kg

Color: black,

---

### FEATURES

1. The Resistance weighted vest training including Pull ups, Climbing, CrossFit exercises, Dragging, Chopping, Punching, Crawling.
2. Fully Padded body and shoulders, Moisture-Resistant Security belt and padding for secure comfortable fit One size fits Most.
3. Round Corners on weights prevent wear and tear on pockets.



## Weight vest - Adjustable

**Model:** WV02

---

### SPECIFICATIONS

Cover Material: 1000D Nylon Oxford

Padding material: iron block

Weight: 10, 20,30kg

Color: black

---

### FEATURES

1. The Resistance weighted vest training including Pull-ups, Climbing, CrossFit exercises, Dragging, Chopping, Punching, Crawling.
2. Fully Padded body and shoulders, Moisture-Resistant Security belt and padding for secure comfortable fit One size fits Most.
3. Round Corners on weights prevent wear and tear on pockets.



## Medicine Ball

**Model:** MB01

---

### SPECIFICATIONS

Material: Rubber

Diameter: black + purple : 1,2kg 190mm 3.4kg 216mm

5, 6kg 241mm 7, 8, 9, 10kg 286mm

black+red: 1,2kg 190mm 3,4,5kg 230mm

6, 7, 8, 9, 10kg 286mm

Weight: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10kg / 2, 4, 6, 8, 10, 12, 15lb

Tolerance:  $\pm 3\%$

Package: cartoon

---

### FEATURES

1. Great for ab workouts, squats, and explosive exercises.
2. Function as stand-ins for dumbbells or kettlebells during squats and sit-ups, or as tools for balance and coordination exercises and rehab work.
3. Can work on coordination, balance, and strength.
4. Durable rubber with Easy-grip tread pattern shell.
5. Bounceback on slams and wall throws.



## Medicine Ball

**Model:** MB02

---

### SPECIFICATIONS

Material: Rubber

Diameter: 1,2kg 190mm 3,4,5kg 230mm 6, 7, 8, 9, 10kg 286mm

Weight: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10kg

2, 4, 6, 8, 10, 12, 15lb

Package: cartoon

---

### FEATURES

1. Great for ab workouts, squats, and explosive exercises.
2. Function as stand-ins for dumbbells or kettlebells during squats and sit-ups, or as tools for balance and coordination exercises and rehab work.
3. Can work on coordination, balance, and strength.
4. Durable rubber with Easy-grip tread pattern shell.
5. Bounceback on slams and wall throws.



## Slam Ball

**Model:** SB01

### SPECIFICATIONS

Material: Rubber

Diameter: 23cm for 2kg-10kg, 28cm for 12-30kg, 33cm for 35-50kg,  
36cm for 55-70kg, 38cm for 75-80kg.

23cm for 4lb-20lb, 28cm for 25-65lb, 33cm for 70-100lb,  
36cm for 120-150lb,

Weight: 2-10kg, 1kg increment, 12kg, 15kg to 80kg, 5kg increment,  
4-12lb, 2lb increment, 15lb-80lb, 5lb increment, 100lb, 120lb,  
150lb,

Package: cartoon

### FEATURES

1. Slam Balls can be used in a variety of ways to increase the intensity of your regular routines. Use on your own with ab/core work or add some intensity to leg day and shoulder workouts. You can also use these with a partner to do passing drills.
2. These dead weight Slam Balls are designed to retain their shape no matter how many times you slam them to the ground or against a wall. These slam balls have a 9" diameter, will not bounce back, have a perfect texture for gripping and are sand filled. Slam Balls are the perfect accessory for any athlete while building strength and enhancing cardiovascular health.



## Battle rope

**Model:** BR01

---

### SPECIFICATIONS

Material: 100% polyester High Density

Dia: 38mm

Length: 6m, weight: 3.9kg

Length: 9m, weight: 6kg

Length: 10m, weight: 6.5kg

Length: 12m, weight: 7.8kg

Length: 15m, weight: 10kg

Dia: 50mm

Length: 6m, weight: 6.6kg

Length: 9m, weight: 10kg

Length: 10m, weight: 11kg

Length: 12m, weight: 13.2kg

Length: 15m, weight: 16.5kg

Package: carton

---

### FEATURES

1. Yanre battle rope is made of high-strength grade industrial polyester, durable, wear-resistant.
2. 3-strand-thick design, machine knitting, prevents breaking, fraying, or coming loose.





