

**YR FITNESS**



**2025**

**CATALOGUE**

## PREMIUM QUALITY

Quality is Our PRIDE

Due to the insistence on high quality and affordable pricing, Yanre Fitness stands out among manufacturers throughout China and worldwide.

It's a reputation we are proud of.

## RAW MATERIALS

Our attention to production quality is second to none.

Our standards include using 3mm thickness pipe, using the best component parts and applying the most efficient assembly process.

That's why our products stand the test of time.

## AWARDS

We have received a number of awards for excellence of product quality :

- Award for excellence in public sports in China
- Award for best enterprise
- Award for excellence in public sports in Anhui

## SELF-DESIGN

### They Copy, We Design

If quality is the soul of a company,  
then innovation is its heartbeat.

From the towering parabola designed  
73 series to the simplest device for  
sky yoga, our standards of detail and  
quality can be seen in every welded  
joint, powder-coated finish, the  
material used, and the training angle.

We believe that training equipment  
should feel just right for the user.  
That's why we have been dedicated  
to build smooth and sturdy  
equipment, giving the user a sense of  
comfort and confidence that helps  
them get the best possible workout.

## OVER 40 PATENTS

We hold more than 40 product patents :

- Utility Model Patent Certificates Appearance
- Design Patent Certificates

实用新型专利  
Certificate of Utility

## Shoulder / Chest Press

### Model:

C4D01

### FEATURES

1. The Shoulder/Chest Press Combo machine is a reliable, user-friendly option for building upper body strength. Its dual-purpose design, adjustable features, and focus on safety and comfort make it suitable for a wide range of users, from novices to experienced lifters. Whether your goal is muscle growth, strength improvement, or injury recovery, this machine delivers a practical and effective solution for your fitness routine.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather,
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 249kgs G.W: 261kgs

Installation size: 1638\*1360\*1620mm

Weight stacks: 90kg-18pcs



## Shoulder / Chest Press

**Model:** C4D02

### FEATURES

1. The Shoulder/Chest Press is a premium strength training machine designed to target and strengthen the muscles of the chest, shoulders, and triceps. This versatile piece of gym equipment is equipped with an adjustable footplate and multiple handle positions, allowing users to customize their workout to suit their body size, fitness level, and exercise preferences.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. The weight selector is on the right side of the user, safe and convenient.
5. Cushion filled with MC high resilience foam material, high-grade PU leather,
6. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.
7. POM material pulley , CNC processing, customized high quality bearing to withstand High-intensity and long-term use

### SPECIFICATIONS

N.W: 223kgs G.W: 235kgs

Installation size: 1473\*716\*2340mm

Weight stacks: 70kg-14pcs



## Pectoral Fly/Rear Deltoid

**Model:** C4D03

### FEATURES

1. Pectoral Fly/Rear Deltoid is a two-in-one machine that offers Pectoral Fly and Rear Deltoid exercises, rotated grips provide a full range of protection for your wrist, especially when using heavy weight training
2. POM material cam , CNC machining parts, POM is also called "super steel" Good lubrication and abrasion, makes the movement smooth and comfortable
3. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 50\*120\*3.0 flat oval pipe, movement arm adopts 40\*80\*3.0mm, joint pipe is 50\*100\*3.0 flat oval pipe. All pipes are Q235 qualified.
4. The seat is made of Aluminum Alloy arm parallelogram structure, torsion spring adjustment, convenient and safe.
5. High density foam upholstery, "furniture grade" PU leather ,, and integral ABS guard cover.
6. POM material pulley , CNC machinery, customized high-quality bearing to withstand High-intensity and long-term use
7. Cable inside the pipe, makes the machine organized.
8. Full shroud, 4mm thickness ABS virgin material, durable and eco friendly
9. Japan made wire cable, with 6\*19+1\*75 coated wire which can withstand 1400kg strength.

### SPECIFICATIONS

N.W: 218kgs G.W: 228kgs

Installation size: 1450\*1250\*2000mm

Weight stacks: 80kg-16pcs



## Biceps/Triceps

**Model:** C4D04

### FEATURES

1. The biceps and triceps are essential muscle groups in the upper arm, each contributing to arm strength, appearance, and everyday functionality. The biceps, located at the front of the upper arm, enable elbow flexion (bending the arm) and forearm supination (rotating the palm upward). The triceps, positioned at the back, are responsible for elbow extension (straightening the arm).
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather, surface.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 203kgs G.W: 213kgs

Installation size: 1120\*1260\*1620mm

Weight stacks: 70kg-14pcs



## Biceps/Triceps

### Model:

C4D05

### FEATURES

1. Standing biceps and triceps exercises are a must for stronger, better-defined arms.the cable machine with adjustable pulleys,and the cable machine with V-bar attachment—give you safe, effective options to hit these muscles. Each one has unique features to suit different fitness levels and preferences.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 233kgs G.W: 255kgs

