



2025

CATALOGUE

PREMIUM QUALITY

Quality is Our PRIDE

Due to the insistence on high quality and affordable pricing, Yanre Fitness stands out among manufacturers throughout China and worldwide. It's a reputation we are proud of.

RAW MATERIALS

Our attention to production quality is second to none. Our standards include using 3mm thickness pipe, using the best component parts and applying the most efficient assembly process. That's why our products stand the test of time.

AWARDS

We have received a number of awards for excellence of product quality (just list a few):

- Award for excellence in public sports in China
- Award for best enterprise
- Award for excellence in public sports in Anhui

ISO-Lateral incline shoulder Press

Model: 82001

FEATURES

1. Iso-Lateral Design: Each arm operates independently, allowing for unilateral movement. This promotes balanced strength development and helps correct muscular imbalances between the left and right sides of the body.
2. Plate-Loaded Resistance: Users can customize the weight by adding standard weight plates to the machine's weight horns, providing flexibility in resistance adjustments and a natural lifting feel compared to machines with fixed weight stacks.
3. Incline Configuration: The machine's incline angle targets the shoulders while also engaging the upper chest, creating a hybrid motion that bridges traditional shoulder presses and incline presses for versatile muscle stimulation.
4. Seated Position: An adjustable seat ensures proper alignment and comfort, enhancing stability so users can focus on the target muscles without worrying about balance. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
5. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:115kgs G.W.:174kgs

Installation size: 1793*1777*975mm

Plate loaded Iso-Lateral Shoulder Press

Model: 82002

FEATURES

1. Iso-Lateral Design: Each arm operates independently, enabling unilateral movement that promotes balanced strength development and helps address any muscular imbalances between the left and right sides.
2. Plate-Loaded Resistance: Users can customize the weight by adding standard weight plates, providing flexibility in resistance adjustments and a more natural lifting feel compared to machines with fixed weight stacks.
3. Seated Configuration: The seated position enhances stability, reducing the need for balance and allowing users to focus entirely on targeting their shoulder muscles.
4. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
5. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:131kgs G.W.:182kgs

Installation size: 1600*1620*1600mm

Iso-Lateral Wide Pulldown

Model: 82003

FEATURES

1. Iso-Lateral Design: The machine allows each arm to move independently, promoting balanced strength development and helping to correct muscular imbalances between the left and right sides of the body.
2. Plate-Loaded Resistance: Users can customize the weight by adding standard weight plates, providing flexibility in adjusting resistance and delivering a natural lifting experience.
3. Seated Configuration: The seated position ensures stability, enabling users to focus fully on engaging their back muscles without needing to maintain balance.
4. Wide-Grip Functionality: The wide grip emphasizes the outer portion of the latissimus dorsi, contributing to the development of a broader, V-tapered back.
5. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
6. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:132kgs G.W.:194kg

Installation size: 1700*1300*2000mm



Iso-Lateral High Row

Model: 82004

FEATURES

1. Iso-Lateral Movement: Independent arm operation ensures both sides of the body are equally challenged, helping to correct muscle imbalances.
2. Plate-Loaded System: Offers adjustable resistance with a natural lifting feel, distinct from machines with fixed weight stacks.
3. Three Handle Positions: A standout feature, the machine provides three distinct grip options, allowing users to adjust their hand placement for comfort and to slightly vary the muscle emphasis during the exercise.
4. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
5. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:155kgs G.W.: 205kgs

Installation size: 2000*1450*1780mm

Iso-Lateral front lat pull down

Model: 82004A

FEATURES

1. Iso-Lateral Design: Each arm operates independently, allowing for unilateral movement. This promotes balanced strength development and helps address any muscular imbalances between the left and right sides of the body.
2. Adjustable Chest Pad: The chest pad can be customized to ensure proper alignment and support, enhancing comfort and reducing strain during the exercise.
3. Adjustable Thigh Pad: This feature secures the user's legs in place, providing stability and allowing full focus on engaging the back muscles without worrying about balance.
4. Seated Configuration: The seated position offers a stable base, making it easier to isolate the target muscles while minimizing the risk of injury.
5. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
6. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:152KG G.W:230KG