## Pro Battle Rope

**Model:** BR01-2

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### SPECIFICATIONS

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Material: 100% polyester High Density,600D oxford fibre cover

Dia: 38mm

Length: 9m, weight: 8.3kg

Length:12m, weight: 11kg

Length: 15m, weight: 13kg

Dia: 50mm

Length: 9m, weight: 13kg

Length:12m, weight: 18kg

Length: 15m, weight: 23kg

Package: carton

---

### FEATURES

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1. Yanre battle rope is made of high-strength grade industrial polyester,durable, wear-resistant. 3-strand-thick design, machine knitting ,prevents breaking, fraying, or coming lose, this battle rope made with cover to make it more durable.





## Climbing Rope

**Model:** TCR02

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### SPECIFICATIONS

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Material: Jute

Dia: 38mm

Length: 3m, weight: 2.4kg

Length: 5m, weight: 3.7kg

Length: 6m, weight: 4.3kg

Length: 9m, weight: 6.4kg

Package: 3m, 1pc/carton 62\*11.5\*14.5cm

5m, 1pc/carton 62\*22\*14cm

6m, 1pc/carton 62\*22\*15cm

9m, 1pc/carton 62\*25\*17cm

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### FEATURES

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1. Jute climbing ropes can be used either in-door or outdoors.
2. The Jute rope make for an easier climb up the rope but are tougher on your hands.
3. The end of your climbing rope is finished off with a vinyl handle to protect the rope from fray.



## Resistance Loop Exercise Bands

**Model:** RB01

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### SPECIFICATIONS

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Material: 100% natural latex

Size: 600/500(L) \*50(W) mm

Thickness: 0.35-1.5mm, 0.05mm increment

Other specifications can be customized

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### FEATURES

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1. 100% genuine, eco-friendly latex, finding it easy on the skin yet pliable enough to get the job done.
2. Loop bands are lightweight, portable bands that can wrap around any part of your body or sturdy surface.
3. Develop Balance and Coordination, perfect for Stretching and Flexibility.
4. Don't bring into contact with a sharp or abrasive object.



## Resistance Bands / Monster Bands - Length 2080mm

**Model:** RB02

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### SPECIFICATIONS

Material: 100% natural latex

Size: 2080(L) \*4.5(thickness) mm

Width: 6.4/ 13/ 19/ 21/22/29/32/44/45/64/83/101mm

Other specifications can be customized

---

### FEATURES

1. 100% genuine, eco-friendly latex, finding it easy on the skin yet pliable enough to get the job done.
2. Develop Balance and Coordination, perfect for Stretching and Flexibility.
3. This resistance band set can be integrated seamlessly with every popular workout program including Yoga, Pilates, and more.
4. Don't bring into contact with a sharp or abrasive object.



## Aerobic Stepper

**Model:** ST90PP

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### SPECIFICATIONS

Dimension: 90L\*32W (cm)

Adjustable from 15cm ,20cm and 25 cm for the height (3 Leveles )

Support blocks 5cm when placed in position

Material: PP

N.W. 25kg G.W. 28kg

Package: internal package: 91\*33\*16cm, external package:

92.5\*34.5\*79cm/5pcs

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### FEATURES

1. Non-slip surface and non-skid floor pads on platform that supports up to 150kg.
2. Versatile, inclines and declines for muscle sculpting.
3. It can be adjusted freely, freely assembled, disassembled, easy to operate, and can be raised and lowered according to its own requirements.
4. Lightweight and easy to use, assemble or carry around for indoor and outdoor use.



## Aerobic Stepper

**Model:** ST70PE

---

### SPECIFICATIONS

Dimension: 72L\*36W (cm)

Adjustable from 10cm,15cm and 20 cm for the height (3 Leveles )

Support blocks 5cm when placed in position

Material: HDPE

N.W. 3.5kg G.W. 4.5kg

Package: 72.5\*37.5\*21.5cm/1 set

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### FEATURES

1. Non-slip surface and non-skid floor pads on platform that supports up to 150kg.
2. Be made of high-density polyethylene that is also recyclable so that it can serve for a long time.
3. Versatile, inclines and declines for muscle sculpting.
4. It can be adjusted freely, freely assembled, disassembled, easy to operate, and can be raised and lowered according to its own requirements.