Installation size: 1407\*804\*2227mm

Weight stacks: 100kg-20pcs





## Lat pull down/Low row

**Model:** C4D06

### FEATURES

1. The Lat Pull Down/Low Row machine is a versatile piece of gym equipment designed to strengthen and develop your back muscles. This combination machine allows you to perform two distinct exercises: the lat pull down and the low row, each targeting specific areas of your upper body.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.
6. Adjustable leg pad for different users

### SPECIFICATIONS

N.W: 222kgs G.W: 233kgs

Installation size: 1787\*1213\*2227mm

Weight stacks: 100kg-20pcs



## Standing Assisted Chin/Dip

### Model:

C4D07

### FEATURES

1. The Standing Assisted Dip/Chin-Up machine is a versatile and essential piece of gym equipment designed to help users build upper body strength through assisted dip and chin-up exercises. Perfect for beginners and those working toward performing these movements unassisted, this machine reduces the amount of body weight you need to lift, making challenging exercises more accessible.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 250kgs G.W: 264kgs

Installation size: 1000\*1200\*2250mm

Weight stacks: 80kg-16pcs



## Ab Crunch/Back Extension

### Model:

C4D08

### FEATURES

1. The Ab Crunch/Back Extension machine is a highly versatile piece of gym equipment designed to strengthen two critical areas of the body: the abdominal muscles and the lower back. This dual-function machine offers an efficient way to target both muscle groups in one compact design, making it a valuable addition to any fitness facility or workout routine.
2. Main frame adopts 150\*50\*3mm flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 198kgs G.W: 208kgs

Installation size: 1130\*1039\*1620mm

Weight stacks:70kg-14pcs



## Leg Extension/Lying Leg Curl

**Model:** C4D09

### FEATURES

1. The Leg Extension and Lying Leg Curl are two fundamental exercises that target key muscle groups in your lower body. Both are typically performed on specialized machines and are widely used in strength training, bodybuilding, and rehabilitation programs. These exercises excel at isolating specific muscles—helping you build strength, enhance muscle definition, and even support injury recovery.
2. Main frame adopts 150\*50\*3.0mm flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 221kgs G.W: 230kgs

Installation size: 1690\*950\*1620mm

Weight stacks:90kg-18pcs



## Adductor/Abductor

**Model:** C4D10

### FEATURES

1. The pin-loaded adductor and abductor machine is a versatile two-in-one solution. User-friendly with easy entry and adjustable positions for versatile workouts. It features durable aluminum foot pedals and larger leg pads for comfort, plus a design that eliminates cable slack for smooth operation.
2. Main frame adopts 150\*50\*3.0 flat elliptical pipe, functional area adopts 50\*120\*3.0 flat oval pipe, movement arm adopts 40\*80\*3.0mm, joint pipe is 50\*100\*3.0 flat oval pipe. All pipes are Q235 qualified.
3. High density foam upholstery, "furniture grade" PU leather, and integral ABS guard cover.
4. POM material pulley, CNC machinery, customized high-quality bearing to withstand High-intensity and long-term use
5. Cable inside the pipe, makes the machine organized.
6. Full shroud, 4mm thickness ABS virgin material, durable and eco friendly
7. Japan made wire cable, with 6\*19+1\*75 coated wire which can withstand 1400kg strength.

### SPECIFICATIONS

N.W: 205kgs G.W: 217kgs

Installation size: 1620\*716\*1620mm

Weight stacks:80kg-16pcs



## Leg Press/Seated Calf

**Model:**  
**C4D11**

### FEATURES

1. The Leg Press/Calf Machine is a versatile and powerful piece of fitness equipment designed to target and strengthen the lower body, specifically the quadriceps, hamstrings, glutes, and calves. Combining two essential exercises—leg presses and calf raises—into one efficient design, this machine is a perfect addition to any gym or home fitness setup.
2. Main frame adopts 150\*50\*3.0mm flat elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. Cushion filled with MC high resilience foam material, high-grade PU leather.
5. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 278kgs G.W: 322kgs

Installation size: 1610\*990\*1620mm

Weight stacks:100kg-20pcs



## Leg Extension/ Leg Curl

**Model:** C4D12

### FEATURES

1. The seated leg extension/seated leg curl machine is a dual-function piece of fitness equipment designed to target the key muscles of the lower body —specifically the quadriceps (front of the thigh) and hamstrings (back of the thigh).
2. Main frame adopts 118\*75\*3.0mm semi elliptical pipe, functional area adopts 120\*50\*3.0mm flat oval pipe, movement arm adopts 80\*40\*3.0mm, joint pipe is 50\*100\*3.0mm flat oval pipe. All pipes are Q235 qualified.
3. Full shroud, 4mm thickness ABS virgin material, strong and durable
4. The weight selector is on the right side of the user, safe and convenient.
5. Cushion filled with MC high resilience foam material, high-grade PU leather.
6. Wire cable imported from Japan , 7\*19 coated wire can withstand 1400kg tension.

### SPECIFICATIONS

N.W: 240kgs G.W: 277kgs

Installation size: 1340\*1160\*1625mm

Weight stacks: 80kg-16pcs





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