Installation size: 1750*1800*2000MM



Ground Base Plate Loaded Squat/High Pull

Model: 82005

FEATURES

1. Plate-Loaded Design: Users can customize the resistance by adding standard weight plates, accommodating various strength levels from beginners to advanced athletes.
2. Ground Base Technology: The machine's base keeps the exerciser firmly planted on the floor, ensuring stability and enabling natural, explosive movements that maximize power from the feet upward.
3. Natural Movement Patterns: Mimics real-life actions like lifting or pulling, improving functional strength and coordination.
4. Ergonomic Design: Includes handles for a neutral wrist position, reducing strain and enhancing comfort during use.
5. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
6. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:106kgs G.W.:152kgs

Installation size: 1850*1735*1350mm

T BAR ROW

Model: 82006

FEATURES

1. The T-Bar Row is a classic strength training exercise designed to target the muscles of the back, making it a staple in many fitness routines. This compound movement primarily engages the latissimus dorsi, rhomboids, and trapezius, while also involving multiple muscle groups and joints. As a result, it's an efficient and effective way to build upper body strength and muscle mass.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:78kgs G.W.:127kgs

Installation size: 1920*970*1220mm

Iso Lateral Row

Model: 82007

FEATURES

1. The Iso Lateral Row is a plate-loaded machine designed to target the upper back muscles, particularly the latissimus dorsi (lats) and rhomboids. Its key feature is the iso-lateral design, which allows each arm to move independently, promoting balanced strength development and helping to correct muscle imbalances. The plate-loaded system enables users to easily adjust the resistance to match their strength level, making it ideal for both beginners and advanced lifters. With ergonomic handles and a seated position, this machine ensures proper form and effective muscle engagement, making it a great choice for building a strong, defined back.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:148kgs G.W.:209kgs

Installation size: 1877*1069*1667mm



Iso Lateral Upper back pull down

Model: 82007A

FEATURES

1. The Iso Lateral Upper Back Pull Down is a plate-loaded machine that focuses on the upper back and lats, offering a twist on the traditional lat pulldown. Its iso-lateral design supports independent arm movement, ensuring even strength development across both sides of the body and addressing muscle imbalances. The plate-loaded system allows for customizable resistance, accommodating users as they progress. Featuring an adjustable seat and thigh pads for comfort and stability, this machine is perfect for enhancing upper back strength and improving posture, suitable for all fitness levels.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.: 145KG

Installation size: 1884*1284*1748mm



Stand Pull Back

Model: 82008

FEATURES

1. The Stand Pull Back is a plate-loaded machine tailored for standing pull-back exercises, targeting the rear deltoids, trapezius, and upper back muscles. The standing position engages the core and stabilizer muscles, enhancing functional strength and balance. With its plate-loaded design, users can adjust the resistance to suit their needs, while ergonomic handles and a smooth pulling motion minimize joint strain. This machine is an excellent option for those looking to boost upper body strength and core stability while refining posture.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:80kgs G.W.:118kgs

Installation size: 2006*886*1291mm

GROUND BASE COMBO INCLINE

Model: 82009

FEATURES

1. The Ground Base Combo Incline is a versatile plate-loaded machine that combines incline pressing and pulling movements, targeting the upper chest, shoulders, and back. Its ground base design provides a stable foundation, enabling users to generate power from the ground up—perfect for functional and athletic training. The plate-loaded system offers adjustable resistance, catering to various strength levels. This machine delivers a comprehensive upper body workout in one compact unit, making it ideal for building strength and muscle mass with enhanced stability..
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:81kgs G.W.:115kgs

Installation size: 1460*1420*1170mm



GROUND BASE COMBO TWIST (LEFT PULL)

Model: 82010

FEATURES

1. The Ground Base Combo Twist (Left Pull) is a plate-loaded machine designed for rotational movements, specifically targeting the obliques and core muscles on the left side. Its ground base design ensures stability during twisting motions, while the plate-loaded system allows for customizable resistance. The left pull variation supports unilateral training, helping to balance strength development across the body. This machine is perfect for improving core strength, rotational power, and functional fitness, benefiting both sports performance and everyday activities.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:75kgs G.W.:125 kgs