## Aerobic Stepper

**Model:** ST110CPE

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### SPECIFICATIONS

Dimension: 108L\*41.5W (cm)

Adjustable from 10cm,15cm and 20 cm for the height (3 Leveles )

Support blocks 5cm when placed in position

Material: HDPE

N.W. 8.5kg G.W. 9.5kg

Package: 109\*42\*21cm/1 set

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### FEATURES

1. Non-slip surface and non-skid floor pads on platform that supports up to 150kg.
2. Be made of high-density polyethylene that is also recyclable so that it can serve for a long time.
3. Versatile, inclines and declines for muscle sculpting.
4. It can be adjusted freely, freely assembled, disassembled, easy to operate, and can be raised and lowered according to its own requirements.



## Aerobic Stepper

**Model:** AST110PP

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### SPECIFICATIONS

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Dimension: 110L\*34W (cm)

Adjustable from 20cm and 35 cm for the height (2 Levels )

Support blocks 5cm when placed in position

Material: PP

N.W. 12.5kg G.W. 13.5kg

Package: 112.5\*34.7\*21.2cm/1pc

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### FEATURES

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1. Non-slip surface and non-skid floor pads on platform that supports up to 150kg.
2. Versatile, inclines and declines for muscle sculpting.
3. It can be adjusted freely, freely assembled, disassembled, easy to operate, and can be raised and lowered according to its own requirements.
4. Lightweight and easy to use, assemble or carry around for indoor and outdoor use.

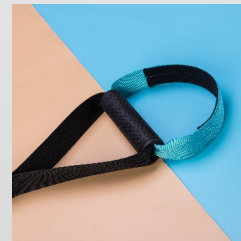
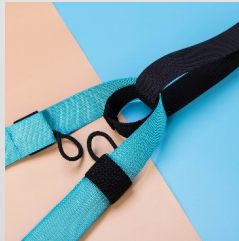
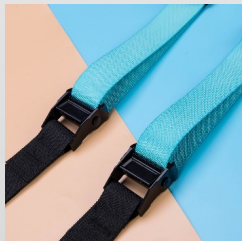
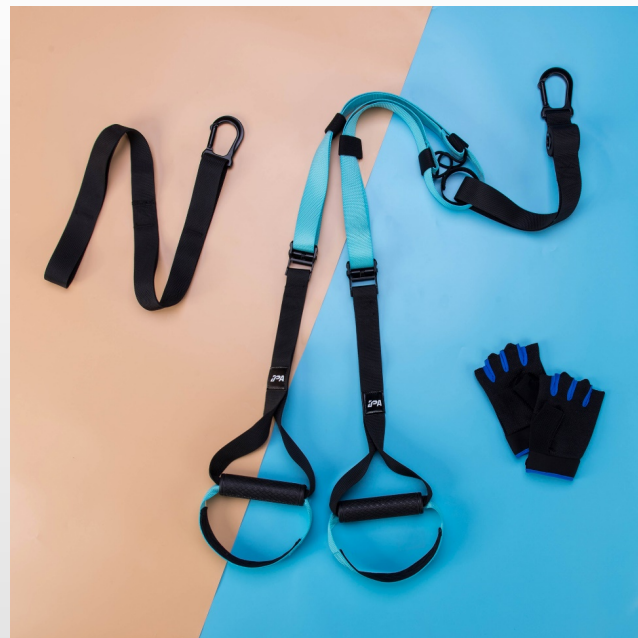


## Suspension training belt

**Model:** SP-01

### SPECIFICATIONS

### FEATURES





# YOGA



## Yoga Mats - TPE

**Model:** YM01

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### SPECIFICATIONS

Material: TPE

Dimension: 183(L) \* 61(W)cm\*6(T)mm

Color: single color :Blue/yellow,/purple/pink

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### FEATURES

1. The yoga mat is made from non-toxic TPE that is both chemical-free and UV-resistant.
2. Repels Moisture, Bacteria and Odor.
3. Good elasticity, durability, lightweight and Easy to carry.



## Yoga Mats - TPE

**Model:** YM01D

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### SPECIFICATIONS

Material: TPE

Dimension: 183(L)\*61(W)\*0.6(T) cm

Dual color: customized

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### FEATURES

1. The yoga mat is made from non-toxic TPE that is both chemical-free and UV-resistant.
2. Repels Moisture, Bacteria and Odor.
3. Good elasticity, durability, lightweight and Easy to carry.