Installation size: 1300*1400*1200mm



GROUND BASE COMBO TWIST (RIGHT PULL)

Model:
82011

FEATURES

1. The Ground Base Combo Twist (Right Pull) mirrors its left pull counterpart, focusing on rotational movements that target the obliques and core muscles on the right side. With a stable ground base design and a plate-loaded system for adjustable resistance, it offers a safe and effective workout. The right pull variation promotes unilateral training for balanced strength. This machine is an excellent tool for strengthening the core, enhancing rotational stability, and supporting functional movements.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:75kgs G.W.:125kgs

Installation size: 1300*1400*1200mm



Incline Chest Press

Model: 82012

FEATURES

1. The Incline Chest Press is a plate-loaded machine that targets the upper chest (pectoralis major), shoulders, and triceps. Its incline angle emphasizes the upper chest for a well-defined look, while the plate-loaded design allows for easy resistance adjustments to suit any strength level. The ergonomic seat and backrest ensure proper alignment and comfort, and the smooth pressing motion reduces joint stress. This machine is a top pick for anyone aiming to enhance chest development and pressing strength in their upper body routine.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:142kgs / 341lbs G.W.:203kgs/ 452lbs

Installation size: 2000*1782*1210mm/79*67*59in



Iso Lateral Decline Bench Press

Model: 82013

FEATURES

1. Target your lower chest with precision using the Iso Lateral Decline Bench Press. Its independent arm motion ensures balanced strength development, while the plate-loaded design allows for easy weight adjustments. Engineered for comfort and effectiveness, this machine is perfect for sculpting a defined chest. The decline angle enhances focus on the lower pectorals, making it a must-have for comprehensive chest training.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:126kgs G.W.:171 kgs

Installation size: 18631625816mm

Iso-Lateral Bench Press

Model: 82014

FEATURES

1. Build a powerful chest with the Iso-Lateral Seated Bench Press. The seated position focuses on the middle and upper chest, and the iso-lateral design promotes symmetrical strength. With plate-loaded resistance, you can tailor your workout to your strength level. The upright posture also reduces lower back strain, making it ideal for a safe and effective pressing motion.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:146kgs G.W.:215kg

Installation size: 1908*1068*1842mm



Iso-Lateral Horizontal Bench Press

Model: 82015

FEATURES

1. Experience the classic bench press with a modern twist. The Iso-Lateral Lying Bench Press allows for independent arm movement, ensuring even muscle development across both sides of the chest. Its plate-loaded system makes it easy to progress as you get stronger. This machine replicates the traditional bench press while offering enhanced control and reduced joint stress.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:116kgs G.W.:156 kgs

Installation size: **1690*1786*894mm**



Plate Loaded Leg Press

Model: 82016

FEATURES

1. The Plate-Loaded Leg Press machine design encourages proper exercise performance with initiation by pushing down through the hips. Seat pads and footplates are angled and structured to reduce undesirable stress and tension.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:199kgs G.W.:276kgs

Installation size: 1835*1660*1530mm

Iso Lateral Leg Press

Model: 82017

FEATURES

1. The Iso-Lateral Leg Press was blueprinted from human movement. Separate weight horns engage independent diverging paths of motion for equal strength development and muscle stimulation variety. Seat pads and footplates are angled and structured to reduce undesirable stress and tension.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:215kgs G.W.:264 kg

Installation size: 1835*1660*1530mm

Plate Loaded Seated Calf

Model: 82018

FEATURES

1. Strengthen your calves with the Plate Loaded Seated Calf machine. Targeting the soleus muscle, this seated exercise is essential for lower leg development. The plate-loaded design allows for easy resistance adjustments, while the seated position ensures stability and isolation of the calf muscles. It's a key addition for balanced leg training.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:86kgs G.W.:135kgs

Installation size: **1670*690*1136mm**



Standing Calf Machine

Model: 82019

FEATURES

1. Elevate your calf training with the Standing Calf Machine. This exercise focuses on the gastrocnemius muscle, crucial for powerful lower legs. The plate-loaded system allows for customizable resistance, and the standing position engages stabilizer muscles for improved balance and coordination. It's perfect for enhancing both strength and aesthetics.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:123kgs G.W.:186kgs

Installation size: **1517*1060*1571mm**

Plate Loaded V Squat

Model: 82020

FEATURES

1. Transform your leg workouts with the Plate Loaded V Squat. This machine offers a unique squatting motion, possibly enhancing muscle activation in the quads, hamstrings, and glutes. The "V" design may provide a more natural movement path, reducing joint stress. With plate-loaded resistance, you can easily adjust the challenge as your strength improves.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:193kgs G.W.:258 kgs

Installation size: 2470*1130*1650mm



Standing Squat Trainer

Model: 82A20

FEATURES

1. This is a popular piece of gym equipment designed for strength training of the lower body. It primarily targets the quadriceps, hamstrings, glutes, and calves through a controlled pressing motion.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:194kgs G.W.:244 kgs

Installation size: 1700*1100*620mm



GROUND BASE JAMMER

Model: 82021

FEATURES

1. Unleash explosive power with the Ground Base Jammer. Ideal for athletic training, this machine allows for dynamic pressing movements that mimic real-world actions. Its ground base design provides stability, enabling users to generate maximum force from the ground up. The plate-loaded system lets you control the intensity, making it suitable for both strength and power development..
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:134kgs G.W.: 205 kgs

Installation size: 166019152030mm



Leg Press

Model: 82022

FEATURES

1. Maximize your leg strength with the 45 Degree Leg Press. Its non-linear path of motion mimics natural leg movement, reducing stress on the joints while engaging the quads, hamstrings, and glutes. The plate-loaded design makes it versatile for all strength levels, and the 45-degree angle ensures a deep, effective press. It's a staple for lower body development.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:163kgs G.W.:221kgs

Installation size: **2194*1166*1293mm**

Iso Lateral Leg Extension

Model: 82023

FEATURES

1. Isolate your quadriceps with the Iso Lateral Seated Leg Extension. Each leg works independently for balanced development, and the adjustable foam roller ensures a comfortable fit for users of all sizes. The plate-loaded system allows for easy resistance changes, making it ideal for progressive quad training. Its ergonomic design minimizes knee strain while maximizing muscle activation.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:130kgs G.W.:164kgs

Installation size: 1500*1500*1000mm



Iso Lateral Leg Curl

Model: 82024

FEATURES

1. Target your hamstrings effectively with the Iso Lateral Prong Leg Curl. The independent leg movement promotes symmetry, and the adjustable foam roller accommodates different leg lengths for a customized fit. With plate-loaded resistance, you can easily adjust the weight to match your strength level. This machine is essential for balanced leg development and injury prevention.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:110kgs G.W.:143 kgs
Installation size: 1700*1550*950mm

Hip Trainer

Model: 82025

FEATURES

1. The Plate-Loaded Multi-Hip Machine is a versatile piece of equipment designed to target the hips and thighs. It allows users to perform a variety of exercises, including hip abductions, adductions, flexions, and extensions. The machine typically features an adjustable platform and handles, enabling users to customize their positioning for different movements. Its plate-loaded design makes it easy to adjust resistance, catering to various fitness levels. This machine is ideal for improving hip stability, enhancing athletic performance, and sculpting the lower body.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:120kgs G.W.:160kgs

Installation size: **1282*1160*1730mm**



COMBO DECLINE

Model: 82026

FEATURES

1. The Standing Combo Decline Machine combines the benefits of a decline bench with a standing position, offering a unique way to perform exercises like decline presses or flyes. This setup engages the core and stabilizer muscles more effectively than traditional seated machines while targeting the lower chest. The plate-loaded system allows users to easily adjust resistance, making it suitable for both beginners and advanced lifters. Its innovative design promotes functional strength and adds variety to upper body workouts.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:170kgs G.W.:220kgs

Installation size: **1580*1753*2160mm**



Seated Shrug

Model: 82027

FEATURES

1. The Plate-Loaded Seated Shrug Machine is specifically designed to target the trapezius muscles. The seated position ensures proper form and reduces the risk of injury, while the plate-loaded system allows for precise weight adjustments. This machine is perfect for building strength and size in the upper back and shoulders. Its ergonomic design minimizes strain on the lower back, making it a safer alternative to free-weight shrugs.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:105kgs G.W.:112kgs