## Yoga Mats –PU+RUBBER

**Model:** YM03

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### SPECIFICATIONS

Material: PU

Dimension: 1850\*680\*5mm

Color: single color :Blue/yellow,/purple/pink

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### FEATURES

The yoga mat is made PU and rubber, high end yoga mat



## EVA Yoga Column

### SPECIFICATIONS

Material: High Density EVA

Dimension: 33\*14cm/33\*14cm/ 33\*13cm/  
33\*13cm

### FEATURES

1. The EVA Yoga Column improves balance, flexibility and strength with its heat-sealed EVA foam.
2. Repels Moisture, Bacteria and Odor.
3. Persistent non-slip surface.
4. Can be customized with ABS inner tube.



**Model: FR10**  
33\*14cm



**Model: FR11**  
33\*14cm



**Model: FR13**  
33\*14cm



**Model: FR40**  
45\*14cm



**Model: FR43**  
45\*14cm

## Yoga Ball-Anti burst

**Model:** YB01

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### SPECIFICATIONS

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Size: 55cm, 65cm, 75cm, 85cm, 95cm 55, 65 most popular

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### FEATURES

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1. **SLIP-RESISTANT:** The exercise ball is made of thick and durable PVC material. The material is Eco-friendly, latex-free and non-toxic. Plus, design is used in superior PVC material, which ensures the safety is put in the first priority.
2. **DURABLE & STRONG:** As adopted durable and high-quality material in balance ball, it can support 200 lbs which provides you with the most rigorous workout / fitness condition.
3. **FIT FOR DIFFERENT EXERCISES:** Balance ball fits for different exercises, such as yoga, pilates, stretching and crossfit, which enhance coordination and balance and increase flexibility in abdomen, thighs and lower back.
4. Also, it can help you tone, sculpt and chisel your shoulders, arms, hips, thighs and other muscle groups through using the exercise ball. Meanwhile, your muscle can be greatly relaxed. Thus, stability ball is perfect for different kinds of exercises.



**BUSU Ball-Anti burst****Model:** BS01**SPECIFICATIONS**

Size:

**FEATURES**

Floor  
r





## Gym roll

**Model:** GMR-04/GMR-05/GMR-06/GMR-08/GMR-10/GMR-12

### SPECIFICATIONS

Size; 4mm/5mm/6mm/8mm/10mm/12mm

### FEATURES



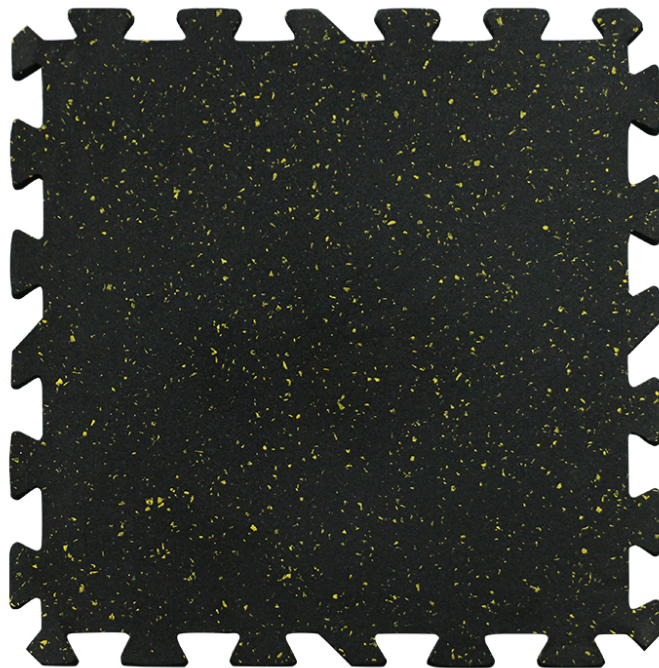
## Interlock gym floor

**Model:** GMRB-04/GMRB-05/GMRB-06/GMR-08/GMRB-10

### SPECIFICATIONS

Size; 4mm/5mm/6mm/8mm/10mm

### FEATURES



## Interlock gym floor

**Model:** GMB-1000-15/GMB-1000-20/GMB-1000-25/GMB-1000-30/GMB-1000-40

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### SPECIFICATIONS

Size: 1000x1000x15mm; 1000x1000x20mm; 1000x1000x25mm

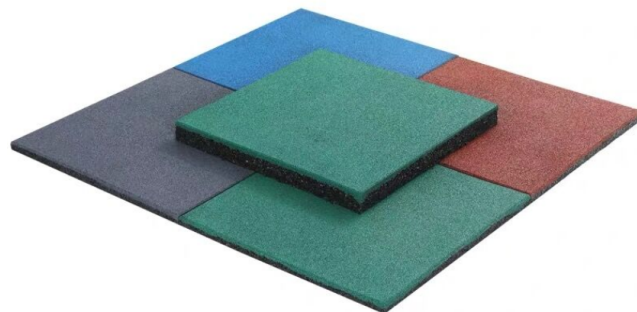
1000x1000x30mm; 1000x1000x40mm

Material: Fine particles; Fine particles (mini dot)