Installation size: 13651620*1045mm

Linear Leg Press

Model: 82028

FEATURES

1. The Linear Leg Press at a 45-degree angle is a staple for lower body training. It allows users to perform leg presses with a natural range of motion, targeting the quadriceps, hamstrings, and glutes. The 45-degree angle balances safety and effectiveness, making it suitable for all fitness levels. The plate-loaded design ensures easy weight adjustments, and the machine's linear motion provides a smooth, controlled movement. It's an essential tool for building leg strength and muscle mass.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W:196kgs G.W.:234 kgs

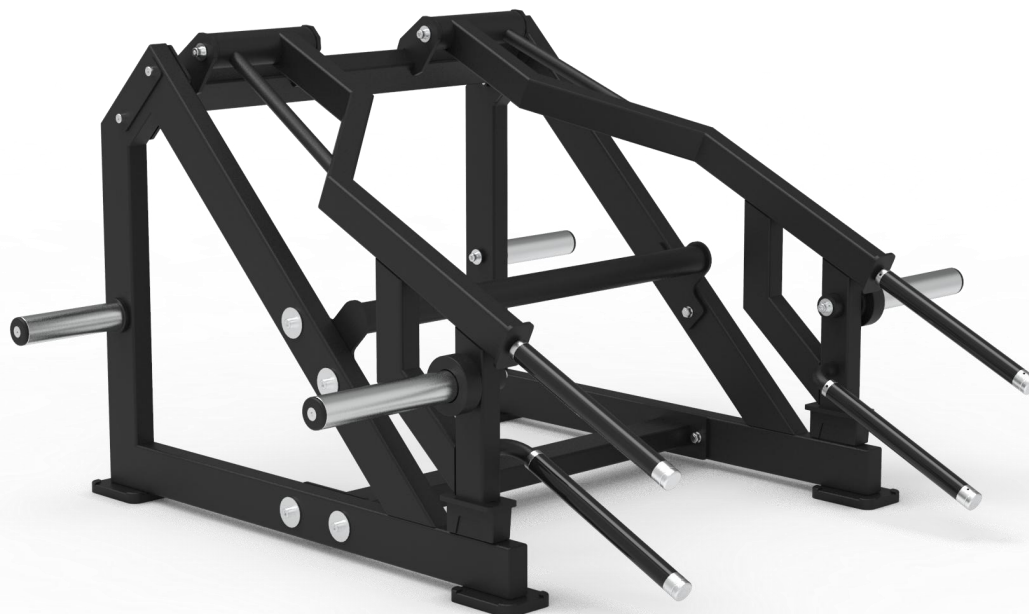
Installation size: 2450*1200*1450mm

GROUND BASE SQUAT LUNGE

Model: 82029

FEATURES

1. The Ground Base Squat Lunge Machine combines the benefits of squats and lunges in one innovative piece of equipment. It typically features a platform that moves along a track, allowing users to perform squats and lunges with added resistance. This machine targets the quads, hamstrings, glutes, and calves while engaging the core for stability. Its ground base design promotes natural movement patterns, making it ideal for functional training and athletic performance.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve



SPECIFICATIONS

N.W.:77kgs G.W.:116kgs

Installation size: 1500*1325800mm

Plate Loaded Glute

Model: 82030

FEATURES

1. The Plate-Loaded Glute Machine is designed to isolate and strengthen the glute muscles. It allows users to perform exercises like glute bridges or hip thrusts with customizable resistance. The plate-loaded system makes it easy to adjust weight, and the machine's ergonomic design ensures proper form and muscle activation. This machine is perfect for users looking to enhance glute strength, improve athletic performance, or achieve a more defined lower body.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve

SPECIFICATIONS

N.W.:82kgs G.W.:133kg

Installation size: **1170*925*1420mm**



Prone leg trainer

Model: 82031

FEATURES

1. The Prone Leg Trainer is a machine designed for hamstring curls while lying face down. This position isolates the hamstrings effectively, reducing the involvement of other muscle groups. The plate-loaded system allows for precise weight adjustments, making it suitable for users of all strength levels. Its design promotes a full range of motion, ensuring maximum muscle engagement and development.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve,



SPECIFICATIONS

N.W.: 206KG

Installation size: 2317*1402*1404mm/77*43*54in

Muscle: Hip , leg

Hip trainer

Model: 82032

FEATURES

1. The Hip Thruster with an Adjustable Footplate is a versatile machine for targeting the glutes and hamstrings. The adjustable footplate allows users to change the angle of their feet, altering the emphasis on different muscle groups. This feature makes it suitable for a variety of exercises and user preferences. The plate-loaded design ensures easy resistance adjustments, and the machine's stability promotes safe, controlled movements.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 126KG

Installation size: 1850x1385x1440mm

Hip Thrust Machine

Model: 82032A

FEATURES

1. The Hip Thrust Machine with a Fixed Angle Footplate that moves back and forth offers a focused approach to hip thrusts. The fixed angle ensures consistency in the movement pattern, while the ability to adjust the footplate position accommodates users of different heights and leg lengths. This machine is ideal for isolating the glutes and hamstrings with a controlled, ergonomic motion.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 126KG

Installation size: 1850*1385*1440mm

Hack squat & leg press

Model: 82034

FEATURES

1. The Hack Squat & Leg Press Combo is a space-saving machine that combines two essential lower body exercises. Users can easily switch between hack squats and leg presses, making it a versatile addition to any gym. The plate-loaded design allows for customizable resistance, and the machine's dual functionality ensures a comprehensive lower body workout targeting the quads, hamstrings, and glutes.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 85KG, G.W:122KG

Installation size: 2450*1700*1450mm

45 degree hack squat

Model: 82035

FEATURES

1. The 45 Degree Hack Squat Machine with a Resistance Bands Holder adds versatility to the traditional hack squat. The 45-degree angle targets the quads, hamstrings, and glutes effectively, while the resistance bands holder allows users to incorporate variable resistance for added challenge. This machine is ideal for advanced users looking to enhance their lower body strength and power.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 228KG G.W:276KG

Installation size: 2450*1200*1450MM

35 degree hack squat

Model: 82035A

FEATURES

1. Similar to its 45-degree counterpart, the 35 Degree Hack Squat Machine with a Resistance Bands Holder offers a slightly different angle, which can shift the emphasis on the lower body muscles. The resistance bands add an extra layer of difficulty, making it perfect for users seeking to intensify their workouts. This machine promotes balanced leg development and functional strength.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 220KG G.W:282KG

Installation size: 2580*1705*1346MM

Ab Trainer

Model: 82036

FEATURES

1. The Ab Trainer Machine is designed specifically for core exercises. It typically features a padded support for the back and handles for stability, allowing users to perform various abdominal exercises with added resistance. The plate-loaded system enables easy weight adjustments, making it suitable for building core strength and definition. Its ergonomic design ensures proper form and reduces the risk of injury.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 108KG G.W:158KG

Installation size: 1650*1410*900MM



lat pull-down circular

Model: 82037

FEATURES

1. The Lat Pull-Down Circular Machine is a variation of the traditional lat pull-down, featuring a circular motion path. This design provides a more natural movement pattern, reducing strain on the joints while effectively targeting the latissimus dorsi and other back muscles. The plate-loaded system allows for customizable resistance, making it suitable for users of all fitness levels.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 123KG G.W:174KG

Installation size: **1234*1608*1960MM**



middle chest flight machine

Model: 82038

FEATURES

1. The Middle Chest Flight Machine is designed to isolate the pectoral muscles, particularly the middle portion of the chest. It allows users to perform flyes with a controlled motion, reducing the risk of injury and ensuring proper muscle activation. The plate-loaded design makes it easy to adjust resistance, and the machine's ergonomic setup promotes a full range of motion for optimal chest development.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 75KG G.W:119KG

Installation size: 1350*1617*1086MM

Triceps machine

Model: 82039

FEATURES

1. The Triceps Dip Machine is a great tool for targeting the triceps muscles. It typically features padded supports for the arms and a seat or backrest for stability. The plate-loaded system allows users to adjust resistance easily, making it suitable for all strength levels. This machine ensures a controlled dipping motion, minimizing joint stress while maximizing triceps engagement.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 113KG G.W:153KG