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### FEATURES

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## EVA Mat

**Model:** EM1000-20/EM1000-25/EM1000-30

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### SPECIFICATIONS

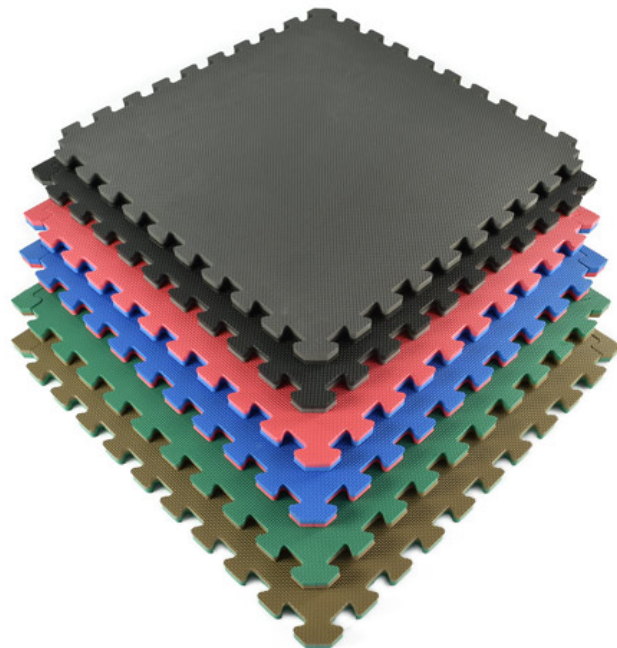
Size: 1mx1m

Color: red/blue ,grey /black ,yellow /black Foam

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### FEATURES

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## EVA Mat

**Model:** GMBI-1000-15/GMBI-1000-20/GMBI-1000-25

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### SPECIFICATIONS

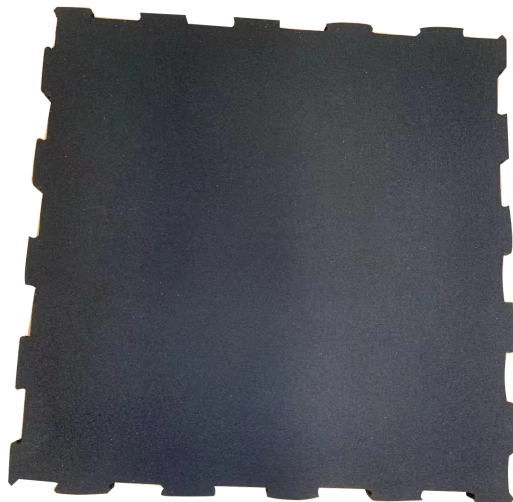
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Size: 1000x1000x15mm/1000x1000x20mm/1000x1000x25mm

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### FEATURES

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## EVA Mat

**Model:** GMBF-1000-15/GMBF-1000-20/GMBF-1000-30

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### SPECIFICATIONS

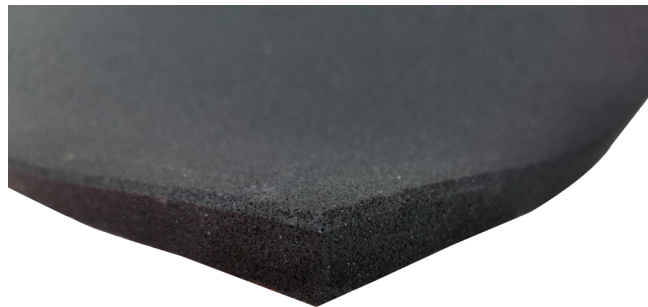
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Size: 1000x1000x15mm/1000x1000x20mm/1000x1000x30mm

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### FEATURES

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## Crossfit turf/sled turf

**Model:** YNTF-01

### SPECIFICATIONS

Size: 2mx25m /4m\*25m

### FEATURES



## Crossfit turf/sled turf

**Model:** YNTF-02

### SPECIFICATIONS

Size 1.5\*11meter, 1-9 score / 2\*11meter, 1-9 score

### FEATURES







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