Installation size: 1750*1165*1122MM

Pull back machine

Model: 82041

FEATURES

1. The Plate-Loaded Pull-Back Machine is a versatile piece of equipment designed to strengthen your upper back muscles, including the lats, rhomboids, and traps. It features four different handle options, allowing you to switch grips and angles to target various parts of your back for a well-rounded workout. The plate-loaded design makes it easy to adjust the weight, accommodating all fitness levels. This machine is perfect for building upper body strength and improving posture.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 116KG G.W:164KG

Installation size: 1823*1394*1330MM

90 degree leg press

Model: 82042

FEATURES

1. The 90-Degree Vertical Leg Press targets your lower body—quadriceps, hamstrings, and glutes—through a vertical pressing motion. Its 90-degree angle provides a deep range of motion for maximum muscle engagement while reducing strain on your lower back. With a plate-loaded system, you can customize the resistance to suit your strength, making it ideal for both beginners and advanced users. This machine offers a safer alternative to traditional leg presses without sacrificing intensity.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 238KG G.W:295KG

Installation size: 1817*1838*1910MM



Pendulum Squat

Model: 82043

FEATURES

1. The Pendulum Squat mimics the natural squatting motion while minimizing stress on your knees and lower back. Its unique pendulum design ensures a smooth, controlled movement that effectively works your quads, hamstrings, and glutes. The plate-loaded system allows for easy weight adjustments, and its ergonomic setup helps maintain proper form. This machine is great for building lower body strength with less risk compared to free-weight squats.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 239KG G.W:301KG

Installation size: 2760*1400*1620MM



Pro Biceps curl

Model: 82047

FEATURES

1. The Pro Biceps Curl machine is designed to isolate and strengthen your biceps with versatility in mind. It features two types of pads and an adjustable pad angle, letting you target your biceps from different positions. The seat moves back and forth to align with either pad side, adding flexibility to your workout.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 60KG G.W:90KG

Pull up multifunctional trainer

Model: 82037G

FEATURES

1. The Pull-Up Multifunctional Trainer is a multi-purpose upper body machine perfect for exercises like pull-ups, chin-ups, and dips. It offers multiple grip options to engage your back, biceps, and triceps, while its sturdy build provides stability. Adjustable settings make it suitable for all body sizes, making this trainer an excellent choice for boosting upper body strength and overall fitness.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 137KG G.W:182KG

Installation size: 1500*1425*990MM

Standing belt-style squat trainer

Model: 82B20

FEATURES

1. The Standing Belt-Style Squat Trainer lets you perform squats with a belt attached to a plate-loaded system, reducing stress on your lower back and knees. The standing position activates your core and stabilizer muscles, improving functional strength. This machine is ideal for building lower body power with minimal joint strain, offering a safer squat alternative.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 168KG G.W:222KG

Installation size: 2150*1170*1500MM

Plated load check and shoulder combo

Model: G2A38

FEATURES

1. The Plate-Loaded Chest and Shoulder Combo is a dual-function machine for upper body training. It features a seated and standing position for chest and pectoral muscles. The plate-loaded system allows for simple weight adjustments, and its ergonomic design ensures proper form. This combo is perfect for enhancing upper body strength and definition.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 138KG G.W:185KG

Installation size: 1920*808*1750MM

Pull over

Model: G2039

FEATURES

1. The Seated Pull-Over machine focuses on your upper back and lats with a controlled pulling motion. Its seated position provides stability, helping you concentrate on muscle engagement. The plate-loaded system makes resistance adjustments straightforward, and the ergonomic design supports a full range of motion. This machine is excellent for building back strength and improving posture.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 130KG G.W:169KG

Installation size: 1220*1160*1500MM



3D Hip Thruster

Model:G2d32

FEATURES

1. The 3D Hip Thruster targets your glutes and hamstrings with a customizable hip thrust motion. It features a flip-over or fixed back pad and an adjustable footplate can be adjusted back and forth and to different angles, allowing you to tailor the movement to your preference. The plate-loaded system ensures easy weight changes, and its ergonomic setup promotes proper form. This machine is ideal for strengthening your lower body and sculpting a defined physique.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.

SPECIFICATIONS

N.W.: 190KG G.W:280KG

Installation size: 1840*1540*1220MM



Seated Shoulder Press/ Chest Press

Model:G2A02

FEATURES

1. The Seated Shoulder Press / Chest Press is a dual-function strength trainer designed for effective upper body workouts. It features a guided track system equipped with a Smith-style safety locker, offering enhanced protection during training by preventing unexpected drops.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 190KG G.W:280KG

Installation size: 1840*1540*1220MM

Standing T BarRow

Model:G2A08

FEATURES

1. The Standing T Bar Row is built for powerful back training, targeting the latissimus dorsi, traps, and rear delts. Its angled frame supports a strong lifting position while minimizing strain on the lower back.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 79KG G.W:124KG

Installation size: 2300*1215*695MM

Hip Thrust Machine

Model:G2B32

FEATURES

1. The Hip Thruster with Belt is engineered for effective glute training with maximum safety and comfort. This belt-loaded system reduces pressure on the hips and spine while maintaining full range of motion.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 118KG G.W:165KG

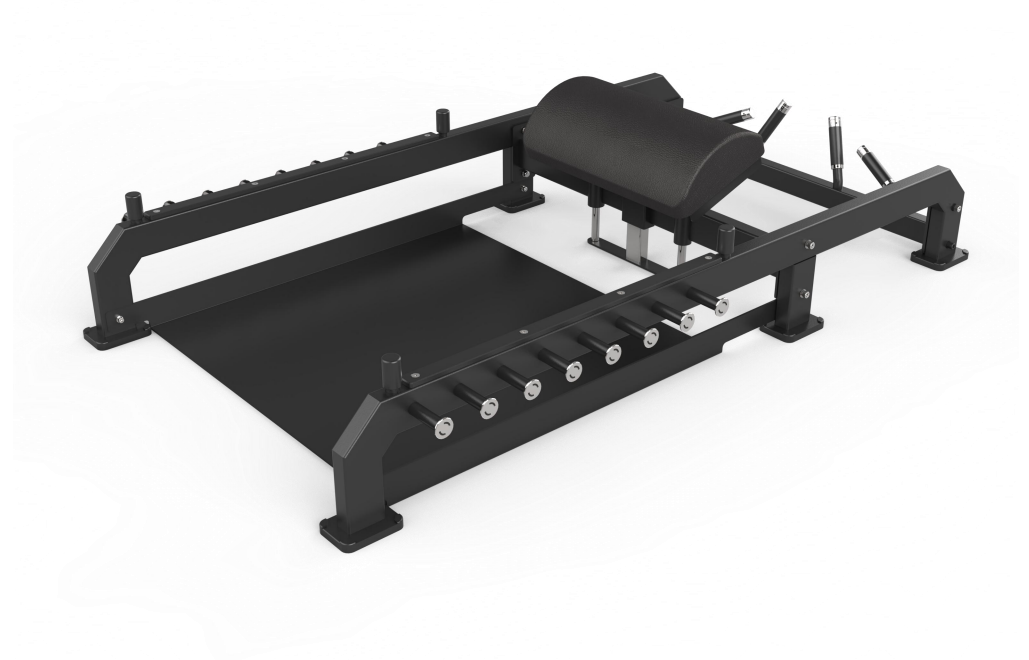
Installation size: 1850*1385*930MM

Multi Hip Trainer

Model:G2F32

FEATURES

1. The Multi Hip Trainer is a versatile machine designed to train the hip flexors, extensors, abductors, and adductors with a single, compact unit. It supports a wide range of lower-body movements with smooth rotation and precise adjustment.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 100KG G.W:157KG

Installation size: 1690*710*380MM

Standing Abductor Machine

Model:G2045

FEATURES

1. The Standing Abductor Machine is built to target the hip abductor muscles with a strong and upright training position. It provides focused isolation for the glutes and outer thighs while allowing full engagement of the core.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Stainless steel weight plate sleeve.



SPECIFICATIONS

N.W.: 101.5KG G.W:140KG

Installation size: 1650*700*1360MM



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